

ISSUE X

2019

CommPact

Pakistan's Institute of Higher Education
Impacting Community through PCTN

CHAPTERS

IN FOCUS	05
ADVOCACY / AWARENESS	10
HEALTH	34
EDUCATION	56
ENVIRONMENT PROTECTION & SUSTAINABILITY	64
COMMUNITY EMPOWERMENT & OUTREACH	80
MISCELLANEOUS	90

Editor

Maheen Mumtaz

Design & Layout

Mansoor Alam





Editor's Note

I hope you all are safe and well with your families in these challenging times due to the pandemic that has taken over the world. Our lives are precious and I hope you all are following the necessary safety precautions to ward off this pandemic.

I am pleased to share with you the 10th edition of Pakistan Chapter of Talloires Network (PCTN) newsletter.

I would like to extend my sincere thank you to all the members of PCTN who sent in their nominations for the steering committee. We were in the process of completing the voting of the members, however, as we all know we were stuck with the pandemic and as the universities are focusing on distance learning at the moment, the procedure had slowed down. We will announce as soon as it is finalized.

I would like to thank the focal persons for their timely. Please feel free to contact me at maheen.mumtaz@smme.edu.pk.





IN FOCUS

IN FOCUS

University Award for Innovative Civic Engagement launched by Talloires Network

Talloires Network announced the University Award for Innovative Civic Engagement for university civic engagement among Talloires Network member universities. It is a pilot program to discover novel research and learning strategies and provides direct support for the local expansion of civic engagement partnerships to build more equal and inclusive societies. The award is supported by a grant from the Open Society Foundations.

The universities that are selected will receive a grant award (up to 20,000 USD) and round-trip international air travel, lodging, and ground transportation costs to the Talloires Network Leaders Conference at Tufts University and Harvard University.

Details of the award are listed on the following link:

<https://talloiresnetwork.tufts.edu/blog/news/2020/01/30/announcing-the-university-award-for-innovative-civic-engagement/>

Talloires Network held its annual steering Committee meeting and General Assembly

The Talloires Network hosted a Steering Committee meeting and General Assembly on 2-3 December 2019 in New York City which included 37 leaders in higher education representing 17 countries: Australia, Burkina Faso, Cameroon, Canada, Egypt, Ethiopia, Ireland, Kenya, Mexico, Pakistan, Rwanda, Saudi Arabia, South Africa, Sudan, Uganda, United States, and Zimbabwe.

The Talloires Network Steering Committee reviewed the Network's accomplishments over the previous nine months and strategic priorities for the next six months. Additional business included approving a slate of candidates to stand for election to join the TN Steering Committee. Sara Ladrón de Guevara, Rector of Universidad Veracruzana, began the conversation with a recap of the highly successful 2017 Talloires Network Conference in Veracruz Mexico. Many others in attendance had participated in the 2017 conference in Veracruz and the 2014 conference in Cape Town. They offered their reflections on their experience of those gatherings.



Greenwich University receives award at 5th International Summit on Environment, Health & Safety

Mr. Moiz Allidina, Alumnus and Lecturer Greenwich University addressed the 5th International Summit on Environment, Health & Safety on April 25, 2019 held at Marriot hotel.

Mr. Iqbal Jamil Assistant Professor Greenwich University, Karachi received the award on behalf of the Vice Chancellor of Greenwich University, Ms. Seema Mughal. The Summit was attended by CEO's & Managing Directors of various national and multi-national companies.



NUST earns award for Best Community programme

NUST has received an award for its unparalleled contributions in terms of fulfilling its responsibility towards society and the communities at large. A CSR award was conferred upon NUST in the category of “Best Community Programme” by The Professionals Network at an auspicious ceremony on January 30, 2020 at the Marriott Hotel. Commissioner Karachi, Mr Iftikhar Ali Shallwani, graced the occasion as chief guest and bestowed the CSR awards in multiple categories upon various organizations and Higher Education Institutions (HEIs). Ms Maria Qadri, Director Advancement NUST, received the award on behalf of NUST. This is the second Corporate Social Responsibility award conferred upon NUST

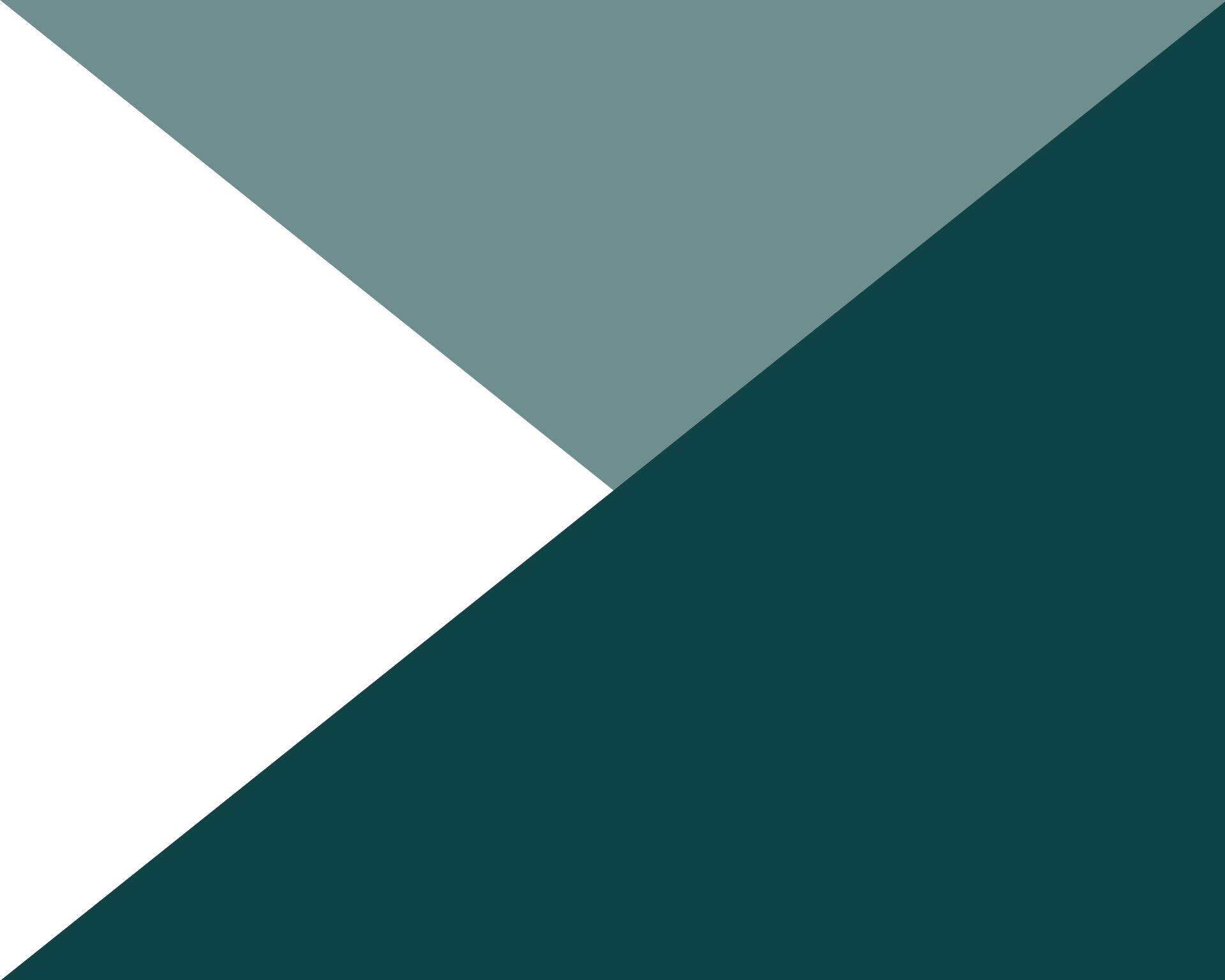


during the month of January; the first one was awarded in the domain of “Impact through Education” by the National Forum for Environment & Health (NFEH) on January 22, 2020. These awards indeed are an acknowledgement of NUST’s efforts to create discernible positive impact on communities. In conjunction, they also bear testament to significant community building initiatives of NUST, including need-based scholarships offered to deserving yet financially challenged students from across Pakistan. Under its flagship NUST Endowment for Educational Development (NEED) initiative, NUST strives to ensure that qualifying students with financial difficulties are provided monetary support to pursue their chosen career paths. More than 1500 students have been financially supported since 2015. NUST acknowledges and is immensely grateful to the support of its esteemed partners from industry and corporate sector for several initiatives under its community service paradigm.

King Edward Medical College Alumni Association of America Annual Meeting in Orlando, Florida- USA

Association of Physicians of Pakistani Descent of North America (APPNA) 42nd Annual Convention and King Edward Medical College Alumni Association of America (KEMCAANA) meeting was held in Orlando Florida USA on 3rd to 7th July 2019. Vice Chancellor King Edward Medical University Prof Khalid Masood Gondal was invited as Chief Guest. He has the honor to present 159th years of Excellence of KEMU in medical education. History of this great, historical and prestigious institution, with recent updates on Academic, Research, infrastructural development and international Liaison were also deliberated. The chief guest acknowledged and highly appreciated the contributions of KEMCAANA and their paying back to their Alma Mater. Dr. Muhammad Zeeshan was awarded with Research Award on this occasion for his "Outstanding Research". This research award is another achievement by our brilliant students in field of research. Members also appreciated the presence of Vice Chancellor and committed their continued support especially in renovation of old wards of Mayo Hospital, scholarship programme, facilitating KEMCOLIANS in various residency positions and support in New Campus Muridke project.







**ADVOCACY /
AWARENESS**

**ADVOCACY /
AWARENESS**

University of Kotli, Azad Jammu & Kashmir students help earthquake affected victims

A powerful earthquake rocked Pakistan and Azad Kashmir on 24 September 2019 at 4.02pm. According to the US Geological Survey (USGS), its magnitude was 5.8 and severely affected Jatlan in Mirpur district of Azad Jammu and Kashmir which is around 95km from University of Kotli Azad Jammu and Kashmir. In this devastating disaster 40 people lost their lives while hundreds of people got injured while thousands of houses fully damaged. In this hour of grief, students of University of Kotli Azad Jammu and Kashmir stood up to help their grieving brothers. Students belonging to University Welfare Society took the task and collected food packages for around 100 families, each package was enough for whole month. Food packages include rice, sugar, tea, powder milk, maize's, beans, flour and oil. On October 04, 2019 these volunteer students under the supervision of Mr. Shahid Hussain Mir (Lecturer English) went to the earthquake effected villages and distributed food packages door to door by using bikes. During this whole day activity, they distributed these packages among 100 families of village Jatlan and Mughalpora.



Bahria University celebrates Universal Children's Day

Society for the Protection of the Rights of the Child (SPARC) in collaboration with Community Support Program (CSP), Bahria University and several other NGO's organized an Event on the 14th of November 2019, as Universal Children's day in F-9 Park. CSP Club provided 15 members to organize the whole event. Footprints of more than 20 NGO's were at the event and they set-up their desks. All the children from various institutions were brought together at the park. The activities conducted during the event included Magic show, Cartoons, Quiz Competition and couple of other interactive games. The event was wrapped up by distributing food. The main objective of the event was to give back to the society and to help the little souls in motivating them to lead a successful life.



Quaid e Azam University conducts an awareness campaign on antibiotic resistance and Bioinformatics



Antibiotic resistance is one of the biggest global health challenges in current era. The antibiotics which help fight infections start to become ineffective, which is an alarming situation for health. The two days' awareness campaign entitled; "Awareness Campaign on Antibiotic resistance and Bioinformatics" was organized by Dr. Syed Sikander Azam and his research team from Computational Biology lab at NCB, Quaid-i-Azam University on 1st and 2nd of October 2019. On the first day a walk was arranged from NCB at 9:00 a.m. to all the departments of university with the aim to spread awareness about antibiotics and MDR which ends at the Admin Block where the VC was enlightened about the perspective of awareness campaign. On 2nd day the camp was set up where, all the people from the University were encouraged and warmly welcomed to ask the questions and about their suggestions. At the end of the day, all the students were encouraged by providing them the participation certificates.

Seminar on National Cohesion, Unity & Peace by Sukkur IBA

Understanding the dire political situation between the two neighboring countries, Sukkur IBA University, in collaboration with Paigham-e-Pakistan Center for Peace and Federal Directorate of Education, arranged a seminar on the topic of "National Cohesion, Unity & Peace" on March 01, 2019. The seminar was started by the recitation of Holy Quran and National Anthem. Prof. Dr. Muhammad Zia-ul-Haq, Director General Islamic Research Institute, Islamabad, highlighted the importance of the message of Paigham-e-Pakistan. While another speaker, Mr. Syed Ayaz Shah, Head Jamia Rasheed, Karachi, talked about the Human Resource practices that were brought to practice by Prophet Muhammad (P.B.U.H.) and their relevance in today's era. Mr. Rasool Bux Marri, Deputy Registrar Sukkur IBA University, took to the stage to talk about "Methods of Conflict Resolution in Domestic and Social Paradigm". Mr. Ziauddin Khoso, Lecturer Sukkur IBA University, highlighted the "Psychological Reasoning of Violent Behavior".



Mufti Muhammad Hussain, took to the stage to bring to light the importance of diversity in Islam. Tolerance is of utmost importance in Islam. He also added that Islam asks its followers to respect difference of opinions and not to ridicule anyone's opinions. Chief Guest, Registrar Sukkur IBA University, Engr. Zahid Hussain Khand, in his concluding remarks, said that the students of Sukkur IBA University are like diamonds and butterflies of Pakistan. He said these are all diamonds of Pakistan that have gathered here because they have worked hard and struggled and they are like butterflies because they have gone through hardships to get to that beautiful look, they have struggled and will become the beauty of this country.

Global Hand Washing Day '19 commemorated by Bahria University

Community Support Program (CSP), Bahria University in association with Helping Hand for Relief & Development (HHRD) orchestrated a Global Hand washing Day at Khalida Free Education Trust. The event was pulled off with the help of 20 Community Support Program (CSP) Club members on 15th October 2019. Numerous activities were arranged for the children to grasp their attention including Storytelling, Cartoon Session of Commander Safeguard. The most interesting out of all the activities was proven to be the painting activity which brought massive smiles on the faces of children. In this activity, each student has to paint their hands with paint and then leave those colorful imprints on the piece of cloth. 400 soaps packed by the CSP Club members were distributed to the children and the whole event was wrapped by the Hand Washing activity. This event was regulated to highlight the importance of personal hygiene. The main objective of the event was to spread awareness about the Health and cleanliness, which in return helps in eliminating a lot of diseases that comes along with sanitary issues.



Ramadan Drive by DHA Suffa University

During the first ten days of Ramadan, an iftaar drive had taken place within the vicinity of DHA. Student volunteers of DHA Suffa University (DSU) distributed food packs at the time of iftar to every person passing by. The volunteers stayed late at university in order to pack the food boxes. Approximately, more than 240 boxes were distributed per day.

In the next 10 days of Ramadan, the same set of students collected donations and arranged ration packs for the non-teaching staff of DSU. The donations were then equally distributed to get the same ration packs made for all those who had a salary of less than 20 thousand at DSU, which summed up to be a total of 101 ration packs. The ration pack consisted of all basic groceries that could last for a month.

