



CommPact

Pakistan's Institutions of Higher Education **Spring/Fall 2018**
Impacting Community through PCTN

Issue IX

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Editor's Note

I am pleased to share with you the 9th edition of Pakistan Chapter of Talloires Network (PCTN) newsletter. The newsletter details the community service efforts of active member universities for the year 2018.

Firstly, I would like to offer my sincere apologies for the delays in the publication of this latest edition. The management of PCTN at NUST headquarters has evolved over the past year. Dr. Niaz Bahadur, has been appointed as the Senior Coordinator and Dr. Shahid Ikramullah Butt as the Chief Coordinator of PCTN Secretariat. We hope that the new management will steer the Chapter towards promoting the cause of civic engagement in line with Talloires Network vision.

As announced in the previous publication, we will be selecting a new Steering Committee for PCTN this year. I would like to earnestly invite active PCTN members to become a part of this committee and email their nominations.

I would also like to humbly request all 69 members to kindly email me their updated focal persons contact information as the response for contributions is fairly low for the newsletter. We all must work together to promote the greater cause of community service at institutional and international level.

I would like to thank the focal persons for their timely contributions and their usual support for this newsletter. Please feel free to contact me at maheen.mumtaz@smme.edu.pk.

STEERING COMMITTEE

Chair PCTN

Lieutenant General Naweed Zaman, HI (M), (Retired) Rector
National University of Sciences & Technology (NUST)

Members

1. Dr Talat Naseer Pasha

Vice Chancellor University of Veterinary & Animal Sciences,
Lahore

2. Ms Seema Mughal

Vice Chancellor Greenwich University, Karachi

3. Engr Imran Rahman

Vice Chancellor Institute of Space Technology, Islamabad

4. Dr Muhammad Asif Khan

Vice Chancellor Karakoram International University, Gilgit

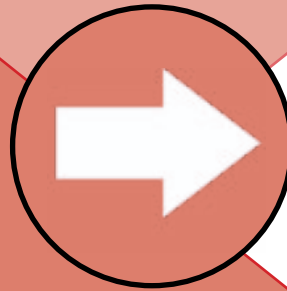
5. Dr Nisar Ahmed Siddiqui

Director Sukkur Institute of Business Administration, Sukkur

6. Dr Iqrar Ahmad Khan

Vice Chancellor University of Agriculture, Faisalabad





IN FOCUS

IN FOCUS

Call for Action on the United Nations Sustainable Development Goals by Global Networks of Higher Education Institutions



A global collaboration of prominent regional and global networks of higher education institutions released a statement on the role of universities in the implementation of the UN Sustainable Development Goals (SDGs).

In the statement, Dr. Lorlene Hoyt - the Executive Director of the Talloires Network stated, "While history has positioned Higher Education Institutions (HEIs) as key drivers of change, conversations about the role of HEIs in advancing the SDGs goals is in a nascent stage – we are working with members and partners around the globe to raise awareness and explore avenues for collective action."

Dr. Rajesh Tandon, Co-Chair of the UNESCO Chair in Community Based Research and Social Responsibility in Higher Education based in India adds, "We believe that the combined intellectual, financial and physical resources of HEIs with academics, policy makers, funders, administrators and students when linked to community partners can have a significant positive impact on the implementation on the SDGs globally." Josep M. Vilalta, Director of the Global University Network for innovation (GUNI), notes, "Strengthening the focus of our members on the SDGs is a priority for our network."

The statement is available on Talloires network (TN) website (www.talloiresnetwork.tufts.edu). Global members of the TN network are requested to sign the pledge

Sara Ladrón de Guevara, elected to Talloires Network Steering Committee as new Vice-Chair

Sara Ladrón de Guevara has been elected the new Vice-Chair of the Talloires Network Steering Committee, effective December 1, 2018. She will replace current Vice-Chair Cheryl de la Rey, who began her service as Steering Committee Vice-Chair in 2014. The new Vice-Chair, Sara Ladrón de Guevara was born in Veracruz, Mexico, and received her bachelor's degree from Universidad Veracruzana, her Master's degree from the University of Paris Sorbonne, and her Ph.D. from the National Autonomous University of Mexico (UNAM). She was elected as Rector of Universidad Veracruzana in 2013 and was re-elected for a second four-year term in 2017. She is the first woman to hold this prestigious position in the 75-year history of the university. She is also a highly respected anthropologist and member of the Mexican Academy of Sciences. As an academic, Dr. Sara Ladrón de Guevara has taught at the University of Guadalajara, the Mexican National School of Anthropology and



History, Smith College, the Sorbonne, and Universidad Veracruzana. She has served as director of the State Gallery at the Institute of Veracruz Culture, as Academic Secretary of Universidad Veracruzana, and as Director of the Museum of Anthropology of Universidad Veracruzana in Xalapa, Veracruz. Sara Ladrón de Guevara's period as Rector has been characterized by a profound commitment to social justice and activism against corruption. In 2016, she organized and led a 60,000-person state-wide protest to demand the university's public funds from the state government. This protest has come to symbolize the defense of the right to higher education in Mexico. As Vice-Chair, Ladrón de Guevara's role in the Talloires Network will involve approving the Network's annual budget and work plan, convening and leading committee meetings, and representing the Network in public communications and consultations, in addition to advising on strategic directions and program priorities and acting as an ambassador for the Network. Terms on the Talloires Network Steering Committee last three years and have a term limit of two terms. Sara Ladrón de Guevara will serve her second term on the Committee as Vice-Chair. Her term will expire December 31, 2020.

Conference on the concept of community colleges in Pakistan

Sukkur IBA University, has organized a conference on the Concept of Community Colleges in Pakistan on 9 January 2018. The purpose behind establishment of these Community Colleges is to bridge the gap between rural and urban education and to provide equal opportunities to the underprivileged students, who otherwise could not afford to go for quality education. All gathered to discuss and understand how this new concept can create inclusiveness in education in rural Pakistan. The conference attracted various people including Education Minister Sindh, Jam Mehtab Dahar, All Cultural Attaché US Counsel Karachi, Dr. Daniel Lee, President Johnson community college USA Prof. Dr. Joseph M. Sopcich, Professor of English Dr. Beth Gulley, Vice Chancellors Sindh University, Quaid-e-Azam University, Shaheed Benazir Bhutto Women University Peshawar and others were also in attendance. Later, round table discussion took place between the academia and industry.





**ADVOCACY /
AWARENESS**

**ADVOCACY /
AWARENESS**

Fund Raising for hearing aid by Institute of Space Technology (IST)

Students of Institute of Space Technology, started a fund-raising drive to help for the hearing aid of a student at University of Peshawar on 1st May 2018.