In the last ten days of Ramadan, these students, with additional donations bought Eidi items for the children of Qayyumabad, who are a part of DSU Community Academy. A total of 20 Eidi packs were distributed amongst these children.



“No one is useless in this world who lightens the burdens of another.”

- Charles Dickens -

Awareness campaign regarding food safety at Virtual University

Virtual University Nankana campus organized a one-day Seminar on “Food Safety at home” on December 11, 2019 in collaboration with Punjab Food Authority.

Deputy Director Operations, Punjab Food Authority (PFA) , Mr. Atta Ur Rehman attended the session as a chief guest. He along with his team guided the students and staff how to keep safety measures in home food. They guided the participants that they should always wash their food, hands, counters, and cooking tools.

He further said PFA is working day and night to ensure the availability of healthy food in country.

A total of 40 students attended the session and found it extremely helpful for a healthy lifestyle furthermore they applauded the efforts made by PFA for a healthier Punjab.



NUST conducts Ramadan drive in collaboration with Daraz.pk

NUST in collaboration with Daraz.pk conducted a Ramadan drive in NUST H-12 campus in May 2019. Daraz.pk- a leading online retail business- initiated “feed a family with Ramadan Ration Bundles”. NUST Community Services Club (NCSC) collaborated with Daraz.pk and collected donations to buy ration from Daraz and distribute them to needy families. Every package had a blend of multi-branded, high quality products. Packages included items from necessities like grains, ghee, and spices to smaller luxuries like tea, juice, and vermicelli. Around 73 boxes of ration were made and were distributed in Noreen Welfare Trust (an orphanage) and a slum area near Bara Kahu. The families appreciated the efforts of NCSC volunteers.



Sukkur IBA conducts awareness seminar on Motorcycle Safety Riding

The Community Welfare Society of Sukkur IBA Students Council (SISC), in collaboration with Atlas Honda, organized an awareness session on “Motorcycle Safety Riding” on March 07, 2019 at Sukkur IBA University. The purpose of the awareness session was to promote safe driving practices among students and to encourage them to follow safety rules while driving; especially among motorcycle riders. The objective of this seminar was to help students understand the risks of not following safety rules and to help reduce unwanted accidents caused by reckless driving.



Beach Cleaning Activity by Bahria University volunteers

On Thursday, 30 April 2019, Student Support Centre Bahria University Karachi University held a beach cleaning activity at Clifton Beach, Karachi. The objective of this activity was to beautify the beach as well as to attract the local and foreign tourists to visit it. Students tried to implement the nation's aspiration in accordance with the government's effort to expose Karachi to the outside world through tourism sector.

The beach cleaning activity started at 9.30 am and ended late in the afternoon. The participants were elated to clean the beach so they participated with full zeal. One of the biggest challenges was to collect all the state rubbish which sometimes emitted a bad odor. The closing of the Beach Cleaning activity was the appreciation to all of the participants who had showed the best effort in order to fill the task of cleaning the beach.



Bahria University in collaboration with HHRD organized a free Shopping Mall experience for its Junior Staff

“Mall of Humanity” is an event organized by Community Support Program (CSP) in collaboration with HHRD, where clothing items provided by Helping Hand for Relief & Development (HHRD) are packed and distributed to the various groups in need. Mall of humanity was arranged to provide assistance to the junior staff of Bahria University. Mall of humanity (4) orientation took place on 9th July, 2019 for the CSP members along with 6 sessions on different dates. The sessions embodied the dedication, diligence and hard work of students, where they ironed, packed and made the clothing material presentable for the final day distribution. Final Day of mall of humanity was dated on 31st August. On the final day of mall of humanity junior staff (Grade 1-4) was provided with a choice to take anything for their family members from the given diversified options. The main focus of the event was to give back to the staff who put in hours to maintain the discipline and decorum of Bahria University.



A Seminar on Freedom of Press & Current Media Laws by Greenwich University

Greenwich University organized a seminar on freedom of press & current media laws. The management of Karachi Press Club was very helpful in organizing the event on 4th April. The panelist of the, with a special guest- Mr. Arman Sabir, secretary of Karachi Press Club. Mr. Arman is an investigative journalist with over 25 years of experience in print, electronic and digital journalism, now working for ARY News. The objective of organizing the event was to create an interaction of students with media personalities so that students can learn practical aspects of freedom of press.



Sukkur IBA University Takes Responsibility of Young Scientist

Keeping in view the mission of serving community, the young scientist, Imtiaz Solangi, has been recruited by Sukkur IBA University. He made it into mainstream media news a few days ago. After his story came to light, he has now been offered admission in IBA Community College. He will also be trained at FAB Lab established with the collaboration of MIT, USA, to further foster his scientific mind. Imtiaz Solangi, along with his family, met Vice Chancellor Sukkur IBA University, Prof. Nisar Ahmed Siddiqui, and Registrar Sukkur IBA University, Engr. Zahid Hussain Khand, and was praised for pursuing his passion.



Health and Safety Sessions held for students of DHA Suffa

Various awareness sessions were conducted for DHA Suffa students which includes suicide and prevention, stress management and drug abuse.

To address the problem of suicide prevention and make the students of DSU aware of the symptoms, the Corporate Social Responsibility (CSR) department arranged a session on suicide and its prevention on the 6th of December 2019 in DSU Executive Lecture Theatre. The seminar was conducted by psychologists from the Institute of Behavioral Sciences by Dr. A.Q Khan Centre- DOW University of Health Sciences, organized by the CSR department.

On February 1st, 2019 a representative of a renowned health center, Chughtai Labs visited DSU to conduct a seminar on Stress and its management. The session proved to be very beneficial for the audience as it covered the topics of stress in daily life and its relation with the diet that one takes. Dr Tahira spoke about the impact of stress and diet on an individual's health.

The CSR department arranged a seminar on drug abuse on the 23rd of April 2019 in DSU auditorium. The core objective of this session was drug abuse prevention. The session educated the youth about the dangers associated with drug usage and to assist them in making healthy decisions.

Foundation University Rawalpindi conducts a Cloth Drive

Abundance has become one of the most obvious signs of our standard of living. While most of us are blessed enough to have more than we need, there are millions of families and individuals who are less fortunate. Organizing a clothes drive is a wonderful way to share our relative wealth with those around us in need of some assistance.

Foundation University (Rawalpindi Campus) Community Service Society organized Clothes Drive from 19th to 27th of November 2019.

A handsome number of clothes were collected with contribution from students and faculty of the university. The drive ended successfully with the full support of people who stepped forward by giving valuable clothing in good will. About 60% of the clothes were distributed by Community Service Society and rest was given to Edhi Foundation.



Bahria University and Hitech University conducts a session on Anti-Narcotic Control

Community Support program invited Anti Narcotic Force and organized a drug awareness session for Bahria University students on 07 October, 2019. In this session guest speaker from Anti Narcotic Force, Dr Sana Aslam briefed the students about the drugs in a very persuasive and informative manner. During the seminar the various topics were discussed including factors affecting drug sit, drug addiction and their effects.

By the end of the seminar, the media club society performed a short play regarding drug addiction and gave a great message in a fun-filled and captivating manner. Director General Karachi Campus Rear Admiral (R) Mukhtar Khan HI (M) shared his views and pay regards to Anti-Narcotics Force and praised them for this awareness seminar and awarded souvenir to the Anti-Narcotics Team.

On 23rd of October 2019, Hitech University also conducted a similar session in collaboration with Ministry of Narcotics.



Winter Drive (Cloths Collection and Distribution) by Bahria University

Bahria University, Karachi Campus (BUKC) Community Support Program organized a winter drive (Cloths Collection and Distribution) started from 16th December to 20th December 2019. The aim was to collect used or new winter clothes and accessories from the students and distribute to the underprivileged and needy people. The students set up a desk in university premises to collect cloths donation.

In collaboration with JDC Foundation Pakistan-NGO and Pukaar Welfar Organization BUKC had distributed the collected cloths and accessories including 4000 dress, 500 pairs of shoes and 150 blankets among the underprivileged people of Goth Khadim Hussain Solangi on 27th December, 2019.



Seminar on Challenges & opportunities for Pakistani Women by Greenwich University

In connection to the International Women's Day, Greenwich University organized a seminar on April 09, 2019 in collaboration with Karachi Editors Club, which was attended by prominent media personnel, educationists, social activists, politicians, faculty and students. The esteemed speakers list included, Dr. Alia Imam, renowned writer and social activist, Syma Nadeem- MNA and Parliamentary Secretary, Mubasher Mir- editor Daily Pakistan, Manzar Naqvi- editor Financial Daily, Fizza Shakil- anchor News One TV, Sabahat Bukhari-TV Actor, Uzma Alkareem- Senior Journalist Jang Group, Dr Sabir Ahmed, HOD Department of Mass Communication & Media Studies, Qandeel Jafri- Poetess and Activist and Asma Tirmizi, Woman Entrepreneur.



Community Visits & Services provided by King Edward Medical University

Community medicine is concerned with specified populations rather than individuals. It provides comprehensive primary care and preventive services to all members of the Community – from new babies to grandparents.

All the faculty members of Kind Edward Medical University are actively involved in Public Health Consultation including technical consultation of Health Management and Information System, Safe water & Health, Environmental Health Strategy Punjab by World Health Organization (WHO), Ebola Virus Disease, and Expanded Program of Immunization (EPI).

They offer timely preventive education to the community according to the need of the time as a session on novel Corona virus prevention and preparedness was conducted on 30th Jan, 2020.

Students are trained in the field for public health awareness. The students & Faculty of the university regularly visit Basic Health Unit (BHU), Rural Health Center (RHC), Mother & child health (MCH), NGOs, Factories, Rehabilitation center (Convalescent Home), schools & Social services projects. Awareness of community regarding general good health measures, balance diet, walk and avoidance of bad habits like junk food smoking and addiction are done routinely.

Preventive Measures to keep the community prevented from communicable and non-communicable diseases are communicated to the community in routine.

Special concerns are shown to following:

- Hand Washing Steps
- Regular exercise
- Balance diet
- Safe drinking water in your situation, in your affordability
- When to see a health facility
- Family planning Counseling
- Personal Protective Equipment
- Use of face mask
- ORS formation
- Vaccination consultation



Kashmir Solidarity at Greenwich University

Greenwich University's School of Leadership and Diplomacy organized a conference in solidarity with people of Occupied Jammu & Kashmir at its Pakistan Campus on August 30th, 2019. The conference highlighted the commendable resistance of the unarmed Kashmiris against the unspeakable atrocities of Indian state terrorism. Over 150 students and faculty members expressed their solidarity holding placards demanding justice and affirmative action from the international community. The Prime Minister called and appreciated the efforts of the University to highlight the issue of Kashmir.

Seema Mughal, Vice Chancellor, shared that Greenwich's School of Leadership and Diplomacy had the privilege of being the only civil society institution to have taken the issue of human rights violations in Kashmir to the European Parliament in 2018.

Ali Jillani, Head - Diplomatic Affairs, contextualized the history of Kashmir and showcased how the Indian Occupied Jammu & Kashmir is a testimony to the collective violation of key international norms enshrined across frameworks Universal Declaration of Human Rights UDHR, ICCPR, ICESCR, CEDAW, BPfA, and CRC, among others.

The Conference resolved that Indian economic diplomacy must not be allowed to hegemonies the discourse and it was urged that Pakistan's foreign policy on Kashmir must be articulated with a firm narrative and a coherent strategy to resolve the issue.



Dengue Awareness Walk by Lahore College for Women University

Lahore College for Women University arranged a dengue awareness walk as per the instructions of Punjab Government within campus premises in collaboration with Director Student Affairs, Dengue Committee and Student Council on Wednesday, 18th September, 2019. Walk was led by Worthy Vice Chancellor LCWU Prof. Dr. Bushra Mirza along with university administration, faculty members and students.



University of Veterinary and Animal Sciences (UVAS) celebrate World Veterinary Day

World Veterinary Day is a day of Veterinarians celebrated every year on 28th April. Vet Crescent Society in Collaboration with other Veterinary societies of University of Veterinary and Animal Sciences i.e. VCC, SAVERS and IVSA has arranged the "World Veterinary Day 2019" on the global theme of "Value of Vaccinations". It is composed of 2 chapters: -

- 26th April, 2019 (Awareness walk, Seminar, Poster Competitions). Pro-Vice Chancellor and Vice Chancellor address.
- 27th April 2019 (Vaccination Camp)

Vet Crescent Society has organized the World Veterinary Day which highlights the importance of Veterinarian in the fields. Moreover, that day covers the most debatable topic of "Value of Vaccination".

Veterinary Societies of UVAS arranged the Vaccination Camp on the occasion of World Veterinary Day 2019 at Chak 34 Mundeki and Chak 40 Jaghowala. Every student especially of 1st year has gained a full field exposure as well as come to know about the value of Vaccination by hands on practice.

The animals were vaccinated for the outbreak of FMD (Foot and Mouth Disease) and PPR (Peste des petits Ruminants).



Awareness Session on Hazard Identification, Risk Assessment and Control (HIRDAC) by HITEC University

Mr. Anjum Beig, a Senior Chemical Engineer having over 32 years of Industrial experience in Petrochemical Industries conducted the session on October 9, 2019. He has his expertise in "Compliance of Safety procedure" as well as being well-versed in various International standards including ISO- 14001 and ISO-9001. Mr. Anjum Beig delivered a lecture to HITEC students on "Hazard Identification, Risk Assessment and Control (HIRDAC)". He mentored students on ways of identifying physical, chemical, biological and safety hazards in residential as well as workplace and made them aware of measures for elimination and control of the same.



Iftaar Drives by Bahria University

Bahria University Karachi Campus, SSC Community Support Center organized an activity on 21 May 2019 at Disable Welfare Association (DWA-Saddar Branch located in Karachi). This activity encouraged students to learn about the disabled person's life problems which they face & how they try to find solution for their physical impediments.

DWA has adopted multidirectional approaches to bring ease in every aspect of life of persons with disabilities. The organization deals in assistance of many types of disabilities like deaf disability, muscular atrophy, polio etc. The organization has an innovative mobility solution to its credit free distribution of mobility aids is its common trait. It has created ample of opportunities for the capacity building of youths with disabilities. It has conducted inclusive sports, disability awareness campaigns including seminars, walks, press conferences and sessions in universities and in corporate organization for creating an exclusive society

Students distributed Iftari Boxes among the Special people to elevate their morale and give message to them that they are Integral part of society.

Students of EE department also distributed iftari amongst the needy people, including laborers, beggars etc.

Students of Islamabad campus also conducted a grand iftar dinner for orphans in collaboration with Helping Hand for Relief and Development.



Road Safety Awareness Drive at HITEC University

As part of Community Services activity, the HITEC University arranged a one day short training on Road Safety on October 1, 2019. Representatives from National Highway and Motorway Police, Road Safety Awareness Unit (RSAU), were invited to HITEC University to educate the students on road safety issues. This was done to generate awareness on avoiding accidents due to ignorance and negligence. Ms. Nabeela Yaseen, Inspector at NHMP elaborated on the factors of accidents like damaged roads, poor maintenance and overall condition of the vehicle, environmental factors and irresponsible attitude of road users. Ms. Shireen Jan, Sub Inspector at NHMP, talked about the mistakes of pedestrian, cyclist, bike riders and passengers and then DSP Adeel Hashmi gave tips on defensive driving to the students.