The student is studying in his seventh semester and had an unexpected hearing problem. When the issue was diagnosed, hearing in one of his ears was finished while other was also struggling. Due to this issue, the student was facing problems with his education at the university as well. He is an orphan and has only a brother to support him, who is working as a soldier. Volunteers raised funds from students and other sources to help him with buying a hearing aid and medical treatment.



UVAS students volunteers for various vets and cattle shows

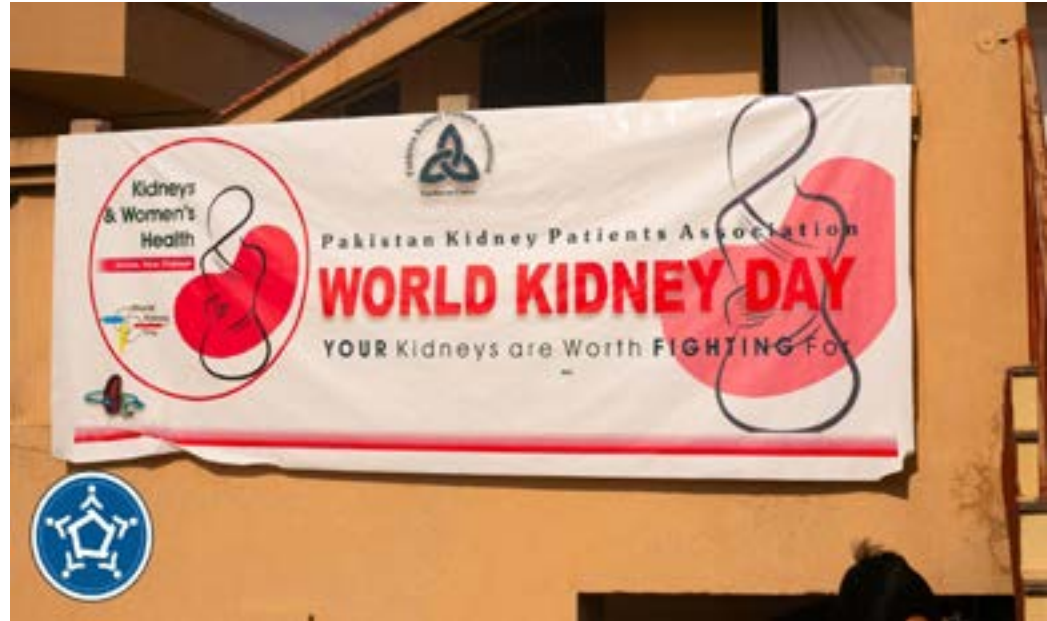
On 27th to 30th August, at Saggian Bakar Mandi civic engagement Programme of University of Veterinary and Animal Sciences (UVAS) arranged a visit of Vets Care club and Post graduate students under supervision of Prof. Dr. Aneela Zameer Durrani volunteered at cattle markets. Students volunteered for examination of animals at arrival, first aid, tagging, services in market and as well as the judging at Pakistan Cattle Show. Students also volunteered with the aims:

1. To guide farmers about FMD
2. Representation by UVAS stall at Pakistan Cattle Show
3. Guide farmers about the UVAS services for farmers and animal owners
4. To explore status/knowledge about Cattle Market management
5. Public Health
6. Identification of Animals
7. Quarantine Services in Market
8. Fecal Sample of animals in CATTLE Market Shahpukanjra were also collected for surveillance and Disease diagnosis

“No one is useless in this world who lightens the burdens of another.”
- Charles Dickens -

NUST Community Service Club (NCSC) and Pakistan Kidney Patients Association (PKPA) joins hand for kidney awareness

Kidney Health Awareness Camp was held on November 7th, from 11 am to 2pm, in the C1 canopy facing SADA. It was organized by NUST Community Service Club (NCSC) in collaboration with Pakistan Kidney Patients Association (PKPA), a non-profit organization that aims to reduce kidney diseases by spreading awareness in the general public and providing free consultation and treatment. A lecture was given by a health care professional from PKPA, explaining kidney function and the factors leading to kidney failure, such as diabetes and high blood pressure. He then proceeded to brief the students about the kidney tests available that help in the early detection of kidney disease. Moreover, he stressed upon the importance of maintaining a healthy lifestyle in order to prevent any kind of kidney failure. The session provided the students a space where they could ask any questions they might have regarding kidney health. Informative brochures providing further details regarding kidney health were then handed out to the students at the end of the session.



DHA Suffa University students organized a fundraiser for Indus Hospital

Students of DHA Suffa University volunteered at a carnival organized by Indus Hospital at Bay View School to raise funds for the Children's Cancer Hospital (CCH) on Saturday, 8th November, 2018. In this activity students were required to set up stationary stalls, where diaries etc were available for sale. The total charity collected was donated to the Indus Hospital for treatment of cancer patients.

Institute of Space Technology's (IST) Ramadan-Rashan drive for needy families

Students of Institute of Space Technology (IST), started a project to arrange food for the month of Ramadan for its lower staff and other needy families. The idea behind this activity was to provide the basic food items required for a family for the fulfillment of their religious obligation. Funds were collected from the employees of IST and ration items were distributed among the janitors and lower staff of IST. The team collected funds through social media and fundraising activities. They tried to provide food items; flour (atta), rice, grains, oil, sugar, tea, dates etc. for the complete holy month of Ramzan. The needy families were identified by locals in the suburbs of Rawat area. The food items were delivered to the families by the volunteers on the 13th of May. Ration items were distributed to eleven families in Kot Jibi area behind Benazir International Airport. The project was completed on May 21, 2018.

Lastly, the project Rashan drive was executed on May 21, 2018 in Bahawalpur. The items were distributed by volunteers to the maids and widows identified by the mother of a volunteer.

Da Vinci day celebrated by GIKI

GIKI School, established within the premises of GIKI Institute, caters to quality education for the children of GIKI's employees and administration. Every year, Da Vinci day is organized by Project Topi to provide a perfect balance of academics, fun activities and awareness amongst the young ones on their responsibilities. On 7th February 2018, the theme of 'A Greener Earth' was implemented to educate students on the importance of trees and the harms of global warming. The whole day was organized in various modules that included arts and coloring for classes prep till 3, short quizzes for grades 4 to 6 and mock entry tests for the higher classes to give them an overview of the competition ahead. Tree plantation was also conducted by every class and a 100 plants were sowed in the school lawn. By the second half of the day, the younger kids were given chocolates while the position holders of every grade were given certificates and prizes (bags, footballs, bats, color pencils, white boards etc) as a reward for their excellent academic performance. The enthusiasm and excitement on every child's face ensured the impeccable execution of the event.