Distribution of Ration in Ramadan by University of Veterinary & Animal Sciences (UVAS)

University of Veterinary & Animal Sciences' Vets Care Club arranged a drive in Ramadan 2019 to help needy and underprivileged families by arranging monthly ration for them. For this, students contributed from their pockets as well as collected donations in the campus. By the time, around ten families were being helped by this drive.



Fundraiser for Edhi Foundation by Greenwich University

The passion for community development was widely depicted through the program's success. To enlighten the faculty and all students regarding this noble cause, marketing campaign was done by the class inhouse and through the social media. The desire was to back the Edhi Foundation, Pakistan's leading humanitarian and social welfare services organization. An overwhelming response was observed from the students and faculty and the amount, which was generated through the food festival.

Students of Principles of Management handed over the funds around rupees 205,000 collected through food festival to Faysal Edhi. The students along with their teachers went to Edhi Center and mingled with the little ones and spread smiles everywhere.



Virtual University of Pakistan observed solidarity day with the people of Indian occupied Kashmir

In all 195 campuses of Virtual University across Pakistan, faculty, staff members and students gathered to protest against aggression and violation of human rights by the Indian army in Indian occupied Kashmir.

The protest was held on the call of prime minister Imran Khan, which was subsequently endorsed by Higher Education commission.

All the principal officers along with Dean and Directors Participated in protest holding banners and play cards against India.

The participants were waving flags of Pakistan and Kashmir and shouted slogans of "Kashmir Banay Ga Pakistan" and condemned brutalities Indian forces against Kashmiris.



Animal Rights awareness and role of student activism seminar held in Lahore College for Women University (LCWU)

On the 21st October 2019, a seminar on 'Animal Rights Awareness', was held in collaboration with the Animal Protection and Welfare Society of Lahore College for Women University. The guest speaker was Syed Naeem Abbasi, Manager Advocacy, from Brooke Pakistan. The team organized talk by the Co-Founder Rizq, Musa Aamir, on the 23rd of October 2019. The chief guest for the event was the worthy Vice Chancellor Lahore College for Women University, Prof. Dr. Bushra Mirza. Musa Aamir talked about the "Role of youth in feeding the future". The worthy Vice Chancellor of Lahore College for Women University addressed the audience and shared her views on the importance of student activism and its role in the development of the youth.



Milaap-e-Dastarkhawn- launch of Food bank by NUST volunteers

National University of Sciences & Technology (NUST) volunteers of NUST Community Services Club (NCSC) have launched a new project, titled NUST food bank. The aim of the project is to minimize wastage of food in restaurants, homes etc. by picking it from the designated points and distributing them amongst needy people. As a pilot event of the project, NCSC members conducted a food drive and served the NG staff of NUST in a dignified manner on 29 November 2019. The staff members included security guards, gardeners, sanitary workers, drivers, clerical staff etc. Workers and laborers sat on the tables and chairs which were setup in the basement of CIPS as students and volunteers served them with fresh food by daig.com. The food was sponsored by NCSC alumni and current members to thank the NG staff.



Drug Use Prevention Campaign by Lahore College of Women University

In the light of the recent drug abuse cases at institutional level in Lahore College of Women University, Drug Advisory Training Hub (DATH) in collaboration with the Directorate of Student Affairs organized an awareness seminar and Inaugural Ceremony of their drug use prevention campaign. The speakers of the event included Mr. Syed Zulfiqar Hussain, Director DATH, Ms. Bushra Nadeem, Director Student Affairs, Ms. Talat Sohail, Head of Applied Psychology Department and the honorable Vice Chancellor LCWU, Prof. Dr. Bushra Mirza.



APS Massacre Remembrance Walk by NUST volunteers

A walk was organized by NUST in remembrance of the martyrs of the 2014 Peshawar APS massacre on 16 Dec 2019. The purpose was to pay tribute to the brave souls of the martyrs and to protest against terrorism. The walk was started shortly after 2 PM as the students gathered at Iqbal Square, NUST H-12 campus. The walk began and headed towards Gate no.2 and then back to SADA parking, ending around 3 PM. After the walk, a prayer was done in remembrance of the martyrs.



Shaheed Benazir Bhutto Women University Peshawar conducted Global Hand washing day

Shaheed Benazir Bhutto Women University, Peshawar commemorated Global Hand Washing day on 22nd October 2019. Ms. Aneela Mudassar and Miss Afsheen Department of Art and Design, organized the seminar on importance of hand washing. Also art competition based on concept of hand washing were arranged.



STEAM Adventure Movie Show on Mobile Science and Technology Lab by Sukkur IBA University

The Mobile Science & Technology Lab team of Sukkur IBA University organized a STEAM Adventure Movie Show on January 25, 2019. The show was organized for children and aimed at raising awareness and love for science, scientific thinking and scientific literacy. There were a total of three shows that were shown at different intervals of time. The children and their families enjoyed the event that took place at Bilawal Park Khairpur and requested for more of such events.



iba-suk.edu.pk
facebook.com/SukkurIBA.University

University of Veterinary and Animal Sciences (UVAS) celebrate World Spay Day

World Spay Day is a fantastic opportunity to educate pet owners and caretakers on the importance and benefits of sterilization. World Spay Day. It draws attention to “spay/neuter as a proven means of saving the lives of companion animals, community (feral and stray) cats, and street dogs that might otherwise be put down in a shelter or killed on the street.” It is an event held on the last Tuesday in February each year.

In order to commemorate this day, University of Veterinary and Animal Sciences (UVAS) arranged an awareness walk and photobooth at UVAS Ravi Campus Pattoki on 26th February 2019. The awareness walk was started from the Theriogenology Clinic to Medicine Teaching Hospital. The walk was led by the Faculty of Veterinary Sciences. Dr. Muhammad Zahid Iqbal and Dr. Ayesha Safdar has conducted a small session on Spaying and Neutering.



Shaheed Benazir Bhutto University, Upper Dir conducted Dengue Awareness walk

Shaheed Benazir Bhutto University (SBBU), Upper Dir conducted Dengue Awareness walk. Department of Pharmacy organized Dengue Awareness Walk on July 2019 in SBBU. The walk headed Dr. Shujaat Ahmad, Head Department Pharmacy. The Participants includes Assistant Commissioner Sher-gal, Registrar, Faculty and Students of SBBU.





HEALTH

HEALTH

Breast Cancer Awareness sessions held in Bahria University campuses

The Breast Cancer Awareness Sessions were held in Islamabad, Lahore and Karachi campuses of Bahria University throughout the month of October 2019. The sessions aimed to educate young girls about the importance of self-assessment and annual screening so, that they can save themselves and also spread awareness in their community to cure this disease at the first stage. The sessions were held in collaboration with various organizations including Shifa International and Shifa foundation, HEC and Pink Ribbon, and Shaukat Khanum Memorial hospital. Dr Uzma Qasim who is a consultant Oncologist at Shifa International and Dr Ayesha Isani (Focal Person for breast cancer awareness national health services) gave a comprehensive presentation to all the young girls to help them become aware of this disease and its preventions, and also create awareness in their surroundings.

Student Support Centre Bahria University Karachi Campus organized an awareness session on Breast Cancer in compliance with HEC & Pink Ribbon Youth Awareness Program 2019. Dr. Maharukh Aamir and ADSSC Ms.Sabha Abid also conducted awareness sessions about the Breast Cancer symptoms and they briefed about the ways women can self-examine the signs and told the audience about the precautions. Different educational videos on Breast Cancer Awareness session were also shown to the students. In the end the forum was open for questions answers.

Pink Ribbon Walk & Make Human Ribbon Activity

After an informative session participants conducted Pink Ribbon walk inside the campus and had made the human ribbon to promote the idea of breast cancer awareness.

Ribbon and Cake Cutting Ceremony

Student Support Center invited the Director Campus Commodore Muzammil Hussain SI (M), SE for Ribbon and Cake Cutting Ceremony; he also visited the stalls and participated in an activity to encourage the students.

Bahria University Karachi Campus students also decorated main foyer "Quaid Block" for Pink Ribbon Event with pink and white balloons and conducted some fun activities including Indoor Games, Mehndi Stall, Face Painting stall, Photo booth, Selfie and props stalls, Donation stall and Free Medical Camp. Students collected handsome donation amount from these activities; the collected money was deposited in the account title "Pink Ribbon Campaign Pakistan

Shaukat Khanum Memorial Cancer Hospital

organized Breast Cancer Awareness Day at the hospital on 2 Oct 19. A delegation of 22 students and faculty from Bahria University Lahore Campus visited the hospital to attend the event. Different doctors from the hospital and cancer victims shared their experiences and educated the audience on the subject. The oncologist enlightened that inheritance is one of the major risk factors of breast cancer. Watching shining faces of women of all ages was delightful sight wearing pink butterfly's badges and learning in a comfortable environment. Overall, it was a good event to create awareness among the females about this type of cancer.



Breast Cancer — Prevention and Treatment session by Greenwich Uni-

Greenwich University arranged an awareness session on Breast Cancer and its prevention on October 30, 2019 at Greenwich University. Dr. Qurat-ul-Ain Badar, Assistant Professor & Consultant Radiation Oncologist, Dr Ziauddin University Hospital was invited as a guest speaker. She emphasized upon the apt use of technology. A large number of students, faculty and staff were present at the session and were imparted information regarding the early symptoms of breast cancer and its prevention.



PINK RIBBON DAY Awareness Drive-2019 by HITEC University

Pink ribbon is an international symbol of Breast Cancer. For a decade under this banner, much education and research are being carried out by many organizations worldwide. HITEC University is also contributing its part by conducting awareness seminars annually in October (designated for Breast Cancer). For the year 2019, an awareness lecture was held on Wednesday, October 16th in Iqbal Auditorium with Dr. Nadia Nisar from HIT Hospital. Girls Society made the girls, faculty, staff specially the lower grade employees a part of this presentation. Dr. Nadia Nisar discussed the disease and the preemptive measures that can be taken to counter the ailment. She educated females on signs and symptoms of cancer and the importance of early diagnosis. She also elaborated on how to fight it off in case someone is diagnosed with breast cancer and hope that these awareness drives might contribute to saving females from this life-threatening disease through precautions and early detection.



Blood Donation Camp by HITEC University

Blood Donation Camp was also run successfully in collaboration with Jamila Sultana Foundation (JSF) Pakistan on October 22, 2019. JSF collects more than 60 units from volunteers' students, staff and faculty of HITEC University Taxila.

Pinktober celebrated by Indus Valley School (IVSL)

This social initiative “Pinktober” was undertaken to promote breast

cancer awareness and was planned in collaboration with the pink ribbon youth program Pakistan and was partnered by the Higher Education Commission Pakistan. The Indus Valley School of Art and Architecture, utilized its campus and students to hold fund raising activities such as bake sales and other paid events in order to collect funds for the “Pink Ribbon Campaign Pakistan”. The School also spread awareness by displaying posters and banners throughout the campus.



Breast Cancer Awareness by Lahore college for women university

On 29th October, 2019, a Breast Cancer Awareness Seminar in collaboration with Shaukat Khanum Cancer Memorial Hospital (SK-MCH) was conducted by Women Institute for Leadership and Learning (WILL) at Seminar Hall Student Service Centre, Lahore College for Women University Lahore. The Session was formally started with recitation of Holy Quran. Dr. Umm e Kalsoom Consultant Medical Oncologist, SKCMH delivered her presentation about the factors, treatment and consequences of Breast Cancer. Dr. Afifa Ashraf, Medical Officer SKCMH expressed her views regarding the significance of Breast Cancer campaign. Ms. Maya Ali (Film/ Drama Actress), as a brand ambassador expressed her views and motivated students to spread message of breast cancer awareness among all females around them. Faculty and students from different departments of LCWU also attended the event. There was a question and answer session in the end of the event, which was quite informative and helped the students regarding resolving their queries. At the end of event Prof. Dr. Talat Sohail, Director, Women Institute of Leadership and Learning delivered her closing remarks. She expressed her gratitude to the event guests, brand ambassador, SKMCH team, organizers, heads of departments and the staff and students of Gender and Development Studies for making the event successful.



Walk on Awareness of Breast Cancer and Seminar on Awareness, Prevention, early diagnosis and treatment by King Edward Medical University (KEMU)

A walk on awareness of breast cancer & seminar on its prevention, early diagnosis and treatment was held in King Edward Medical University (KEMU) VC, deans, director DME, Hospital Administration, Member of Academic Council, Test Cricketers, Lahore women chamber of commerce office bearers, civil society, media personal, students and nursing staff participated in the event.

Speakers highlighted multidisciplinary approach in management of breast cancer and availability of all facilities free of cost at KEMU/Mayo Hospital. They mentioned early diagnosis timely treatment leads to 100% cure. Such public awareness seminars on specific days are now made routine feature of University.



Pink Ribbon Campaign 2019 at Sukkur IBA University

Go Green Society, in collaboration with Girls Hostel Society, Sukkur IBA, organized Pink Ribbon Campaign Pakistan 2019 on October 16, 2019 at Sukkur IBA University. HEC, in collaboration with Pink Ribbon Pakistan, celebrates Pink Ribbon Campaign in the month of October in universities and colleges across Pakistan. Pink Ribbon celebrates Pink Ribbon Campaign, every October to create widespread awareness about Breast Cancer. This campaign was focused on "healthy lifestyle" as maintaining a quality life reduces the risk of breast cancer



HEC & Pink Ribbon Youth Awareness Programme, 2019 at University of Health Sciences

Department of Public Health, University of Health Sciences participated in the HEC & Pink Ribbon Youth Awareness Programme, 2019. UHS celebrated October as PINKtober-the Breast Cancer Awareness month to create awareness about Breast Cancer. The focus was on 'healthy lifestyle' that will help to improve the quality of life thus reducing the risk of breast cancer. Along with breast cancer awareness funds were raised for the Pakistan's First Dedicated Breast Cancer Hospital (Pink Ribbon). Imran Hameed Khaliq was nominated as the Focal person for the PINKtober campaign. Several activities were conducted during the month of October. Fund raising through bake sale, Community outreach programme, Breast Cancer Awareness Activity at School in Burewala, Pink Tea Day, Human Ribbon Day, Breast Cancer Awareness Session at Ch. Rehmat Ali Memorial Trust: Akhter Majeed Girls Degree College, Breast Cancer Awareness Session at Agha Khan Health Board Lahore, Poster/Ta-gline/Short Documentary Competition.



NUST joins hands with Pink Ribbon and Shaukat Khanum Memorial hospital for breast cancer awareness

NUST Community Services Club (NCSC) joined hands with Pink Ribbon for celebrating the month of breast cancer awareness, appropriately titled, PINKtober. NCSC joined the Pink Ribbon Youth Programme 2019 in collaboration with HEC which is aimed to achieve massive breast cancer awareness among young girls and students.