DHA Suffa University conducts sessions on medical and safety procedures

Sessions on disaster management were held in the DSU auditorium on the 25th of January, 2018 for the Management Sciences department, and on the 29th January, 2018 for the department of Computer Sciences. The purpose of organizing these sessions was to create awareness on the safety and medical produces at DSU so that students and faculty could be prepared in case of any unforeseen emergency. The session was conducted by the Admin and Security Officer in collaboration with the Indus Hospital Blood Center and the DHA Medical Centre. The presentation consisted of a safety evacuation plan in case of any emergency, and students were educated on basic first aid methods. The session was organized so that chaos and casualties could be minimized in case of any terrorist activity, natural disaster or medical emergency on campus. Such sessions will continue to be conducted at DSU to ensure safety and wellbeing of all persons at the university.



GKI conduct fundraisers for various causes

GKI ensures assistance to financially handicapped employees and workers within the city. Funds and resources are categorized to cater to different cases in times of medical and/or financial emergencies. Monetary help to employees is raised who are going through any crisis in fulfilling their household requirements. One such example is of GKI's cook, Shabbir Lala who was in dire need of assistance to pay his loans. With the collaboration the dedicated alumni, hand to hand donations and through social media as well Rs. 404,000 rupees were collected. Similarly, funds for children of employees who are in dire need of medical help for treatment of either accidental injuries, chronic diseases or surgical purposes were also provided. In addition to this, resources and assistance to employees' children for fee payment to their respective schools, colleges or universities to provide for their admission needs were delivered.



Ration packs distribution to transgender community by Bahria University

Bahria University Islamabad joined hands with Akhuwat Foundation on 15th May'2018 to distribute ration packs to the transgender community, who were identified by the organization. The event was held at Rawalpindi Chamber of Commerce. Akhuwat Foundation and Bahria University took the initiative to distribute clothes and shoes for Eid and ration packs to the transgenders were given by BU. Ten CSP club members volunteered for this program. The event sought to benefit the transgender community to commend them regardless of their sex. A motivational session was instigated by the foundation and an introductory session by the volunteers. The activity functioned to empathize with the feelings of the transgender community and to make them feel valued. Later, ration packs and clothes were distributed to the community, happily accepted by the community and food arrangements were made to restore the burnt energy. To commemorate the occasion, a group photo was taken towards the end. The event was called for and positive remarks were attained.

Bahria University and Akhuwat organization initiates clothes bank program

One of the greatest notions any country can indulge in is to provide the needy and the deprived with the basic necessities of life. Such a notion was recently carried out by the Akhuwat Organization in Pakistan. Pakistan being one of the countries struggling with the phenomena of development requires an uphold of such programs that provide to the deprived of the nation. Around 40% of the people suffer in absolute poverty; noting down the fact that in times of extreme winters, not many people can afford warm clothing's.

In regard to this, humanitarian programs by various organizations are laying exemplary activities for the generations to come. Akhuwat organization, being one of the world's largest Islamic Microfinance Organization, falls under that category. In collaboration with Bahria University's Community Support Program (CSP), an event with respect to the distribution of clothing materials was carried out at Railway station situated in Rawalpindi on 27th October 2018. This distribution targeted the local porters of that station. The materials that were handed out consisted of clothes (both male and females), shoes and blankets respectively. Around 120 porters were accommodated on that station with great zeal. The distribution was followed by a lunch for the porters in an esteemed manner.

The program that coordinated with Bahria University was named as "Clothes bank". The main objective of the program is to collect clothing materials from families; that are then washed, pressed, packed and given away to the needy. It was made sure that the humanitarian act was carried out in a dignified manner with a friendly gesture.

Such exemplary acts lay foundation for the discourse of development in third world countries like Pakistan. Covering every needy person may not be possible but a smallest gesture of human activity, kindness and realization can steadily change the course of our country.



Seminar on “Lead and Succeed” conducted in DHA Suffa University

A seminar on “Lead and Succeed”, was conducted by Ms. Daniya Hassan for the students of DHA Suffa University on 8 November, 2018. Being a founder of “Fun to Learn”, Ms. Daniya spoke to the students about the leadership and social entrepreneurship campaign she has launched in Karachi, and how young students can become change agents. Her talk was especially relevant for those students who are currently running the CSR initiative of DSU Academy that provides academic support to less privileged students.



Toy Drive at PIMS by Bahria University

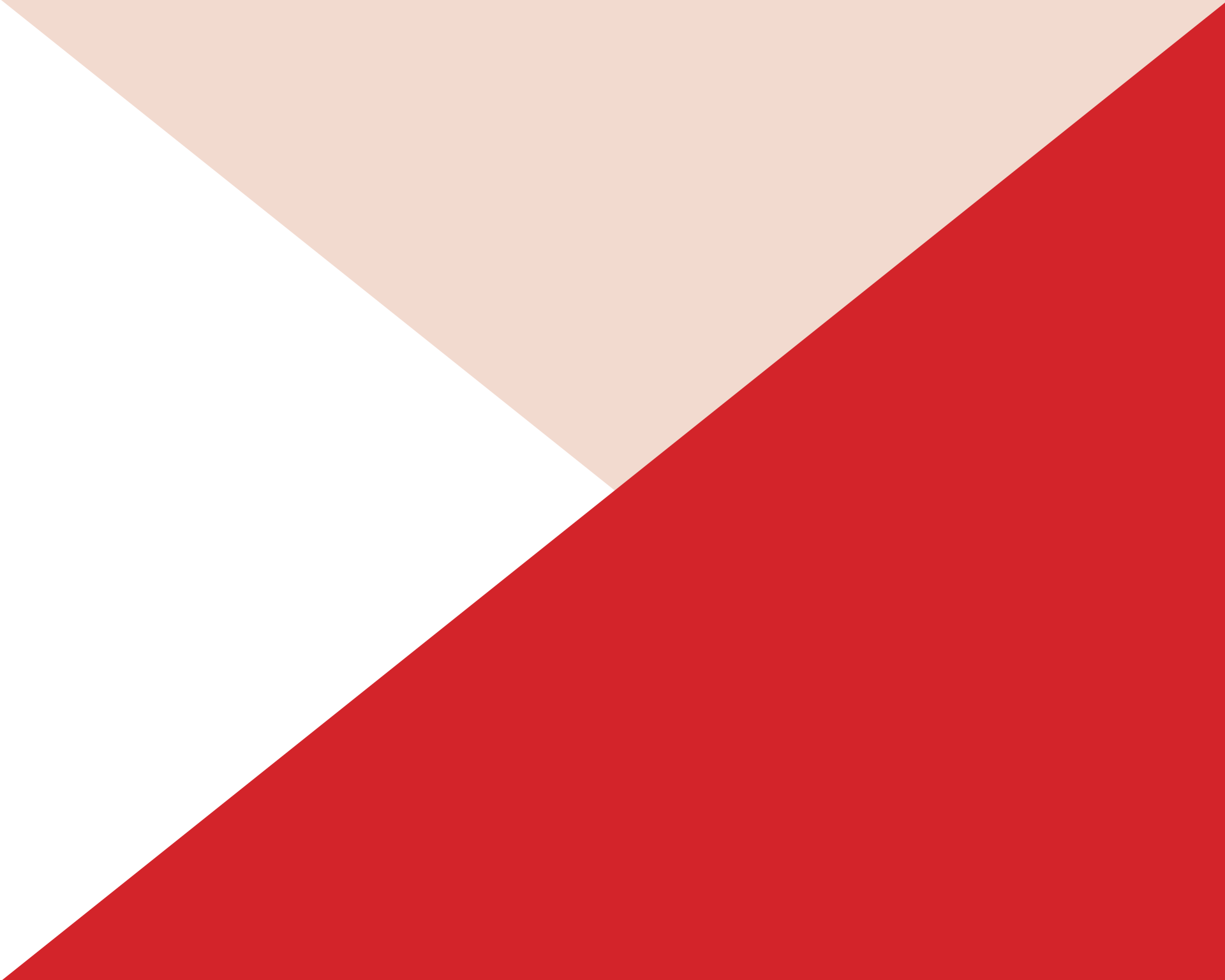
Thalassemia affects approximately 4.4 of every 10000 live births throughout the world. In order to sustain their life, Thalassaemia patients rely on blood transfusion and medicines prescribed by the doctor. In a country like Pakistan, the rapid spread of this disease is quite conspicuous. Free blood is made available for those who cannot afford treatment. PIMS Hospital is one of the few institutions that provide free blood to Thalassaemia patients. To make the day momentous for the thalassaemia patients, Bahria University joined hands with Dr. Aziz Bangash, Assistant Director at PIMS on 4th May' 2018. The aim was to interact and distribute toys amongst the children. Their smile was the highlight of the day and this gave satisfaction to the volunteers, as they believed they served their purpose well. Members were met with immense gratitude by the hospital officials, as well as the children.

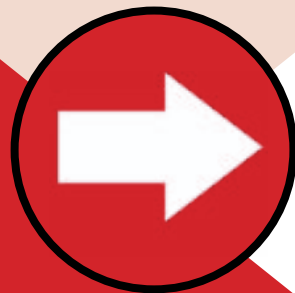


HITEC launches Ramzan Rashaan and Dastarkhawn Scheme

Under the Heavy Industries Taxila Education City University (HITEC) Community Service Program, students provided Rashaan and Iftari during Ramzan in 2018 to the local needy people, truck and rickshaw drivers etc. The venue of the Iftaar was Taxila Museum, Railway Station, Bus Stand and on G.T Road. These projects raised a fund of approximately a million rupees which was distributed among the needy people of the area.







HEALTH

HEALTH

NUST conducts two blood donation drives with a total of 1054 blood pints collected

NUST Community Service Club (NCSC) conducted two bi-annual “blood donation drive” with the objective of helping the community in the direst situation possible and creating a sense of responsibility and brotherhood among people.

Blood Donation Drive in collaboration with Jamila Sultana Foundation

Working in collaboration with the Jamila Sultana Foundation to help victims of Thalassemia, a staggering total of 502 pints of blood was collected. The event took place at the IGIS ground from 20th - 22nd March 2018. Donors were given check-ups to determine their fitness for donation and successful donors were provided refreshments for a quick recharge. Rain initially threatened to disrupt the proceedings, however, the downpour subsided quickly and served to make the weather enjoyable.

Blood Donation Drive in collaboration with AFIT and Sundas Foundation

The event was four days long; starting from 4th December to 7th December 2018. The camp was functional from 9:00 am to 6:00 pm at IGIS ground.

The camp was held in collaboration with Armed Forces Institute of Transfusion and Sundas Foundation. Many of the medical facilities and personnel were provided by Armed Forces Institute of Transfusion. The day started and the golden hearts poured in, with the blinding hope and enthusiasm to serve the humanity. NUST Community Service Club received a great response from the students and the faculty of NUST as the pint meter reached 133 pints on day one and 265 pints on day two.

The organizing committee of NUST Community Service Club showed great vigor in motivating individuals to help in the greater cause. Sundas Foundation took over the medical services and with the help of NUST Community Service Club and the passionate students of NUST, a total of 552 pints of blood were collected in the short span of 4 days.



Blood donation by GIKI

On 13th February 2018, with the collaboration of Red Crescent Society, a blood camp was set up within the central ground of GIKI Institute. A total of five doctors and ten paramedic staff were appointed to ensure efficient administration of the whole day's agenda. A record breaking figure of 204 students donated blood in a matter of a few hours, followed by refreshments for the students for their selfless gifts to humanity. This overwhelming response was noticed by Red Crescent Society for which they awarded us a place in their annual newsletter and fifty free certifications in CPR training that were also conducted within GIKI after a few weeks.



Blood donation camp by HITEC

Blood Donation Camp was also hold successfully in collaboration with Pakistan Red Crescent Society (PRCS) on October 16, 2018. PRCS collected more than 100 units from volunteers. Likewise, another camp raised more than 80 bottles with Jamila Sultana Foundation at HITEC University Campus.



DHA Suffa University (DSU) Community Service Society hosts its annual blood drive

One bottle of blood can save three lives! The CSR department of DHA Suffa University aims to benefit not only the students of its college but the community as well. With this regard, a Memorandum of Understanding was signed between the Indus Hospital and DHA Suffa University in February 2017. As per the MOU, a blood drive is conducted annually within the premises of DSU. On the 28th of February, 2018 fourth blood drive by the Indus Hospital blood center was conducted. The entire set up was done by the Indus hospital in the basketball court of DSU. A team of students from DSU set up a small carnival through which they collected donations for the community services and conservation society. The carnival consisted of a bake sale, food stalls and a game stall. The event lasted for 8 hours (a full working day) from 8:30 am to 4:30 pm. Great enthusiasm was shown by the students of DSU as a total of 336 students showed up to donate blood out of which 209 were able to donate healthy and useable blood. 201 male students donated blood, and 8 females. The event was a huge success and contributed greatly to the society by granting them 209 bags of useful blood.