The awareness campaign started with a mime that raises awareness about the struggles of women going through this illness on 17 October 2019 in Concordia-1. The performance started with a young girl surrounded by faceless people representing cancer. The area was crowded with everyone eager to get a view. As it went on, her struggle for health and progress were shown. Nearing the end, the masks were discarded and the faces of common humanity were revealed as the performers united in a portrayal of solidarity. At the end, the audience cheered on as banners of Pink Ribbon and slogans celebrating the PINKtober month were raised together for a beautiful conclusion to the performance.

On 23rd Oct 2019, a series of breast cancer awareness plays and a dramatic reading was conducted in collaboration with NUST Dramatics Club (NDC) titled Umeed-e-Sehr in Jinnah Auditorium. The play was about a young married woman who is diagnosed with breast cancer. It showed her struggle against not only the disease but also the backlash from society.

The event was graced by the presence of the guest speaker Humna Raza, accompanied by her husband Muzamil Hasan. The interactive session with the couple proved to be extremely informative, with talks about signs of Breast cancer and self-examination; the silent suffering of women with such diseases due to the disgrace put on them by our society and how essential it is to visit the doctor. Next, Nameer Aurangzeb was invited who talked about the launch of the Maseeha Ambulance, a female led organization that has trained numerous women of rural backgrounds to not only drive ambulances, but also to help and treat women during the ride to the hospital.

An awareness seminar was also held on 16th October 2019 in collaboration with Shaukat Khanum Memorial Hospital. The event started with recitation of the Holy Quran followed by a brief introduction of the chief guest, Dr. Umme Farwa. The speaker's talk was passionate, vivacious and energetic, and she made the audience sit up in their seats and pay full attention to what is an extremely crucial issue. Some of the topics that were raised and explained were: causes of breast cancer, its incidence and also possible prevention/risk minimization. At the end of the session, the audience were encouraged to ask questions on anything they might not have understood.

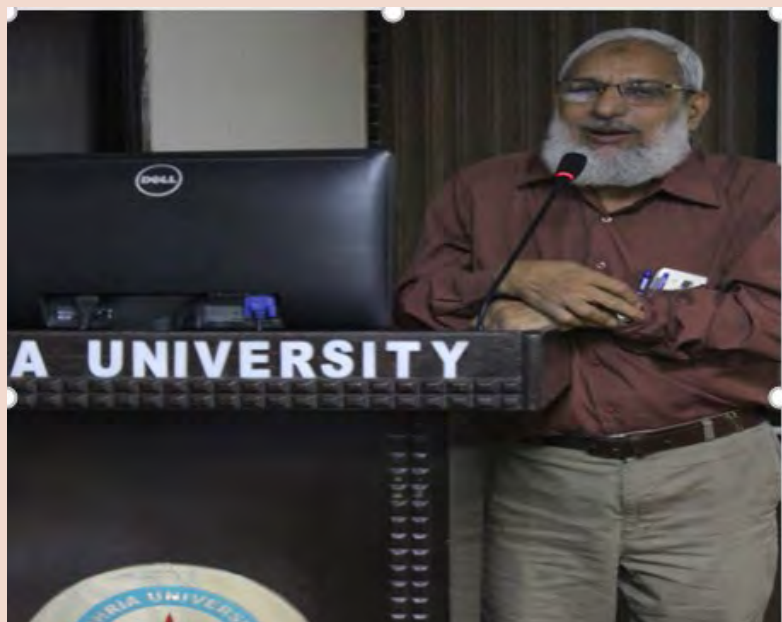


Bahria University students attends Thalassemia awareness sessions and screening activity

Bahria University Karachi campus organized Thalassemia Awareness session along with Team Community Support Program on 21 February 2019 and 19 September 2019.

Mr, Muhammad Iqbal is running “Kashif Iqbal Thalassemia Center.” He is saving many lives and is role model for all of us. Students from all departments participated in this very informative session and got an opportunity for free medical test for Thalassemia. Blood donation drive was also arranged in which students voluntarily donated blood for the needy and sick patients.

A session was also arranged by Karachi Chamber of Commerce and Industry (KCCI) in collaboration with Help International Welfare Trust. The seminar was on” Thalassemia Screening and Awareness “on Saturday, 20th July 2019 from 3:00 pm to 5:00 pm at Karachi Chamber of Commerce auditorium. It was followed by a Theatre show on thalassemia presented by HIWT. Students of Bahria University also participated in that activity and gave CBC Test as well.



Blood camp at GIKI

Project Topi as a sole welfare society in GIKI aims to contribute towards the betterment of the community in any and every way we possibly can. Project Topi has been organizing a Blood Donation Camp as one of its modules with the assistance of renowned Pakistani organizations like Red Crescent and Shaukat Khanum. Project Topi has recently been awarded by Red Crescent on World Blood Donor Day with the honor of being one of the top donor institutes of Pakistan.

Following its tradition Project Topi organized a blood donation camp with the assistance of Red Crescent on 18th of September 2019. This semester’s blood camp resulted in a great success as Project Topi in collaboration with Red Crescent was able to collect 206 bottles of blood. Donors came with high spirits and pure intentions to play their part. The event went smoothly without any complications, no serious medical emergencies resulted regarding the blood donors as members of Project Topi and the team of Red Crescent were there for immediate assistance. Teams of both organizations were quite functional and worked with coordination. Project Topi hopes that the work we have put in brings productive results in future.



Blood camps at Bahria University campuses

Bahria University Karachi Campus in collaboration with Afzaal Memorial Thalassemia Foundation (AMTF) organized a "Thalassemia Screening and Blood Donation Drive" on Thursday, 31st October 2019 from 11:00 am to 4:00 pm at Bahria University Iqbal Block.

Director General Rear Admiral (R) Mukhtar Khan HI (M) inaugurated the event along with the Director Campus Cdre Muzammil Hussain SI(M), SE, Head of Departments and AMTF Team. More than 100 students donated the blood, including 28 female and 75 male students.

On 15 Oct 19, Shaukat Khanum Memorial Hospital set up a blood donation camp at Bahria University Lahore Campus in collaboration with BULC Community Support Program (CSP) Club. Students participated actively in the noble cause. The cancer patients of the hospital were facilitated with the collected blood. For this noble cause, a huge number of donors came forward, an enthusiastic participation of students as well as faculty was observed. More than 100 bottles were donated.



Blood Donation Drive by Greenwich University

Afzaal Memorial Thalassemia Foundation conducted blood donation drive at Greenwich University on March 15, 2019. The purpose was to motivate students to donate blood and save lives.



Blood donation camp by National University of Medical Sciences (NUMS)

Amcolians' Blood Donors Society (ABDS) is a student-based volunteer society of Army Medical College, a campus of National University of Medical Sciences. It is willing to make a change and to spread a message of hope to ailing humanity. Since its inception, ABDS has come out to be an extremely successful society arranging blood donation camps and awareness campaigns.

In collaboration with Armed Forces Institute of Transfusion (AFIT) and under the umbrella of our kind administration, two blood donation camps are arranged annually. In 2019, the camps were conducted in February and December, with total donations of 311 and 216 pints of blood respectively. Breaking records every year, many officers, faculty, students and the college staff actively contribute through blood donations.



Bi-annual blood camps by National University of Sciences & Technology (NUST)

Bi-annual blood camps are held at National University of Sciences & Technology (NUST) Community Services Club (NCSC) every year. In 2019, two camps were held with Sundas Foundation and Jamila Sultana Foundation. Both organizations are working for Thalassemia children.

NUST Community Services Club (NCSC), in collaboration with Jamila Sultana Foundation, held "Blood Donation Camp 2019" at NUST Islamabad campus from April 2 to 5, 2019. A good number of volunteers – students, faculty and staff – donated blood. With the help of NUST Administration, hardworking organizers and generous donors, NUST Community Service Club conducted its longest and highest donations collected through the Blood Donation Drive by collecting 604 pints, beating the previous record of 552 pints and also, making the event a great success.

The second blood camp of the year was held from 12th November to 15th November, 2019 in NUST H-12 campus. More than 500 blood pints were collected with the collaboration with Sundas Foundation.



Donate your blood for a reason, let the reason to be life.

Blood donation camp by Shaheed Benazir Bhutto Women University

Dr. Sadia Butt, Dr. Nadia Bibi, Assistant Professor and Ms. Jamila Haider, Ms. Shagufta Sanam, Ms. Mahwish Riaz, Ms. Jamila Haider, Lecturer organized Blood Donation Camp at Department of Microbiology, SBBWU on 14th November, 2018.



Blood Camp by Shaheed Benazir Bhutto University, Upper Dir

The Pharmacy Department of Shaheed Benazir Bhutto University, Upper Dir (SBBU) arranged a Blood Camp at the Shaheed BB University in March, 2019 in collaboration with Fatimid Foundation Pakistan. The Vice Chancellor and the organizers highlighted the importance of donating blood for the needy people and applauded the efforts of Pharmacy Department and Fatimid Foundation for the noble cause of blood donation. They collected 200 bags of blood on the occasion.



Sukkur IBA conducts 2-Days Blood Donation Camp & 1-Day TB Camp

The Community Welfare Society of Sukkur IBA Students Council, in collaboration with Regional Blood Center (RBC) Sukkur & Sehatmand Zindagi, organized a two-day Blood Donation Camp from January 28 to January 29, 2019, and one-day TB Camp on January 29, 2019. The camp was started with an Awareness Walk across the campus, which was lead by Registrar Sukkur IBA University, Engr, Zahid Hussain Khand. During these two days, a total of 180 blood bags were collected. There were also 300 Chest X-Rays performed for TB Screening.



Islamabad Cleft Lip and Plate Association (ICLAPA) camp by Foundation University

Foundation University Rawalpindi Campus (FURC) Community Service Club participated in Islamabad Cleft Lip and Plate Association (ICLAPA) Camp 2019 on September 27, 2019. ICLAPA is nonprofit association which provides free checkup and operations, surgeries to people who are facing the disease of Cleft Lip and Cleft Palate.

The volunteer team of students took care of patients and performed the assigned tasks very efficiently. The president of ICLAPA was very happy to the participation of this club and kind support of Pro Rector/ Director, FURC. ICLAPA expect from club to continue the services of volunteers in future also.

The organizing team of ICLAPA and doctors discussed the areas in which FURC Community Service Club can contribute their services. Volunteer team committed them to develop the system of data base to maintain the record of patients and website for ICLAPA.



National symposium on Awareness, prevention and treatment of Hepatitis and free screening camp by Lahore College for Women

A national symposium on Awareness, prevention and treatment of Hepatitis and free screening camp of Hepatitis B and C and vaccination of hepatitis B is jointly organized by Department of Biotechnology, LCWU, Lahore General Hospital and Hepatitis Control program, Primary and secondary healthcare Department on 27th November 2019. This fits United Nation Sustainable Goals for Development (SDG3 Good health and wellbeing). A lecture on prevention, diagnosis and treatment of Hepatitis A, D, E is given by Prof. Dr. Ghias-un-Nabi- Tayyab. A lecture on prevention, diagnosis and treatment of Hepatitis B and C is given by Dr. Akif Dilshad and a lecture on safe use of laboratory practices is given by Dr. Farheen Aslam.

Lahore college for women conduct various health awareness sessions

Lahore college for women conduct various health awareness sessions. On 20 November, 2019, under the guidance and supervision of Chairperson, Department of Applied Psychology, Professor Dr. Talat Sohail, Assistant Professor Dr. Saima Eman and Secretary Psychological Society Fatima Zeeshan along with Council member English Department Javeria Batool organized the dementia awareness event which was collaboration between Psychological society, LCWU and Alzheimer's Pakistan. All students received certificates for becoming a dementia friend from Alzheimer's Pakistan.

Another seminar on Polycystic Ovary Syndrome (PCOS) was organized by the students of Social Work Department, Lahore Collage for Women University with the collaboration of Skillhat Institute of Professional Excellence on March 4th, 2019.

Dr.Munazza Ahmed (Chief Executive of Skillhat Institute of Professional Excellence), Professor Dr. Nadeem Goraya (Head of obstetrics & Gynecologist), Ms.Humaira Khurram (Founder of Kurves & Fitness Club) and Ms.Iram Shahid (Chairperson Department of Social Work, LCWU) were present as speakers. The event was attended by the large number of students along with the faculty and representatives from civil society.



NUST conducts Eye camp in collaboration with Al-Shifa Eye Trust

NUST Community Service Club (NCSC) continued with its tradition by organizing yet another successful free Eye Camp this year. This camp served to instill a spirit of community service by promoting better vision and treating people's eye problems completely free of cost. This comprised not only free checkups, but also medicines, spectacles, and further prescriptions; all of this aimed to support better eye health in the community. The event was conducted on 14th March and 18th March 2019. The camp was wrapped up with a total of 717 patients for both days combined.



Free Medical Camps by Riphah University

Riphah Social Welfare Department is always aimed to provide the best health care service to nation's deprived from basic facilities as IIMC-T philosophy. In continuation to this, on the advised of worthy MT, RSWD organized numbers of free medical camps at various places. In year 2019, 36 free medicals camps were conducted with collaboration with PRH, RIH, Al-Shifa Eye Trust and PANAHA, in which more than 12700 patients were treated.



Shaheed Benazir Bhutto Women University raises health awareness

A seminar on "Mother and Child Health care" was held on 16th January 2019 in collaboration with JICA (Japan International cooperation Agency) and department of Art & Design SBBWUP It was organized to educate the youth about the health of mother and child in order to build healthy generation.



Shaheed Benazir Bhutto University, Upper Dir conducts a Thalassemia Awareness Campaign



Department of Pharmacy of Shaheed Benazir Bhutto University, Upper Dir (SBBU) celebrated World Thalassemia Day on Jul 8, 2019 in order to improve the Awareness about thalassemia & its management. The walk was headed by Dr. Shujaat Ahmad, Head Department of Pharmacy.

University of Jamshoro students launch research based startup for cardiovascular diseases

The deaths from Coronary Heart Diseases (CHD) in Pakistan have reached about 200,000 per year that is 410/100,000 of the population and in the world it is estimated about 17.9 million deaths during 2016. This number is increasing because of lack of awareness about risk level of Coronary Heart Diseases (Ref:(Cardiovascular Diseases – WHO World Health Organization). Reduction in this ratio, reduce social and economic burden of diseases and providing maximum awareness about the heart diseases to every common person the MPhil Scholars of Department of Physiology & MLT, University of SINDH Jamshoro, has initiated a research based startup named Positive Beat, which will guide every common person about the CARDIAC RISK. This is smartphone application and the same service with all components would also be available on phone call for far away community members.



This project also presented in 5th international DUHS-DICE Health Innovation Exhibition 2019 at EXPO Centre, Karachi and won special prize in the category of innovation and collected many appreciation from judges and other participants. The team who made it possible are; Team Lead: Ms. Farzana Gul Baloch, Mr. Muhammad Rehan Co-Founder, the mentor and supervisor Prof. Dr. Zulfiqar Ali Laghari supporting members Prof. Dr. Jamshed Warsi, Mr. Bhanwar Lal Kastoarani, Ms. Anila Gul and Ms. Nimra Baig.