Kinniard College for Women devises a project titled “A drop of Blood is a drop of Life”

The project was carried out by a group of five girls from International Relations Department. Poverty, health and education are some of the problems out of which health is the most important issue. Budget allocation on health sector is very low and humanity is facing various problems one of them is limited blood donations. The team of students decided to mainly focus on the patients of Thalassemia and hemophilia as well as all blood needy people aiming to break myths about blood donations by convincing people to donate blood for this cause. The team collaborated with Sundas Foundation to achieve the goals set. Under the guidance of the organization and by the hard efforts of the team of girls, they successfully were able to achieve the set objectives. Blood Camps were put in different universities and colleges for collection of blood. Moreover, a website was also launched for this purpose so that it might get easy to access the donor. The turnout of donors was huge and would also help save many lives in future.



Health care event to promote better health and living by Sukkur IBA University

Go Green Society organized a 'Health Care Event' on February 1st, 2018. The purpose of the event was to create awareness about health among students of Sukkur IBA. The event hosted a guest speaker session and presentation along with Health Model Exhibition competition. Dr. Aijaz Hus-sain, Associate Professor from GMC Sukkur delivered an interactive presentation on the topic of 'History of Health and Mental Health' Exhibition participants developed and displayed tremendously creative products, judged by the jury, based on their creativity, product design and purpose. The competition was won by the team "Mr. Health" followed by team "MAS" as 1st Runner-up and team "EDU" as 2nd runner up.



Kinnaird College for Women conducted an awareness session on mental health

The active citizenship students of Kinnaird College for Women conducted a social action project named as 'Bringing smiles in life' between January 2018 to July 2018. The project primarily aimed to bring happiness amongst the depressed beneficiaries of Punjab Institute of Mental Health who had gone through miserable situations in life. The purpose of this project was the welfare of mentally and physically sick women and to help them recover. The team of students worked to educate and help patients rehabilitate by holding different lectures, conducting recreational activities and interactive sessions. This project helped women learn and opened up many opportunities for them from which they could learn their livelihood as well. The students pledged that they will keep on monitoring the project after its completion.



NUST Community Service Club (NCSC) organizes Lost in Bloom- a breast cancer awareness play in collaboration with HEC & Pink Ribbon

Under the NCSC's project "Fempower", an event aimed to bring breast cancer awareness among the students of NUST was organized in collaboration with HEC and Pink Ribbon campaign 2018. The event was conducted on 31 October 2018 in Concordia-1. Pamphlets were distributed among students that emphasized the importance of self-examination, screenings and spreading the word widely in the society.

A play depicting the turmoil a woman passes through when she is diagnosed with breast cancer was performed. Hand gestures and facial expressions were utilized efficiently to show her battle against cancer, the hurdles she faces in getting back towards a stable life and society's attitude towards this. At the end of the performance, students stood behind the performers to show their solidarity towards women suffering from breast cancer and their resolve on eradicating the misconceptions, taboos and myths associated to it.



Pink Ribbon breast cancer awareness seminar 2018 by HITEC University

Pink Ribbon Day is an international day for awareness of breast cancer. It creates awareness of breast cancer and hope for the future. It also brings the focus and intends to evoke solidarity towards the women who currently suffer breast cancer. In Asia, Pakistan has the highest rate of breast cancer. At some stage of life, 1 out of 9 Pakistani women would become the patient of breast cancer.

HITEC Girls Society organized an event in HITEC University on November 14, 2018 in HITEC University Taxila for raising awareness and expressing solidarity with all the brave women fighting against this menace of cancer. Female students, Faculty and staff attended the session. The Guest speaker for the subject event was Dr. Nadia from HIT Hospital, Taxila Cantt and Ms. Nabila Shuja from HITEC University.



Pinktober breast cancer awareness month celebrated by Bahria University

Breast Cancer is the most common cancer affecting women nowadays. A total of 90,000 women are affected by this disease every year and about 40,000 die, annually. In memorial of the women who suffer with this illness, the month of October has been dedicated solely to them.

In honor of Breast Cancer Awareness Month, Bahria University Islamabad organized an event on 31st October' 2018, in LT-2. The purpose of the session was to impart and clear ambiguities regarding the detection of this disease.

A doctor from Shifa International Hospital, Dr Uzma Qasim was invited to give a brief discussion and inculcate steps for prevention from this disease. Participation by female students from different departments was visualized. The lecture was very informative and aided as a support for those whose loved ones were victims of this trauma. Young female students from the audience were invited to share their experiences whether they encountered someone suffering from this ailment.

Moreover, to make the session more interactive, activities were held that acquired voluntary participation from all female students. These activities included bingo, tongue twister, scavenger hunt and, a brief question and answer session. Winners from all segments received gifts and also booklets were distributed amongst all students.

Overall the lecture had a huge impact and served to reciprocate much knowledge to the audience.

Autism awareness by students of Kinnaird College for Women

Active citizens of food science and human nutrition in accordance to the training given under the British Council Active Citizenship program came up with a project titled as 'Autism Awareness' which aimed to bring awareness about Autism which is a psychological disorder and is unfortunately being very common these days in Pakistan and people have no idea what it is and how to deal with it. The Active Citizens girls took the initiative to work on the awareness program for the parents and general public about Autism and how one is supposed to deal with it. Workshops were conducted along with the facebook awareness posts and videos were made to help the general public. The volunteers conducted a walk of awareness and along with huge wall paintings to create awareness. The volunteers also reached main stream schools to aware the primary school teachers and now they are trying to work with the education minister to help the autistic students study in the main stream schools as their needs are not to be big that it is impossible to accommodate them in regular schools.



NUST attends "World Hepatitis Day" seminar

NUST Community Services Club (NCSC) was invited to attend the seminar on Safe Blood Transfusion on the occasion of World Hepatitis Day which is observed globally on 28th of July every year. The event was held on 27th July 2018 at Marriott Hotel, Islamabad.

The programme was scheduled to have three speakers talk about specific topics related to Hepatitis, Blood safety, Blood transfusion, Blood screening etc. The essence of the seminar was how unsafe blood transfusion techniques can induce hepatitis in the receiver of the donated blood.

After the presentations a short Q&A session was done. The seminar concluded with a group photo and lunch.



Health awareness session by Sukkur IBA University

To create awareness among the students regarding health related issues and especially essential vaccinations “Health Awareness Session” was organized at the auditorium of Sukkur IBA University on Tuesday. The health awareness program has been jointly initiated by the Higher Education Commission (HEC) and UNICEF with the purpose to create health awareness in various organizations of the country. Large number of students attended the session, where they were informed about the health issues and especially some of the essential vaccinations.



NUST conducts two eye camps in collaboration with Al-Shifa Eye Trust

The ability to see clearly has an immense bearing on a person’s quality of life. However, in developing countries such as ours, eye health is ignored by a significant proportion of the population. Factors such as lack of awareness about eye health, financial constraints and inaccessibility to hospitals mean that many people, who need glasses or any other form of eyesight correction, are living without it.