Pet Health Camp by University of Veterinary and Animal Sciences (UVAS)

University of Veterinary and Animal Sciences (UVAS) Vet Crescent Society in collaboration with Petscare Animal Hospital under Callvet.pk organize Free Pets Health camp at COMSATS University Lahore on 26th March, 2019. The facility of Free treatment, Vaccination, General Check up, Micro-chipping scanning, restraining pets, History Taking, Consultancy and much more were provided to the pet owners free of cost. The volunteers from Vet Crescent Society (VCS) have actively participated in the camp and gain a full hand on exposure regarding pets practice. It was a milestone in guidance of Dr. Abdul Waheed Fatim, volunteers vaccinated 12 pets for free including husky and other beautiful breeds. They also learn the routes of drug administration, Client dealing, Pet handling, got hand on practice and learnt a great deal from professionals and learnt how to interact with owners and much more through this fruitful camp.



Health Awareness Month celebrated at Virtual University of Pakistan

Faculty of Biosciences offered a number of medical tests for Virtual University-faculty members free of cost at First Virtual University Official Health Camp at Davis Road Campus. Fourteen tests were offered to all VUP faculty members including complete blood count, blood sugar random, lipid profile, and urine complete examination. These tests usually cost a few thousand rupees but were done free of cost. A group of highly skilled and trained students from Biosciences were involved in the activity for phlebotomy procedures under the guidance and supervision of Mr. Farhan Nasir (Tutor, Department of Molecular Biology). Speaking at the inaugural session, Prof. Dr. Masroor Ellahi Babar gave examples of the developed countries where individuals get their tests done every year to get an idea about their general health. He laid stress on the need to realize the importance of health and how regular health checks and testing are imperative to prevention of diseases. He further elaborated on the plan to increase the number of tests offered. Mr. Naeem Tariq, Rector Virtual University of Pakistan, appreciated this step and applauded the efforts of all involved. He further added that the day should be arranged every year to set a trend of health check among employees of Virtual University of Pakistan.



Blood camp at DHA Suffa University (DSU)

As per the MOU, a blood drive is conducted annually within the premises of DHA Suffa University. The fifth annual blood drive was held on the 21st of February, 2019 at DSU in the basketball court. A team of students from DSU set up a small bake sale through which they raised 11 thousand and 20 rupees (1120) for the CSR department.







EDUCATION

EDUCATION

Summer Science Camp Exhibition 2019 by Sukkur IBA

Sukkur IBA University organized a Science Exhibition at IBA Public School Sukkur, for the students of Summer Science Camp, on June 29, 2019. Summer Science Camp is an annual activity organized by Sukkur IBA University for students from government schools and EMO schools (class IX & X), during which the students perform practical scientific experiments in science subjects including Biology, Chemistry, Physics, Mathematics & Computer Science. This year's summer camp was held at IBA Public School Sukkur and IBA Community College Khairpur. The students displayed their science projects in the Science Exhibition and were visited by Registrar Sukkur IBA University, Engr. Zahid Hussain Khand, who encouraged them to continue pursuing science and education.



Bahria University students volunteer at Khalida Iqbal Free Education System and Al-Fatima School

According to UNICEF, Pakistan lists as the 2nd country with the most out of school and uneducated children with first being Nigeria. The literacy education rate in Pakistan has been 60% for the past 3 years. With these numbers in mind, it is difficult to picture Pakistan self-sustaining itself in its future.

In D-12/4, a married couple has started a free education school for all those who cannot afford it. The children that they have targeted are mostly street kids, beggars and underprivileged people from Pakhtun society.

The students of Bahria University Islamabad have been volunteering at Khalida Iqbal Free Education School located in D-12 since 8th March, 2019. Volunteers from the departments of Psychology, Information Technology, Earth and Environmental Sciences and Electrical Engineering have been assisting these children in their studies and personality development with focus on teaching them moral values as well. They also have been working on the enhancement of their computer skills. In addition to this, the Psychology students also arranged a seminar on 'Anger Management' for these children.

The students constructed a shade out of bamboo adjacent to the school to teach the children in open air in hot weather conditions. The involvement of Bahria University with the school has increased manpower resources of the school which were scarce earlier and also changed the opinion of the people in the neighborhoods about sending their children to school.

Bahria University also organized a 6-week activity with the children of Al-Fatima School from February-April '19. Students from the Department of Psychology, Geology, Geophysics and Environmental Sciences participated in this initiative. Under the domain of Community Support Program and a guide, they were given transport to the location. The aim was to educate the children from grade 1-9 and reciprocate a helping hand to the institution's well-being.



Renovation of Govt. Aziza Girls Primary School, Punjab Society Lahore by Bahria University Lahore campus

Students of MS Project Management of Bahria University Lahore campus took an initiative for the renovation of the Govt. Aziza Primary School at Punjab Society Lahore. The complete project was organized by the students of MS Project Management on 22 Dec 19. Students encountered all the phases of the project from Initiation Implementation to monitoring & controlling and closing of the project. The project was well executed and also appreciated by the school management.



“Education must not simply teach work - it must teach Life.”

- W. E. B. Du Bois -

DHA Suffa University Community Academy

The DHA Suffa University Community Academy was initiated by a group of students of DSU in Fall 2017. The CSR department has continued the academy with utmost zeal and dedication since its inception. The children of Qayyumabad are provided with pick and drop service from DSU, taught basic Mathematics and English, shown informative videos at the end of every class, and are given snacks from the university on their way back. This academy is a regular activity organized by the CSR department. In Spring 2019, in order to make the academy more effective in helping students, the CSR department came up with the idea of including more fun learning activities for the students which would make them learn faster. For the purpose of introducing digitalized learning in the academy, the CSR department reached out to an NGO, SABAQ Foundation. The main objective of SABAQ is to create world class tutoring videos for all Pakistani students.

On the 19th of September 2019, a sports fest was organized by the CSR and Sports Department for 14 DSU Academy children (7-14 year olds) in DSU basketball court. Student volunteers of the DSU Community Academy organized this event under the supervision of Sports department. The tournaments included a dart game and a cricket game.

A prize distribution ceremony was held at the end of the event, in which trophies were given to the winners and certificates were distributed to all the participants of the games. The event was thoroughly enjoyed by all participants.



Visit by Allama Iqbal Public School Taxila students at HITEC University Taxila

Under the community service program, students of a low income school namely, Allama Iqbal Public School Taxila were called for a sports event in HITEC University campus. Students explored the opportunity to play different games and win prizes as well. These students were provided with this opportunity to explore the University and inspire them to get further education and enter areas of professional.



Computer Literacy Program at Bahria University

Computer literacy program is an initiative taken by Bahria University Islamabad campus in collaboration with Khalida Iqbal Free Education Trust to provide a foundational knowledge of Microsoft Office and Browsing to children from the age 8 to 12. Computer literacy program was commenced from 30th July 2019 to 29th August 2019 for 4 days every week at Bahria University Islamabad. Students from BS (IT), BS-Geology, BS (CS) and BBA depicted passion and enthusiasm in coaching the children to have a hold on computer. The main aim of this initiative is to give an equal chance for the impoverished children to cope up with a fast moving world, for them to have self-confidence and not consider them any less than anyone.

In the first week of computer literacy program basic Information of Software and hardware; keyboard, mouse etc, was given to the children. The main Software targeted for the first week was Microsoft Paint. All the basic commands were taught to the kids like making shapes, coloring them, adding texts etc.

Second week of the Computer Literacy Program focused on Microsoft Word. The main Objective was to teach the children about the fundamentals of word including making a document, adding pictures, how to change font, how to change the color of the font etc.

Microsoft PowerPoint was put under the spotlight for the third week of Computer Literacy program. The significance of PowerPoint was delivered and how to make slides to present their ideas were taught to the children. Computer literacy program's last week was wrapped up by teaching Microsoft Excel. As it contains a very diverse functions so the main focus was kept on basic commands like making tables etc.



Indus Valley School of Art and Architecture organized school visit of students from Bagh-e-Ilm

Assistant Professor Amir Mirza, a faculty member from the Communication Design Department, Indus Valley School of Art and Architecture organized a school visit with the students from the Bagh-e-Ilm literacy programme which is run by Syed Ali Murtaza Abbas. Bagh-e-Ilm is a literacy programme that functions in order to cater to the educational needs of students from low income households. It is a non-political effort by the youth of Pakistan in order to bring about a positive change through education. The school visit was facilitated during the School's annual thesis degree show and its purpose was to spread awareness about art education and expose the students to new opportunities in the art world. It was a social initiative to create awareness about art education amongst students from different socio-economic backgrounds.



Kinnaird College for Women initiates a project to enhance soft skills

A project conducted by Active Citizens of Applied Linguistics department of Kinnaird College for Women at City District Govt. Girls High School, Shadman Colony, Lahore. The aim of the project was to enhance the presentation skills and collaborative learning skills of the students along with the spoken English skill development among them. A group of 9 Active citizens were divided into 3 groups with a total of three members in each group. Every group was given one area of the project out of three (development of presentation skills, development of collaborative learning skills, development of spoken English skills) to work upon. Each genre of the project had its own strategies and materials (aids) which were utilized for developing the particular skill in the target population (students of grade 5, 7 & 8). As a result, the students had well developed spoken English skills, collaborative learning skills and they were confident enough to present their works or give presentations. This project will guide the school in their future strategy formulations for guiding the students' educational procedures and will help them to produce productive and confident personnel for the society. It was immensely important to ensure and guarantee long term benefits. For this purpose, students incorporated teachers training in the classroom sessions. Teachers were trained so that they could continue with the task of training students further and other batches of students to come.



Computer Literacy Program at Bahria University

Community Support Program, Bahria University Karachi campus organized activity at Idara Al Khair on 05 & 06 August, 2019. The main objective of this activity was to give awareness to the students and learn about the different issues faced by the school administration in running the school in a slum as well as the issues faced by the people living in those areas as why they are unable to provide education to their children.

The students were assigned different tasks and performed different academic, intellectual, social and awareness activities and tasks with the students of the school along with a bit of entertainment during the entire event across the days. The volunteers distributed stationary among the children as well.



Brilliant students of Teach for Pakistan attend NUST Summer School on Artificial Intelligence

NUST Community Service Club (NCSC) invited brilliant students of NGO, Teach for Pakistan, to attend NUST Summer School on Artificial Intelligence.

NUST organized Summer School on Artificial Intelligence from 17 June-9 August 2019. Various age groups were part of this camp. For age group 10-14 years, the camp was held in School of Mechanical and Manufacturing Engineering (SMME). For age group 15 -19 years, the camp was held in School of Electrical Engineering & Computer Science (SEECs). Teach for Pakistan leverages promising young talent to create a multiplier effect on education system. The NGO recruits and train top graduates and young professional from all fields for a two-year fellowship to teach in low income schools that lack quality teachers. Around 7 graduates from NUST and 2 alumni of NUST Community Services Club (NCSC) are part of this fellowship program.

A total of 12 students nominated by Teach for Pakistan attended the summer school at a discounted course fee of Rs. 500. The students gave great feedback of the summer camp. They learnt new concepts like Machine learning, Expert systems, Speech Processing, Robotics etc.



Teach for Khairpur Initiative - Basic ICT Skills by Sukkur IBA University

After successfully completing 5 Batches of Basic ICT Skills for the students of Khairpur, Sukkur IBA Executive Development Center - EDC has successfully started the 6th batch of 12-Day Training Program on Basic ICT Skills for the 80 enthusiastic Students of Govt High School Shah Mardan Shah, Pir Jo Goth & Govt Boys High School Pir Jo Goth under the umbrella of "Teach for Khairpur Initiative" sponsored by Syed Qaim Ali Shah



Child Education Program by University of Veterinary & Animal Sciences

University of Veterinary & Animal Sciences' (UVAS) Vet Crescent Society with KMScian Child Education Society, KMSMC Sialkot raise a voice for the Child Education by reducing child labour. On 8th April, 2019 Team from KCES has visited UVAS with Team VCS and deliver the presentations to the students of different degrees of UVAS about their agenda. Students of UVAS have shown enthusiastic spirit for the cause and contribute their role as much as possible.

The students gave presentations to at least 7-8 classes and forms were distributed for the beginning of this initiative. Students who were willing filled the forms and submitted it to us.

Team KCES and VCS then made some heads from each of the departments (finance, media and public relations) and handed the society of Child Education Program over to the students of UVAS as "KSEC Chapter UVAS" who filled the form.



Delegation from Sukkur IBA University Visits Village to Open a Girls' School

A delegation, headed by Vice Chancellor Sukkur IBA University, Prof. Nisar Ahmed Siddiqui, visited Village Fakeer Muhammad Katpar (Near Piryaloi) on April 06, 2019. The delegation met with the Community Leaders to discuss the possibility of opening a girls school to promote girls' education. The Mobile Science and Technology Lab Team, along with the Students of B.Ed VI, also conducted an event for promotion of science education and awareness in the local community of the village. The team engaged around 200 male and female students of different age group in different Science activities.





**ENVIRONMENT
PROTECTION &
SUSTAINABILITY**

**ENVIRONMENT
PROTECTION &
SUSTAINABILITY**

Going Back to the Local Trees by Bahria University

Community Service Program, Bahria University conducted a plantation activity on 18 April 2019. The purpose of the event was to create awareness for the importance of plants and trees in our day-to-day lives.

The main motive of the activity was achieved by planting trees across the University. Furthermore, the university foyer was heavily embellished with green and floral decorations in order to celebrate the generous activity.

Different activities such as entertaining and vigorous games stalls and an awe-inspiring photo booth stall. Moreover, there was a soft board which had a tree designed on it. It provided an open forum to write opinions, ideas, tips and tricks related to the activity. Aside from this, Projector on the other side of the foyer displayed informational videos that were solely related to the causes and effects of deforestation. Different groups made detailed and beautiful 3D models which represented each aspect of the benefits, causes, and consequences of cutting trees.

Another plantation activity was conducted by Islamabad campus at its droplane on 20th September 2019. BSE-5 students depicted a major role in planting 25 Saplings, Sukhchain, Amaltas and Kachnar were selected for plantation. Every Student involved portrayed a sense of responsibility for the environment and put forward a very dedicated and passionate front for the plantation. The main aim for conducting this event is to give back to the society and to create awareness among youth and people on the importance of a green and clean environment. Our efforts were to emphasize on the fact that a single deed could contribute way more to the well being of this world than we could imagine, 25 trees sound a bit insignificant when compared to the climate change but this a step forward in achieving a clean and green environment.



Foundation University celebrate Earth Week

Foundation University Rawalpindi Campus (FURC) celebrated “Earth Week 2019” from 9th to 12th December 2019. The event was organized by FURC Environment Club. The activities were spread over complete week. It raised awareness about climate change and environmental issues.

As a part of the campaign for better health, the FURC Environment Club has celebrated a no smoking day. The aim was to bring awareness to the dangers of this addiction and encourage smokers to quit smoking at least for “24 hours”. FURC Environment Club had also prepared 200 seed packets of various vegetable for distribution among Faculty Members, Staff and Students under the “Seed Stash Day” for winter season, aimed at promoting a culture of growing vegetables at houses.