To remedy this problem NUST Community Service Club (NCSC), organized an eye camp on the 18th and 19th of April 2018 at NUST Medical Centre. Ophthalmologists and other medical staff from AL-SHIFA were available for free consultations from 9 a.m. to 5 p.m. Free of cost glasses and medicines were also available for those who needed them.

The event received an excellent response. The medical staff and student volunteers worked enthusiastically to accommodate the patients. More than a thousand registrations were received over the course of the two days. Once registered, patients received an eye exam and were briefed about their eye health. Glasses and/or medicines were prescribed if needed and provided then and there. The patients were very appreciative of the efforts made by NCSC and the volunteering medical staff.

Another eye camp was held in the village of Chaki Sheikh Jee, Tehsil Lawa, District Chakwal on the 26th of June, 2018. A team of 3 volunteers from NCSC left NUST at 6am on the day to reach the village in Chakwal, which was approximately a 2.5 – 3 hours ride away from the campus. The team had already coordinated with representatives from the village for the arrangement of a venue for the camp. After the initial setup, the camp began, and residents of the village responded enthusiastically, coming to the camp in large numbers. By the end of the camp, around 180 villages had been registered and had received either glasses, medicine, or referrals. The people expressed their gratitude to NCSC and Al-Shifa for conducting the eye camp, which proved immensely beneficial for everyone.



Sukkur IBA University conducts Pink Ribbon campaign pakistan 2018

To spread awareness about breast cancer, Go Green Society, Sukkur IBA University, in collaboration with Girls Hostel Society, Sukkur IBA University, organized a Pink Ribbon Campaign Pakistan 2018, on October 24, 2018. The campaign was targeted at not only informing girls & women but also boys & men about how breast cancer is very common in Pakistan and how men are also susceptible to it.





EDUCATION

EDUCATION

DHA Suffa University literacy elevation initiative

DHA Suffa University launched a literacy elevation initiative called “Community Academy” in 2017. This program aimed at enhancing Basic English and Mathematics skills of underprivileged primary school children from the neighboring slums of DHA Karachi at the DHA Suffa University premises. The DSU community academy is run by student volunteers under the supervisor of DSU faculty volunteers and is fully funded by the university. This education initiative will continue as a regular activity at DSU.

The DSU community academy continued in Fall 2018 and was run by 15 volunteers. The academy started on 27th September where the volunteers were split in three groups and each group conducted a two hours session each week. The DSU academy focused on the core subjects of English and Mathematics and also aimed at inculcating an understanding of basic etiquettes among the children. Till date, 25 children from the neighboring slum of Qayyumabad have been inducted into the DSU community academy.



Volunteering at Al-Fatimah School by Bahria University volunteers

Bahria University organized a 6 weeks activity with the children of Al- Fatima School from September-October'18. Students from the Department of Social Sciences, Anthropology, International Relations and Development Studies participated in this initiative. The aim was to educate the children of all classes, from pre-classes till 10th grade and reciprocate a helping hand to the institution's well-being.

The first day sought to establish a good relationship and understanding with the children. Keeping in mind the lack of resources, damaged building and lack of classrooms, students put in strenuous efforts to make the process of knowledge transference as effective as possible. Each student was allocated a class and a subject of their choice to lessen the load of the teachers and to make children ready for their examinations. Students made the class activities fun and the environment conducive for apt participation. Incentives were put up to trigger the interest of the pre-classes and primary classes, in particular.

Senior students were taught in accordance to the pattern of Federal Board. After every lecture, students were asked to fulfill the requirements of the question and answer themselves, which were later on reviewed and corrected. They were made to read and were taught pronunciations. Moreover, in every class, previously taught subjects underwent small tests for recurrent revision.

By the end of the classes, students and children conversed about future career embracement. This activity in particular, attained diversity in fields and the passion towards gaining knowledge. Each child had a different skill where they strengthened and their keenness to learn more was quite impressive.

The activity created a strong bond between the students and children. It was a two-way learning process for both the participants, and the children of the school. The response by the faculty of Al-Fatima School was appreciative and more such activities were requested by the participants, themselves.



Sukkur IBA University promotes science through Mobile Science lab facility in rural Pakistan

Science occupies vital role in advancement and human development. Sukkur IBA University recognized the importance of Science Teaching and Learning and established state-of-the-art Mobile Science Lab. The purpose of this unique initiative is to promote science teaching and activity-based learning to the students from underprivileged areas. Through this bus, which is equipped with latest facilities for experiments, we wish to enhance student love toward science. This bus travels to far flung rural high schools and invite students to carry out science practical. This bus is jointly funded by Community Development Program (CDP), Government of Sindh and OGDCL.



Empowerment of visually impaired students project by Kinnaird College for Women

Students of Kinnaird College for Women carried out the project called "Empowerment of Visually Impaired Students". They did recordings of the text syllabus of Urdu and Islamiat subjects for the visually impaired students of their college. The recordings of the text syllabus were available for the half sighted and blind students in the form of USB, CDs and the files were also uploaded on the official page of Kinnaird College Head girl on Facebook. The team made it easy for the students, in this way; they don't have to request different people to record their required text. Moreover, the team also spread awareness on obesity, importance of breakfast, hypertension and stress amongst the visually impaired so that they could also focus on their health.



Summer Program with Basic Education Community School by Bahria University

Bahria University Islamabad joined hands with Basic Education Community School in Summer-18 and conducted a summer school for their children on campus in the month of July-18. It was a four weeks program which exhibited an array of educational and extra-circular activities.

First Week

In the first week, students underwent different activities, the former being an introductory session with the volunteers. The students of grade 2 and 3 were shown a short moral story, 'The Lazy Donkey', which bombarded insight from each student and later, engaged in an interrogation session. The students of grade 4 and 5 were taught Basic English Grammar and learnt Addition, Subtraction and Multiplication also. Fun and expressive activities like coloring were also conducted. A Computer Workshop was also held on campus. Students were taught basics starting from how to turn on and shut down the computer. Twenty students participated in this activity and were led by twenty volunteers. Students indulged in painting activities, learnt typing and utilization of MS Word and Excel. Volunteers briefly explained and made learning enjoyable for the students.



Second week

An art activity was carried out with the students of 2 and 3 class, whilst students from 4 and 5 were taught science. Later, the BU volunteers and children of Basic Education Community School had lunch at a restaurant.

Third Week

In third week, an "Egg Dropping Activity" was held. Children and volunteers were equally divided in groups. Each group wrapped eggs using colored sheets and ribbons. The activity's purpose was to see who could succeed in safely dropping eggs without them breaking. The winners were awarded trophies.