GKI celebrates “a greener earth”

GKI School, established within the premises of GKI Institute, caters to quality education for the children of GKI’s employees and administration. Every year, Da Vinci Day is organized by Project Topi to provide a perfect balance of academics, fun activities and awareness amongst the young ones on their responsibilities. A theme of ‘A Greener Earth’ or ‘A Better World’ is usually implemented to educate students on the importance of trees and the harms of global warming. Tree plantation is also conducted by every class and a hundreds of plants are sowed in the school lawn. By the second half of the day, the younger kids are given chocolates while the position holders of every grade are given certificates and prizes (bags, footballs, bats, color pencils, white boards etc) as a reward for their excellent academic performance. The enthusiasm and excitement on every child’s face has always ensured us of the impeccable execution of the event.



Tree plantation campaign by Riphah University

A tree plantation campaign was organized by Riphah Social Welfare Department (RSWD) at Islamic International Medical College Al Mizan campus on 30th of September 2019, as per need of the country which is suffering by water scarcity.

In this campaign, Principal IIMC Gen. (R) Dr. Azhar Rasheed, Vice Principal Brig. (R) Dr Maqsood Ul Hassan, Gen. (R) Dr. Masood Ur Rehman Kyani, and other staff actively participated and large number of saplings were planted. During the planting campaign, Principal Gen. (R) Dr. Azhar Rasheed expressed his thoughts by saying that there is dire need of plantation in Pakistan and best Sadka Jariya. He further said that this is the great achievement of RSWD, and all should fully participate in this campaign. Along with these officials, Rawalpindi Traffic Police also participated in this campaign.

Bahria University tackles plastic pollution in Pakistan

Plastic pollution is one of the devastating reasons of climate change affecting not only marine life, Wildlife habitat but Humans too. Around 380 million tons of plastic is produced worldwide each year. Plastics are durable, but it doesn't render down and get degraded by natural processes because of its chemical composition which in long term proves to be catastrophic for the environment.

An estimated 55 billion plastic, let alone in Pakistan is manufactured which is accelerating pollution and affecting land, waterways and oceans. The plastic pollution is the matter that has been given miniscule spotlight compared to the vandalism it has been causing for years.

WWF in collaboration with Bahria University conducted a workshop on 20th September 2019 in HL-8 at BU on tackling plastic pollution in Pakistan. Ms Nazeefa Butt Carried out the workshop and illuminated on the fact that plastic pollution can be toned down by using alternatives instead of plastics. She also highlighted Islamabad's efforts in managing to cut down on pervasive plastic pollution by imposing a ban on Plastic bags and promoting alternatives instead of the plastic.

The main purpose of this workshop was to spread awareness of the harmful side effects of plastic and to impose on the facts that there is always an alternative for the issue. By using auxiliary options not only reduce plastic pollution, but in long term can contribute positively to a clean and green environment.



Recycle, Reduce and Re-Use project by Kinnaird College for Women

The project is about spreading awareness and encouraging people to use canvas bags rather than plastic bags. A group of Active Citizens from BBA department of Kinnaird College invested their own money for buying material needed for the canvas bags. Women who wanted to work and earn a living for themselves but hesitate to go out for a job were approached. It was made sure that they had a basic knowledge about stitching and owned a sewing machine. The instructions about the specifications of the bags were given to them. The team agreed upon certain amount to pay those women and initially 600 bags were made. After the bags got stitched, they were distributed to people. The bags were kept in 'Best Buy Superstore'. They were also sold around the college and even outside the college to the public in different markets. The team has a plan of re-investing the profit and continuing this business in a longer run.



Sukkur IBA conducts awareness session about “Plastic Pollution”

Green Office Initiative, in collaboration with Go Green Society Sukkur IBA University, organized an awareness session about “Plastic Pollution” on September 17, 2019. The session was started by the recitation of Holy Qur’an. Ms. Tabassum, AM Safety and Environmental Sustainability, then took to the stage to give a presentation about the affect plastic pollution has on he environment and the extent of the problems caused by such. In his concluding remarks, Dr. Niaz Ahmed Bhutto, HoD Business Administration, conveyed the importance of practicing environment friendly behavior. The audience also took an oath to reduce their plastic usage to bare minimum and reduce waste. The ceremony was concluded with the distribution of cloth bags among the audience. Sukkur IBA University has totally banned the use of plastic bags on-campus and encourages everyone to take the practice home as well



NUST conducts clean up drive

On the 20th and 21st of March 2019, NUST Community Services Club (NCSC) volunteers visited two central locations in Islamabad, collecting litter and raising public awareness for responsibility towards the environment. This event was held in collaboration with World Wildlife Fund (WWF). The team headed to Rawal Lake, and a separate team reached G-9 Markaz, where they split their party into three teams. Using the gear provided by WWF, the teams began a competition to see which one could collect the most trash. The locals and families had a heart-warming response. The parents encouraged their children to join the drive, while others helped the team themselves. Many of the tourists and shoppers greeted them, and smiled, asking where they were from, and giving praise and encouragement.

Later in the afternoon, when the teams gathered again, they ran into two Tang representatives, who were happy to dispense to them lots of very refreshing, cold Tang. After heaping all of the trash, into a far larger pile than expected, cleaning up themselves, and having had some Tang, the teams assembled for a march. They raised slogans, (“Kachra uthao, dharte bachao!!”) and lifted banners, and many of the shopkeepers, shoppers, and tourists turned their heads to watch. Some even joined in the march. A reporter also offered coverage of the march and interviewed the event heads.



Clean Green Drive at Khanpur Dam by HITEC University

HITEC University's Adventure & Social Welfare Society conducted two Clean Green Drive 2019 on 13th February 2019, & November 20, 2019 at Khanpur Dam. The purpose of this drive is to build civic sense amongst our students to care for the environment. These tourist resorts are regularly visited by thousands of local and foreign tourists, every day. Students and faculty members actively participated in this drive.



GKI conduct clean & green week PAKISTAN

As a first step of Clean & Green Week campaign, GKI arranged drawing/painting & Debate competition among schools in TOPI. The theme of drawing/painting competition was Safe and Blue Oceans and the topic of Debate competition was Mera Khawab: Saaf Pakistan/My Dream: Clean Pakistan. The competition was held in GIK Institute. The purpose of the activity was to raise awareness among our young generation about environmental issues.

Two of the activities were part of Earth Day: Green Ribbon Day and Day of Pledges. The activity consisted of going all green throughout the day. Furthermore, students and faculty members pledged to show their determination in the preservation of the environment.

Under the logo: 'We are One for a Greener Future', students and faculty of GIK Institute collectively formed a plant symbol to highlight the importance of a clean and green environment.

On 28th Feb 2019, a clean & green walk was held. The objective of this activity was to instill the habit of cleanliness in every resident of GIK Institute. Faculty members, staff and students pledged to keep the environment clean and green.

Clean & Green week could not be completed without a Plantation drive. So, two of the drives were conducted simultaneously on 29th Feb 2019. First, inside the Institute and second in Tehsil Office, Topi along with local bodies for awareness at mass level in Topi. GIK Institute does not only providing quality education to their students but also take part in the activities to raise awareness in the local community. The local community took part actively and appreciated the role of GIK Institute for spreading such positive vibes among them.



Cleaning campaign by Bahria Univeristy Lahore campus students

On 12 Dec 19, students of Bahria University Lahore Campus took an initiative to clean the slums surrounding the University campus. Students cleaned front and rear parking area of the campus. All trash were collected in the bags and later disposed at trashcans. Keeping in view the current environmental condition students enthusiastically took part in this activity and showed their interest to be the part of such campaigns. Organizing such activities impart values on environmental cleanliness and it's preservation in the mindset of students and the community as a whole.



Clean & Green Campus by Shaheed Benazir Bhutto Women University, Upper Dir

As per Clean & Green Pakistan Movement a campus clean-up by staff and students to maintain the natural environment of the campus clean. The activity creates awareness among the students for mobilizing their support for cleaning the campus. The Faculty, Administration and Students participated in the event.



Anti-Littering Drive at Trail 5 by Bahria University

An Anti-littering drive was arranged and carried out by the CSP department at Trail 5 on 16th March, 2019. A total of 20 students were involved in the cleaning drive. All of these students were guided to clean the surroundings by picking up the trash that people carelessly dispose of as they exit the trail.

The students were provided with gloves and plastic bags to collect litter on the trail. All of them were motivated and positive attitudes were shown on account of the students. The students were addressed with words of encouragement to keep the complimentary gesture going.



Bahria University launches Green Campus drive

Green campus drive was an event conducted by CSP club to give back to society. The initiative of this drive was to indulge in the activities along with the Junior staff for the betterment of the society. The event comprised of four sessions which were dated on 6th, 7th, 8th and 21st of May. LLB-4 (Fall-17) students were involved in performing the green campus drive. First session of this drive was conducted before the month of Ramadan and the remaining three took place during Ramadan regardless of the mind-numbing heat. For the commencement of the green campus drive, few areas were targeted including Drop lane and Green Parking. The students picked up the litter from the designated areas and dropped in more ideas to improve the activities. Director Admin briefed the students on how the workers manage cleanliness of the campus. The event wasn't just bound to necessitate the tasks, but it highlighted the passion and determination each student portrayed in order to make the environment better for the rest. The students performed at their level best and did more than what they were asked to, even with the excruciating circumstances. This event seems to be insignificant when it is put to comparison with environmental issues, but it is a step forward towards a green and safe environment.



HITEC Plantation Drive

The primary objective of the drive is to contribute towards the plantation drive of the country. On February 20, 2019 students, faculty and staff participated in the activity within the Campus and planted a total of 200 plants were planted during this drive.



Tree plantation campaign by Shaheed Benazir Bhutto Women University, Peshawar

A tree plantation campaign was conducted by Shaheed Benazir Bhutto Women University, Peshawar on 18 February 2019. Vice Chancellor Prof. Dr. Razia Sultana along with guest speaker, faculty and students planted 500 plants provided by WWF.



Clean and Green Pakistan by Quaid-i-Azam University students

Being situated at the foothills of Margalla Quaid-i-Azam University (QAU) host rich flora and fauna and hence its students plant number of important species in the Campus every year. Abdullah Ph.D. scholar of plant ecology and conservation Lab is also among such students. He is enrolled in the Department of Plant Sciences under the Supervision of Dr. Shujaul Mulk Khan. He has been working very comprehensively on seed dormancy and germination issues of *Nannorrhops ritchieana* (Mazri Palm) and *Livistona chinensis* for the last three years. He has sown more than two thousand Palm seeds so far during his experiment at botanical garden of QAU. He has successfully developed five hundred plant pots. He devised some novel protocols and strategies to overcome the problem of dormancy in these Palms.

Mr. Abdullah his fellow's students and Supervisor are also working on plants as well. They have donated Palm plants to Pakistan Museum of Natural History (PMNH), PMAS Arid Agriculture University Rawalpindi and NARC. Mr. Abdullah and his Supervisor contributed to various National and International forums by presenting posters, lectures and participation. This group celebrate 5th December every year as World Soil Day and arrange cleanliness of the campus, plantation and many other activities. He has given plants to Plantarian association for the beautification of the Bio-lawn as well. He is willing to distribute these plants in different botanical gardens and Herbaria's of the Country for conservation. This work of Mr. Abdullah, his lab fellows and the young generation can make Pakistan clean and green completely free of pollution.



Plantation Campaign by Virtual University



Dr. Masroor Ellahi Babar and his team who had the vision and wisdom to foresee the needs of research in the decade to come and plan the direction of their future.

He said, the Research and Development sector within industries and academia in Pakistan is very weak. Strengthening of this sector can contribute to development of skilled labor, better products and a contribution in the economy. Within life sciences, techniques have been advanced to the stage where genes are the key factors in treatment of diseases, specialized medicine, and healthcare. Therefore, it is the need of the hour to channelize our resources towards research in this segment.

Later, Dr. Khalid Maqbool Siddiqui inaugurated the "Memorial Garden for APS Shuhdas" in the light of Prime Minister Clean Green Pakistan initiative. A total of 250 saplings were planted including 147 saplings planted for each APS Shaheed. The daughter of the Principal of APS was the guest of honor and she planted a sapling for her mother name who embraced shahadat on APS incident.

At the end, souvenir was awarded to the Chief Guest, Dr. Khalid Maqbool Siddiqui by the Rector Mr. Naeem Tariq and Dr. Masroor Ellahi Babar.

Federal Minister for Information Technology (IT) & Telecom Dr. Khalid Maqbool Siddique laid the foundation stone of Pakistan's first ever Centre for Genomics and Proteomics at Virtual University of Pakistan, Kala Shah Kaku, Campus on January 9, 2020.

He was received by the Rector, Virtual University, Mr. Naeem Tariq along with Mr. Ehsen Zafar Puri, Director ICT, VU, Dean Faculty of Science and Technology Prof. Dr. Masroor Ellahi Babar, Registrar Virtual University, Dr. Mohsin Javaid, Director Administration VU, Mr. Ahmer Sayeed Qazi, General Manager VUTV, Mr. Babar Ali, Director Campuses, VU, Mr. Farhan Sadiq and Project Director DigiSkills Mr. Zafar Alvi.

The Federal Minister in his speech said that this ceremony is far more than just the literal foundation stone ceremony, In fact it is equivalent to laying the foundation of research on a national scale from the platform of Virtual University of Pakistan. This is investment for future that is otherwise difficult to predict, and the manifestation of the efforts of Professor

Plantation drive by NUST

In celebration of NUST Community Services Club (NCSC) theme of the month, "March for Earth", a plantation drive was held by NUST on March 28th, 2019. Students started gathering at the base of the hiking trail at around 3 PM, from where they trekked to the plantation site in groups. At the plantation site, they were handed watering cans and shovels, and dived right into the tiring work. Once done, the students marked their planted saplings with flags bearing their names.

At the end of the almost 2 hour long hike, an astounding 1035 saplings were planted as the result of the backbreaking efforts of all those who participated.

Another plantation drive was held on October 24, 2019 in NUST, where children from three orphanages were invited to plant trees. A small informal session also took place between the kids and the volunteers from NCSC in which the kids were told how the trees were essential for life. The kids planted the trees and watered them. A group photo was taken to keep memories safe. The kids and volunteers enjoyed paratha rolls together and then the kids were seen off by the volunteers.



University of Veterinary and Animal Sciences (UVAS) conduct seminar on Water Crisis in Pakistan

International Veterinary Students Association (IVSA), Pakistan organized a high level seminar in collaboration with Pakistan Centre for Law and Society (the "Centre") at University of Veterinary and Animal Sciences (UVAS) on Water Crisis in Pakistan. The event commenced with National Anthem of Pakistan followed by recitation of the Holy Quran. Barrister Nudra Abdul-Majeed, founder of the Centre started the evening with introductory remarks followed by the brief overview of the Center, Introduction of Speakers, format of panel discussion and outline of issues.

The Panel Discussion was carried out in two parts:

..... Part One: Pakistan's Surface Water Issues including Indus Water Treaty 1960, relations / disputes with India, China and Afghanistan with whom Pakistan shares the Indus River Basin.

75 Part Two: Pakistan's Ground Water Issues and aspects related to management, inter-provincial allocation, disputes between Punjab and Sindh and their history, utilization / waste of water for livestock etc.



Sukkur IBA University Celebrated Earth Hour and Earth day 2019

Federal Minister for Information Technology (IT) & Telecom Dr. Khalid Maqbool Siddique laid the foundation stone of Pakistan's first ever Centre for Genomics and Proteomics at Virtual University of Pakistan, Kala Shah Kaku, Campus on January 9, 2020.

He was received by the Rector, Virtual University, Mr. Naeem Tariq along with Mr. Ehsen Zafar Puri, Director ICT, VU, Dean Faculty of Science and Technology Prof. Dr. Masroor Ellahi Babar, Registrar Virtual University, Dr. Mohsin Javaid, Director Administration VU, Mr. Ahmer Sayeed Qazi, General Manager VUTV, Mr. Babar Ali, Director Campuses, VU, Mr. Farhan Sadiq and Project Director DigiSkills Mr. Zafar Alvi.

The Federal Minister in his speech said that this ceremony is far more than just the literal foundation stone ceremony, In fact it is equivalent to laying the foundation of research on a national scale from the platform of Virtual University of Pakistan. This is investment for future that is otherwise difficult to predict, and the manifestation of the efforts of Professor Dr. Masroor Ellahi Babar and his team who had the vision and wisdom to foresee the needs of research in the decade to come and plan the direction of their future.

He said, the Research and Development sector within industries and academia in Pakistan is very weak. Strengthening of this sector can contribute to development of skilled labor, better products and a contribution in the economy. Within life sciences, techniques have been advanced to the stage where genes are the key factors in treatment of diseases, specialized medicine, and healthcare. Therefore, it is the need of the hour to channelize our resources towards research in this segment.

Later, Dr. Khalid Maqbool Siddiqui inaugurated the "Memorial Garden for APS Shuhdas" in the light of Prime Minister Clean Green Pakistan initiative. A total of 250 saplings were planted including 147 saplings planted for each APS Shaheed. The daughter of the Principal of APS was the guest of honor and she planted a sapling for her mother name who embraced shahadat on APS incident.

At the end, souvenir was awarded to the Chief Guest, Dr. Khalid Maqbool Siddiqui by the Rector Mr. Naeem Tariq and Dr. Masroor Ellahi Babar.



Saaf Pani Zindagi Hai by Kinnaird College for Women

About 20% of population in Pakistan has access to clean drinking water; remaining 80% are forced to use unsafe drinking water. The contamination is mainly due to sewerage discharge in water system supplies and disposal of toxic chemicals from industrial effluents. Anthropogenic activities cause waterborne diseases that constitute about 80% of all diseases and are responsible for 33% of deaths. The Active Citizens of Biotechnology department of Kinnaird College initiated this project in order to create awareness amongst public regarding the need of provision of safe drinking water in government schools. The main reasons to lack of provision of safe drinking water are the improper utilization of funds. The students targeted 9 government schools (2 schools in Sheikhpura and 7 in Lahore), their water contamination report was analyzed and high level of contamination was assessed. 1.5 lacs were collected to through various means of donations and 14 water filters were installed and donation boxes were provided to the institutions and handing over the responsibility to the institute for maintaining and changing these filters. A successful campaign was arranged to raise awareness among huge individuals through social media and walk. These water filters will be benefiting almost 4200 people (school students and staff of all schools) on daily basis.



Water for Life by University of Health Sciences

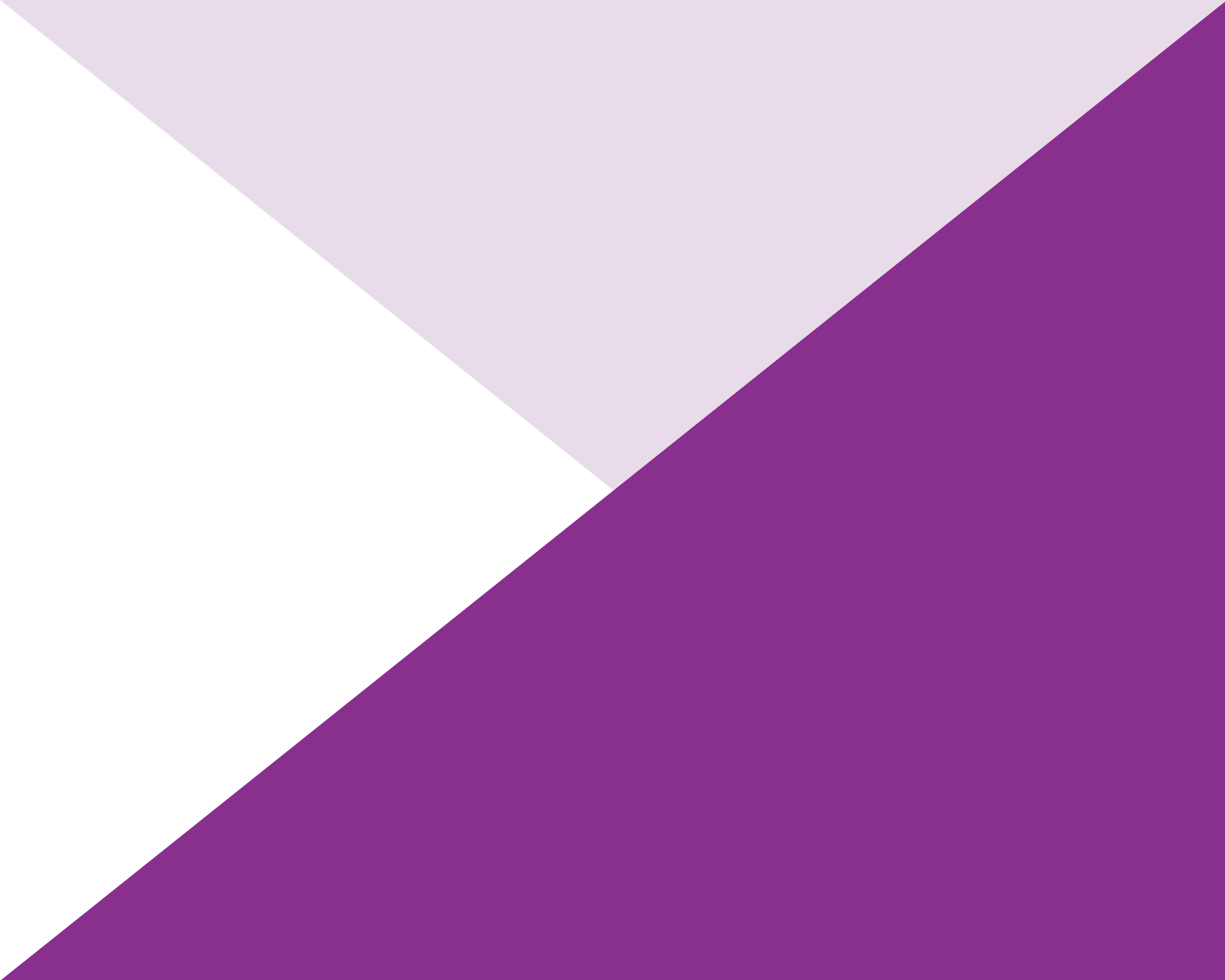
Pakistan is a water-stressed country and is nearing the threshold of water scarcity. Access to safe drinking water in rural and urban areas is declining and the provision of potable water is a key issue that people face. In this perspective, Department of Health, University of Health Sciences organized various campaigns and awareness sessions with the main agenda of "Clean Water for All". A panel of experts was established that included; Dr. Akram Kahlowan (Uhs), Mr. Zabardast Khan Bangesh (CEO, Vision & Action), Dr. Shahbaz Khan (Director UNESCO Office Jakarta Regional Science Bureau for Asia and the Pacific, Jakarta, Indonesia Representative to Brunei Darussalam, Indonesia, Malaysia, the Philippines, and Timor Leste), Mr. Khizar Hayat Khan (Ministry of Climate Change), Dr. Qamar-Uz-Zaman Chaudhry (Pakistani Climate Scientist/Lead Author of Pakistan's First National Climate Change Policy), Dr. Ghulam Rasul (Director General, Pakistan Meteorological Department), Mr. Zamir Ahmad Soomro, Regional Director Lahore PCRW Policy dialogue meetings were held, and several sustainable solutions were presented. The initiative was to identify the problems and for the panel experts to recommend and advocate a way forward for future societal progress. On 4th February 2019, Department of Public Health at University of Health Sciences, Lahore arranged a one-day Seminar and a Poster Competition on "Water for Life". Honorable Chief Justice of Pakistan, Justice Mian Saqib Nisar graciously consented to be the Chief Guest of the ceremony.



Evening with Flowers by Sukkur IBA

Go Green Society of Sukkur IBA Students Council (SISC) in collaboration with Municipal Corporation and District Administration Sukkur arranged a Flower Exhibition on February 24, 2019 for the citizens. The chief guest, MNA Syed Khurshheed Ahmed Shah, along with Mayor Sukkur, Mr. Arsalan Shaikh, MNA Nauman Islam Shaikh, and Vice Chancellor Sukkur IBA University, Prof. Nisar Ahmed Siddiqui, along with other prominent dignitaries inaugurated the event. The display of flowers was equally admired by every attendee. The chief guest, while admiring the flowers, emphasized the importance of greenery saying flowers are not only calming to the eye but also help fight global warming. Vice Chancellor said that this flower exhibition is a regular event at Sukkur IBA University. Registrar appreciated the gardeners and said that it is due to these gardeners that Sukkur IBA University has been awarded with "Green Campus" certificate by the WWF, while Mayor Sukkur chimed in saying flowers and greenery bring about positive changes in human behavior and therefore we should plant more trees to make our environment worth living. The gardeners were later awarded certificates & cash prizes by the chief guest. The award ceremony was followed by dinner and musical event in which renowned artist Shazia Manzoor entertained the audience. Students performed culturally-representative dances as well.







**COMMUNITY
EMPOWERMENT
& OUTREACH**

**COMMUNITY
EMPOWERMENT
& OUTREACH**

Kinnaird College for Women provides water supply to Slum Areas

Water is the most important component of life and a foundation on which a person's health depends, it needs to be clean, filtered and in an ideal situation, mineralized. To play a part as Active Citizens students of Applied Linguistics of Kinnaird College identifies a school in a village named Dev Kalan, near DHA Phase VIII. Govt. Girls Elementary School was chosen as a target where they aimed to install a water cooler with a filter that is changed every six months. The water cooler is placed in a way that not only the students and staff of the school, but the residents of the village have access to it as well. Intensive market surveys were done to find a water cooler and its filters to have an idea of the investment needed. Once that was done, funds were collected by visiting various locations like different universities, hospitals, medical schools, parks etc. The exact locations for fund collection purpose includes, Services hospital, SIMS, University of Lahore, University of Management Sciences, Jilani park (flower festival). In total 69000 Rs were collected out of which 35000 were spent on cooler and filter, 13000 were spent on the fitting and transportation whereas the remaining amount of 48000 Rs was used to buy school furniture, white boards, school supplies and uniforms for the needy students. Visits to the school were made and awareness workshops were held. Students were informed about the health risks and consequences of ingesting unfiltered water and particular focus was paid towards the conservation of water.



NUST Community Service Club (NCSC) build libraries in two orphanages

NUST Community Service Club (NCSC) decided to build libraries in Apna Orphanage and Aghosh orphanage to develop a culture of reading amongst the children. The work started in March and stretched over the course of the fall semester, 2019, ending in the last week of the semester. Considering the fondness of children at Apna for reading, NCSC set up a library for them to help foster learning amongst them.

Donations were collected via a social media campaign and through networking. Generous donors contributed to the cause resulting in the collection of Rs 100,000. The volunteers decided to add a computer room in Apna orphanage as well.

First the volunteers started off with building a library in Aghosh orphanage as it required more work. The students added chairs and tables, along with cupboards for the books. A book donation campaign was also simultaneously launched for the library. NCSC Faculty Advisor, Dr. Safdar inaugurated the library. The children of Aghosh and the administration were really happy with the work done by the volunteers. NCSC volunteers continued their reading sessions in the newly inaugurated library to develop a sense of using the library amongst the children and to be used for tuition and Quran classes.

After roughly surveying a spare room in Apna orphanage, a plan was drawn out. The shelves and tables were designed by NCSC and were given to a carpenter for construction. The construction of shelves and tables took place over the summers. As the room moved towards completion, a corner was dedicated to reading and a few cushions and a carpet were added to the corner. When all the painting was done, gadgets were bought for the library to decorate. These included wall stickers, a wall world map, and a wall clock. Additionally, stationery was bought that included pencils, colors, paints, erasers, sharpeners, and a few toys such as flash cards and abacus. Two computers were also added for the multipurpose room.



Arts as A Way of Survival project by Kinnaird College for Women

The social action project by Active Citizens of Fine Arts department of Kinnaird College, 'Art as a way of survival' helps the local people of Lahore living in slum areas through art and crafts techniques. Students taught them art and craft techniques which will help them in earning their basic needs. The techniques included fiber dyeing, block printing, embroidery, stenciling, embellishments, jewellery making, quilling, tie and dye, stitching etc. Moreover, motivational and awareness sessions were given in order to increase their self-esteem and confidence. They taught them how they can use such simple items and earn from them. The skills that were taught, will help them stand on their feet financially. They will have great experience learning skills which will help them in future projects. The skills they have learned would help them in creating crafts and prints that are liked and bought by the society. With these set of skills their entrepreneurship training has start which would definitely assist them in future projects.



Indus Valley School adopt the Nusserwanjee park

The Nusserwanjee Park was adopted under an MOU by the Indus Valley School of Art and Architecture in 2010 as school's community service project under the 'adopt a park' scheme of the city government. The MOU gives IVS only the rights to manage and take responsibility of the park. The park has been named after the famous 100-year-old Nusserwanjee building is adjacent to the park and which was moved brick by brick from Kharadar and now is an integral part of the IVS campus.

Earlier, the park site was abandoned and used as a garbage dump. Ardeshair Cowasjee and several other philanthropists helped the School in obtaining the park that it now manages.

The School has developed this Park with a financial outlay of Rs. 7 million with cash and in-kind donations received from several responsible citizens and from companies with a strong CSR image. The donations from generous donors came in the form of trees, plants, cement, blocks, concrete and cash as Nusserwanjee Park moved slowly and steadily towards completion.

The park is spread over an area of 4,085 square yards, has a walkway, a court, an exhibition space and a non-ball play area located between IVS Campus and Qamar-ul-Islam Madarsa. The facility is managed and taken care of by IVS and shared with the community, madrassah students and the residents of the area. Students of both educational facilities have been using the park as a recreational spot. IVS has also adopted two other parks in the area, Lignum and Sculpture park.



Gilgit-Baltistan Winter Programme by Indus Valley School of Art and Architecture

A pioneering Winter Arts programme for young people from Gilgit-Baltistan saw teachers from Indus Valley School (IVS) travelling to the region for a series of workshops that introduced key techniques and skills to budding artists. In collaboration with The Aga Khan Youth and Sports Board for Pakistan (AKYSBP), winter art camps were organized in Gilgit, Ishkoman Puniyal and Hunza regions of Gilgit-Baltistan. This camp aimed to introduce the youth to the basic skills of drawing, rendering and painting techniques in an attempt to promote future career prospects in fine art. The workshop was attended by a total of 345 students, of which 63% were girls, and was facilitated by six faculty members from IVS, who concluded the programme with certificate distribution.