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Fourth Week

By fourth week, students had been benefitted from the program and had embraced their self-confidence. The last activity involved an interactive session that encouraged students' thoughts on their concept of a real Hero. Volunteers highlighted the characteristics of a hero to the students and they were asked to draw a sketch of whom they acknowledge, as their hero. The drawings not only gave away students' talent, but also gave an idea of whom they look up to. Towards the end, keen students conveyed their thoughts about their hero, in front of the class.

Sukkur IBA University launches summer science camp for underprivileged students of rural Sindh

Sukkur IBA University, in collaboration with Community Development Program (CDP), Planning and Development Board, Government of Sindh, offered phase-II of 'Summer Science Camp' project. The purpose of this program is to impart inquiry-based science education to the students belonging to under-privileged background that are currently enrolled in government schools in five districts. This project aims to explore hidden potential among the students of government schools to become future scientists and technology experts. The students were taught by the highly qualified faculty of Community Colleges, who used various experiments in Biology, Chemistry, Physics, Mathematics, and Computer Science, to inspire curiosity in the students. To conclude the program, a mega science exhibition was organized at Sukkur IBA University, in which more than 50 projects from five subjects were displayed by the beneficiary students. These projects clearly demonstrated the level of commitment and deep interest possessed by the students. Worthy Vice Chancellor, Professor Nisar Ahmed Siddiqui, worthy registrar, Engr. Zahid Hussain Khand, Mr. Pervaiz Ahmed Chandio, Representative from CDP, Mr. Noor Hussain Shar, project lead along with Community College Principals, and other member of management were present during the ceremony and exhibition. A total of over 1000 students and 140 government school teachers benefited from both phases of the project executed at the five community colleges of Sukkur IBA i.e. Khairpur, N.Feroze, Dadu, Jacobabad, and Public School Sukkur.



Donation of stationery, water cooler and drinking glasses to needy students of Master Ayub School by NUST volunteers

Students of National University of Sciences & Technology (NUST) as part of their mandatory course of Community Service Learning (CSL-401) donated stationery, water cooler and drinking glasses to needy students of Master Ayub School in Islamabad. Master Ayub is serving in F7 park as a teacher since 35 years. He is teaching children of orphans, poor and needy people who usually work in houses as servant and workshops of automobiles. Their parents are incapable of affording fees of school and also buying copies and other stationery items, due to this reason these children lag behind the society and also can't develop ethics in their personality. Master Ayub is teaching these children without any fee and he is teaching them in F7 park under open sky.



Kinnaird College for Women volunteers enrich street children's creative experiences



Every child is a galaxy unto himself. A helping hand can guide a child to open windows of opportunities for himself. For this purpose, a group of Active Citizenship students from Psychology department of Kinnaird College for Women collaborated with Alkhidmat Foundation who is running a school for street children. The ultimate goal of the project was to enrich the street children's creative experiences by helping them explore their talents through books, arts, music and much more.

Sessions on the value of education, storytelling, painting/coloring/soft board designing, health and hygiene classes, learning through role play technique, outdoor/indoor games, discussion on empathy and bullying were conducted. The children learnt to express their creativity in a positive manner, maintain a clean environment and work in groups. Since a major part of the project was centered on tackling the issues faced by the street children, the students received guidance in relation to the challenges that

they face on a daily basis like bullying, poor hygiene, illiteracy or land pollution. The change in behavior of the students in terms of respecting others, frequent hand-washing and recycling clearly indicated that the students have learnt numerous things from the project.

NUST Community Service Club (NCSC) Al Qalam Project

NUST Community Services Club (NCSC)- a community service student-led club of National University of Sciences and Technology (NUST) aims to sponsor one kid at a time by paying for their education so that any hurdles that may exist in the name of money can be removed. The basic objective of this project is to collect Rs. 100 that is to be utilized for educating the underprivileged who are unable to get education due to lack of resources. The project is being run since the past two years and every semester volunteers collect funds from H-12 campus from NUST students of each class. In 2018, the total funds collected were of Rs. 600,000. 135 primary students are currently registered with the project whose primary education is being funded from Al-Qalam.

SPONSOR A CHILD



Lettuce Bee Kids Literate Program in collaboration with Bahria University, Islamabad

Bahria University Islamabad organized a 6 weeks program called the “Lettuce Bee Kids Literate Program” to educate street children in summer vacations, from 17th July- 29th August’ 2018. This was the seventh summer literate program on campus with Lettuce Bee Kids since 2012. Students from the Departments of Law, Business Administration and Earth & Environmental Sciences respectively volunteered for this program. Variable activities were planned and volunteers enthusiastically engaged with the children. groups were made and each group was assigned different classrooms where they carried out their first activity, writing a small paragraph about themselves. New knowledge was imparted to the children. English, Mathematics and General Science were taught. Students from class 1, 2 and 3 engaged in arts and crafts activities, whilst classes 4 and 5 were taught Mathematics, English and Science. An Independence Day function was also organized at the University. The children of Basic Education Community School children were also invited to attend and participate in the program. The event was celebrated patriotically. There was a course of segments; speeches, tabloids and Milli Nagma’s. Towards the end, to commemorate the day, a cake cutting ceremony was also arranged. On the last day, students were through with their studies so a cartoon session was entertained. It was a memorable experience and benefitted both the children and volunteers.

Indus kay Sitaraey- An education program by DHA Suffa University

As a part of community service and sustainability program at DSU, students helped organize the first graduation ceremony of “Indus kay Sitarey”, a hospital based school at the Indus Hospital, located within the premises of the campus. The objective of this program is to impart the education to the children going under the treatment for cancer and any other chronic disease with a prolonged treatment. The first batch of 18 students have completed elementary level education. The school has been established in collaboration with Shah Wilayat Public School (SWIPS). 10 students from the Management Sciences Department volunteered in this event on the 6th and 7th of September 2018.



Kinnaird College for Women's project "Mankind Angel"

'Mankind Angel', a project by Kinnaird College for Women - revolved around two themes i.e. lack of education and poverty. Through this project certain short term goals were set to achieve. Two major objectives of this project were to create consciousness among people living in slum areas towards social evils and to persuade children and parents towards acquiring education. The group of active citizens successfully made it to the end of this project by achieving the goals set. A sustainability policy was carved out by the students to keep a check over the implementation of the project.