The facilitators encouraged students to let the raw beauty of their natural habitat, as well as their cultural heritage, inspire their artwork while making efficient use of resources and recycling wherever possible. Sana Naqvi, one of the facilitators from IVS saw “a lot of potential in carrying out an art programme in Gilgit-Baltistan. Participants felt motivated and touched by the dedication of instructors and staff; one passionately mentioned how they “worked together with the teachers as one family.”



Riphah University conducted Training of Rescue 1122

With the vision that safe communities where all citizens are provided the right to timely emergency response and care without discrimination, Riphah social welfare department collaboration with rescue 1122 conducted various training on basic life skill (BLS) and fire safety. Numbers of trainings were organized by RSWD in different campuses of Riphah University. BLS in general stands for Basic Life Support. It denotes a level of care that patients will receive in an emergency situation in a wide variety of settings including in-hospital and out of hospital.

The training course help healthcare professionals gain the ability to recognize various life-threatening emergencies, perform CPR, use AED and relieve choking in a safe, timely and effective manner.

CPR is a life-saving technique that is used when someone's heart has stopped. Some medical conditions, such as a severe heart attack, can cause the heart to stop. Other causes include drowning, electric shock, poisoning, overdose and serious injury. For CPR to be successful, it needs to be started as soon as possible after a person's heart stops.

The expert trainers of Rescue 1122 shared very important and detailed information during these sessions.

Reviving Humanity by Kinnaird College for Women

A group of Active Citizens from Environmental Sciences department of Kinnaird College initiated a project to play their part in trying to alleviate poverty. The group of 7 students identified three deserving families in the outskirts of Lahore more specifically slum areas. They collected donations from different means and provided three carts and the initial groceries to make the food items, to them on which they can sell edibles and provide bread and butter for their families. The students taught them to make Gol Guppay and Allo Chana Chaat. The 10% of their monthly income is taken from them and is used to provide means of earnings for other people too.



NCSC conducts Women Empowerment Seminar in commemoration of International Women's day

An interactive panel discussion was hosted by NUST Community Services Club on International Women's Day on the topic of Women Empowerment on 8th March 2019 at USPCASE Seminar hall in collaboration with NUST-CASEN.

The event started with the recitation of the Holy Qur'an, followed by the introduction of the five panel members which included Ms. Farkhanda Shaheen, Ms. Sobia, and Anum Zehra, who is also a student currently enrolled in NUST. Small goodie bags were distributed among the audience, including badges to promote solidarity for Women Empowerment. The debate among the panel members skimmed many topics such as the true meaning of empowerment, the need of a support system in the process of empowerment, while also questioning the need of empowerment in this era. At last, ample time was given for an interactive session of questions and answers. The queries were entertained with objectivity, and some of the audience went forward in sharing their views and stories of struggle. The event ended on a positive note, sending out a message of acceptance, tolerance and constructive change. The esteemed panel members were presented with bouquets and a shield, and everyone was served refreshments outside the seminar hall.



Riphah University Tharparkar Relief Project phase IV

Tharparkar is a district of Sindh province has the lowest Human Development Index among all districts of the province. The most of population of the area use to speak with each other in “Dhatki”, the local language since many decades. People can't cultivate crops on their lands as there is desert everywhere. Local population use to wait for monsoon rains which occur for their bread and butter.

RIPHAH Social Welfare Department (RSWD) team provided relief to the drought-affected people of Tharparkar, under the supervision of Dr. Azhar Halim (Director RSWD). The team was given following targets:

a) Free Medical Camps- 15 Doctors team of IIMCT organized Medical Camps in various far flung areas of Tharparkar. More than 4000 patients were provided free medical checkups along with medicines.

b) Distributed 250 Food Packages (One month) which contained (Pulses, Ghee, Oatmeal, Tea, Baby Milk, Rice and sugar) to the deserving families, facilities.

c) RIPHAH team purchased 140 goats; Livestock the aim of category was to fulfill the need of milk of malnourished children. Goats were distributed in 140 families of different villages for their income sources as well.

d) Looking at deteriorated situation of education in the areas, Riphah Initiated to repair and renovate the poor building of school in village Bhagliar, Tehsil Diplo.

e) IIMCT initiated agriculture program in Tharparkar in phase IV. Under this program, people are encouraged and given facilities to cultivate vegetables on household level. Besides fulfilling their domestic requirements, they earn a fair amount of money by selling their production in nearby markets.

Beside these, medicines and some equipment for District Hospital NICU were also provided. Repairing and maintenance of mosques was done. Previously built water resources were visited which were providing water for communities. Some new wells and water bores were also initiative during this trip by Riphah Philanthropists friends.

Especially widows and Orphans were provided with cash amounts.



Rural Entrepreneurship Development Training by Sukkur IBA

Entrepreneurship Society of Sukkur IBA Students Council and Center for Entrepreneurial Leadership & Incubation (CEL&Inc) of Sukkur IBA University organized a 5-Day training for the Students of Community Development Program, Govt. of Sindh Batch-II 2019. The training started with the opening motivational note of the Vice Chancellor Sukkur IBA University Prof. Nisar Ahmed Siddiqui. Director CEL&Inc. Mr. Ikhtiar Ahmed Khoso conducted the training and introduced participants with concepts of entrepreneurship and why an individual should pursue entrepreneurship as a career. The training was ended with energy, motivation and passion for startups.





MISCELLANEOUS

MISCELLANEOUS

Orphanage visits by Bahria University students

Bahria University students conducted a one-day event at an Orphanage named as “Bachoun ka Ghar” located in Pakistan Town. Gifts and goodie bags were arranged before the event. The event kicked off with some ice breaking activities, followed by a moral lecture on Good Touch and Bad touch. Afterwards painting session was initiated by one of the CSP member who painted on the wall and the rest of the members catered to the children excitement by painting their face following that stationary was distributed and cartoon session was carried out which brought a million-dollar smile on each and every child’s face. The event was concluded by distributing warm clothes and by having a lunch together. The main purpose of the event was to bring smiles to the faces that have been through a lot and to help them as much as it was possible.

Karachi campus students conducted an activity for Idara Al-Khair. It was one-week activity started from 23 July to 26 July 2019, there were 45 students in total who participated in various activities including teaching, playing games with the children and provided health and hygiene awareness.

On 21 Oct 19, Lahore campus students organized one-day educational visit to Pakistan Sweet Homes. Pakistan Sweet Homes is a welfare organization which strives to support children who have lost their parents or their parents were unable to support them. Students of BS psychology organized different activities including card making, coloring, drawing, flower making, catching ball, musical chair etc. Children of Pakistan Sweet Homes actively participated in all activities. At the end of event goodie bags were distributed among all children.



Toy drive at Dar ul Sukun by DHA Suffa students

The CSR department of DHA Suffa (DSU) organized a week long toy drive from 18th March till the 22nd March 2019. The goal of the drive was to collect toys from DSU faculty, students, their families and friends and give them as gifts to children at Darul Sukun and DSU Community Academy. People from all over Karachi enthusiastically donated toys to the DSU team, after which the toys were sorted, packed and will be distributed. The collection of toys ranged from sports goods, dolls, and cars to a variety of stuffed toys so that the toys could be distributed to children of all ages. The toy collection drive was a roaring success. Student volunteers visited Darul Sukun Head Office on Kashmir road on 2nd of April 2019 to distribute the collected toys.

Chamktay Sitaray by Greenwich University

“Chamakthey Sitaray” was a project organized by the Sociology students of Greenwich University of Spring Semester 2019. The project was organized for the kids of Sirat-ul-Jannah on February 23, 2019. This is an orphanage run by a selfless British convert, Mrs. Qureshi, who works tirelessly to provide shelter, food, clothing, education, and also marriage expenses of the children. Around 120 children, both boys and girls from the orphanage were present on the day of the event. The event included activities like boat rides, jumping castle, painting stalls, grooming station for the girls, and a variety of games to keep the children engaged. For lunch, each of the child was given a KFC Happy Meal and goody bags and a brownie. A small segment of the event featured children who enthusiastically recited their favorite nursery rhymes, with confidence and zeal. Donations for this event were collected by the students, internally and externally from family and friends.



Community outreach activity at Mashal Orphanage by Indus Valley University students

Foundation Program students of Indus Valley University participated in community outreach activity at Mashal Orphanage Korangi in October 2019. Students spent a day at Mashal Orphanage to conduct a poster designing activity with the kids. The kids designed wonderful posters on the theme of Green & Clean Karachi. Students were facilitated by teaching faculty Lecturer Faiqa Jalal and Assistant professor Sana Burney. This social outreach was undertaken to promote the arts in all segments of society and was a chance for our students to interact with the children at Mashal Orphanage and give them an understanding about art education and future prospects of the field.



Students of Kinnaird College for Women visit Punjab Institute of Mental health

The team of Active Citizens students from economics department of Kinnaird College initiated this project at Punjab Institute of Mental Health which is the largest psychiatric facility available in South Asia. The basic aim was to spend time with the female patient relatively stable but abandoned by their family members. The main focus was to provide them with some skill based activities and to freshen up their mind. For this purpose, an empty room in the hospital premises was renovated into the activity room for the patients. Students generated funds through movie screenings, through selling old books and through word of mouth and all the collected money were spent in buying different material for activities. The patients made bangles, clutches, paintings and vases and other decorative items. They also set up a book shelf there which had various novels, magazines, story books; painting books etc. so that they can utilize them in their free time.



Orphanage visits by NUST volunteers

NUST Community Services Club (NCSC) volunteers continued with their signature projects Orphans Know More (OKM). Bi-monthly visits were conducted throughout the year to Ag-hosh Al-Khidmat orphanage and Apna Shelter home.

Various activities were conducted for grooming and building self-confidence of the children in these orphanages. Reading activities were focused throughout the year as NCSC had completed two libraries in the orphanages. Furthermore, the following activities were also held:

- Story-telling was conducted in the library where the children gathered around the volunteers, who then helped them read and understand their selected books. This aided in improving their understanding and reading skills.

- Pictionary and Hangman were played with the children in the first classroom. The games challenged the children's time management, interpretation skills and also helped expand their vocabulary.

- Sudoku and a game of Darts were played in the second classroom. It put the kids' logic, brain power and aim to test.

The volunteers also helped out the students in studies by giving tutoring lessons to the children who were not performing well at school.



Quaid Day celebrated by Virtual University

Virtual University of Pakistan (VUP) Nankana campus organized special programs to mark 144th birth anniversary of Founder of Pakistan, Quaid e Azam Muhammad Ali Jinnah to pay tribute to the struggles of Quaid and to educate the youth about the Quaid's vision on 26th December 2019. Special events were arranged on the day including cake cutting ceremony and quiz competition on Jinnah's life.

Rector Virtual University Mr. Naeem Tariq gave a special message on this occasion. He said today we are paying homage to our Quaid, Muhammad Ali Jinnah, who believed in law and justice, Quaid-e-Azam was a man of great vision who foresaw the importance of two separate nations. He said 72 years later Quaid's worst critics concede that he was right.

Later, tribute was paid to Quaid-e-Azam in many languages in which students presented national songs.



PCTN Member Universities

Currently, the following universities are members of Pakistan Chapter of the Talloires Network:

1. Abdul Wali Khan University, Mardan
2. Aga Khan University
3. Bahria University
4. Beaconhouse National University
5. Balochistan University of Engineering and Technology
6. Balochistan University of Information Technology, Engineering & Management Sciences
7. COMSATS Institute of Information Technology
8. DHA Suffa University
9. Dow University of Health Sciences
10. Dawood University of Engineering and Technology, Karachi
11. Fatima Jinnah Women University
12. Federal Urdu University of Arts, Science & Technology
13. Foundation University
14. Ghulam Ishaq Khan Institute of Engineering Sciences & Technology
15. Gomal University
16. Government College Women University, Sialkot
17. Govt. College University, Faisalabad
18. Greenwich University
19. HITEC University
20. Indus University
21. Indus Valley School of Art and Architecture
22. Institute of Business & Technology
23. Institute of Space Technology
24. International Islamic University
25. Iqra University
26. Islamia University of Bahawalpur
27. Karakoram International University
28. KASBIT
29. Khawaja Fareed University of Engineering & Information Technology
30. Khyber Medical University
31. King Edwards Medical University
32. Kinnaird College for Women
33. Kohat University of Science & Technology
34. Lahore College for Women University
35. Lahore University of Management Sciences
36. Lasbela University of Agriculture, Water & Marine Sciences
37. Mirpur University of Science and Technology
38. National Textile University
39. National University of Modern Languages
40. National University of Computer & Emerging Sciences
41. National University of Sciences and Technology
42. National University of Medical Sciences
43. NED University Of Engineering and Technology
44. UET, Peshawar
45. Pir Mehr Ali Shah Arid Agriculture University Rawalpindi
46. Quaid.e.Azam University
47. Riphah International University
48. Sarhad University of Science and Information Technology
49. Shah Abdul Latif University
50. Shaheed Benazir Bhutto Women University, Peshawar
51. Shaheed Benazir Bhutto University, Upper Dir
52. Shaheed Zulfiqar Ali Bhutto Institute of Science and Technology
53. Shifa Tameer-e-Millat University
54. Sindh Agriculture University
55. Sindh Madressatul Islam University
56. Sukkur Institute of Business Administration
57. University of Agriculture, Faisalabad
58. University of Azad Jammu & Kashmir
59. University of Faisalabad
60. University of Haripur
61. University of Health Sciences, Lahore
62. University of Gujrat
63. University Of Lahore
64. University of Kotli, Azad Jammu & Kashmir
65. University of Sargodha
66. University of Sindh
67. University of the Punjab
68. University of Veterinary and Animal Sciences
69. University of Agriculture, Peshawar
70. Virtual University of Pakistan
71. Ziauddin University

How to join PCTN

In order to join the network, the university needs to send two letters of commitment signed by the President, Rector, or ViceChancellor. The first letter should be addressed to Chair PCTN, Lieutenant General Naweed Zaman, HI (M), (Retired) (Rector, National University of Sciences and Technology, Islamabad) and can be e-mailed to pctn@nust.edu.pk.

Another letter should be sent to Anthony Monaco, Chair of The Talloires Network Steering Committee and be e-mailed at talloiresnetwork@tufts.edu.

Sample letters can be seen on our website. Along with the letters include a brief overview of your civic engagement activities. The university must also designate a focal person who would be the point of contact for all community service related activities. Once the membership is approved, the university will get a confirmation from both PCTN and The Talloires Network.

For any queries contact

Dr Niaz Bahadur
Faculty Sponsor
niaz.bahadur@smme.nust.edu.pk
+92-51-9085 6074



The Talloires
Network
Pakistan Chapter

Pakistan Chapter of the Talloires Network
National University of Sciences and Technology,
H-12, Islamabad, Pakistan
+92- 51- 9085 6084
maheen.mumtaz@smme.edu.pk
www.nust.edu.pk/pctn