**"Education is the most powerful weapon
which you can use to change the world."**

-Nelson Mandela-

Bahria University and Companion Trust collaborate together to conduct computer classes

In collaboration with Companion Trust, Bahria University organized a two weeks computer course on campus, from 2nd -17th August' 2018. A basic Computer Course was designed by the faculty of Computer Sciences Department to assist the children registered through Companion Trust. Eleven graduated students of Matriculation, from various institutes were selected to benefit from this program. Bachelor students from the Department of Computer Science, Information Technology and Business Administration; 3rd, 4th and 5th semester eagerly volunteered to teach in this program. Volunteers imparted students with the knowledge of basics of computer, introduction to software engineering, MS Office (Ms. Word & Ms. PowerPoint), introduction to operating systems and introduction to web engineering. Also, active question and answer sessions were held in which students actively participated. They practically performed and exhibited their learnt skills.

Towards the end, positive remarks were acquired from the participants. Certificates were distributed amongst the participants and volunteers.



Kinnaird College for Women volunteers start an education program for children with mental disorders

'Educate! Smart is Great' is a social action project of volunteers from Kinnaird College for Women. The project conducted with the support of British Council Pakistan under their active citizenship program designed to educate children. The project targeted children of age 16 and went to different schools like The Arqam school, Haroon Rasheed vocational and rehabilitation center. The main aim was to provide children with basic knowledge who suffered from autism, dyslexia & other mental disorders and even to cater needs to students with low IQ and hyperactivity which usually go unnoticed at schools. The group of students wanted to observe that how changed learning methods will help the students. They used verbal and visual teaching aids to determine the abilities of students and to make them learn. Activities like alphabet recognition by flash cards, emotions by the use of emoticons, time recognition by drawing were undertaken. The team polished the abilities of mentally ill i.e. their writing skills, coloring skills and moreover lecture on moral lessons were also delivered.



Bahria University conducts computer class in collaboration with Pakistan Alliance for Girls Education

Bahria University Islamabad joined hands with Pakistan Alliance for Girls Education (PAGE) to organize a basic computer class for the female students of Star School at Bahria University on 27th July' 2018.

Star School is an initiative of Pakistan Alliance for Girls Education and is part of the nationwide Out-of-School-Children (OOSC) Program that aims to enroll one million young boys and girls in schools all over Pakistan. PAGE, is one of the few contributors to this multi-partner venture, which is co-funded by the Education Above All Foundation-Qatar, Ministry of Education and Professional Training – Government of Pakistan, Japan International Cooperation Agency and American Refugee Committee Pakistan.

About 37 girls from Star School volunteered for this workshop, which was arranged in the OC Lab of Bahria University. The session was assisted by students of 3rd semester (Spring-17) from the Department of Information Technology. It was the first time students used a computer, so they were introduced to the basic information. Volunteers lectured the girls and exhibited how to practically perform. They were encouraged to make use of Microsoft Word and Paints. The aim was for the students to develop a firm grip over the mouse. All students were keen to learn and the volunteers efficiently guided them.



**“Education
must not
simply teach
work - it
must teach
Life.”**

- W. E. B. Du Bois -



**ENVIRONMENT
PROTECTION &
SUSTAINABILITY**

**ENVIRONMENT
PROTECTION &
SUSTAINABILITY**

Tree plantation training and drive by DHA Suffa University

On 3rd September 2018, a group of students from DHA Suffa University got training and brief orientation on planting trees in a deserted area. The brief training was conducted by a gardener from Horticulture Pakistan. The students learnt how to dig and sow the infant plant. Students were made a part of this activity to get brief training in learning the procedure of sowing a plant. This was conducted to prepare the volunteers for a tree plantation drive that would be held in conjunction to the Prime Minister's "Clean and Green Pakistan" campaign.

A Tree-Plantation drive was conducted on October 24th 2018, in collaboration with DHA Horticulture, where students and faculty enjoyed volunteering their time to plant trees in the vicinity of the university. A total of 150 trees have been planted within the premises of the University and its adjoining areas. The tree plantation drive was inaugurated by Vice Chancellor, Rear Admiral (R) Engr. Prof. Dr. Sarfraz Hussain, and the event was attended by Regional Director HEC, Mr. Javed Memon.

Prior to the event, on October 23rd, the Corporate Social Responsibility (CSR) department organized an awareness session by Ms. Asma Nabih, biotechnologist DHA Horticulture, to educate students on "Conserving Natural Resources- A step forward for Greener Pakistan".

In order to educate students on climate change, a marketing campaign was run on campus a week prior to the main event. The idea behind this campaign was to make students aware of what the world will become if the young generation doesn't take decisive steps to preserve the environment. This marketing campaign started with "stop sign installation" which encouraged students to stop and think where the current environmental issues/hazards could lead us to if climate change issues persist and worsen. At the end of the installation, a "tree-plantation" signage was displayed. For the call-to-action to save the world, an eight-foot "Cube Installation" was constructed so students can realize how important nature is for us and how beautiful the world can become by their little effort.



GIKI hosts “Kish-ware Haseen Shaad Baad” – an art and speech competition to promote Green Pakistan

GIKI organized and hosted an event that allowed participation of students from different schools of Topi. After months of hard work and team effort, six schools of Topi and Swabi were formally invited to send selective students for an art competition themed ‘Green Pakistan’, a bilingual speech competition on ‘My role in making Pakistan clean and green’, followed by a seminar by a guest speaker and tree plantation in GIK school.

The event provided a platform for young students to voice their opinions and thoughts for the first time in front of an audience, which they did with zeal and confidence. Careful assessment of delivery, content and body language earned the position holders with winners’ certificates, prizes and the rest were awarded with participation certificates. Similar procedure was followed for drawings submitted under ‘Green Pakistan’.

Clean is Green project by students of Kinnaird College for Women

The project “Clean is Green” was conducted by Food Science and Human Nutrition active citizenship students of Kinnaird College. The social action project aimed to renovate a park that was poorly maintained and was in a deteriorating state. The park was also a health hazard to the nearby society. The park chosen to conduct the social action project was located in Johar town, Lahore known as Sakhi Park. The team of students cleaned the park, painted the swings and fence, and cleaned the water dispenser and stagnant water from pots and other containers to prevent outbreaks of dengue, malaria and other potential diseases. The students wanted to encourage the public to make parks a frequent destination for rest and recreation activities for the families. Pakistan Horticulture Society ensured the team of students the regular maintenance of this park in particular and all parks around the city.



NUST kicks off water conservation awareness campaign

Against the backdrop of worsening water crisis in Pakistan and prompted by the potential threat of turning into a water scarce country, National University of Sciences & Technology (NUST) has embarked on a robust countrywide campaign to raise awareness on water conservation among the general masses. As the saying goes, “charity begins at home,” NUST kicked off the massive campaign, starting with an intra NUST drive, where-in students, faculty and staff were educated about the imminent threats of water scarcity and the urgency both for individual and collective efforts to convert this disastrous situation into an opportunity. In his message to NUST students, faculty and staff, Lt Gen Naweed Zaman, HI (M), (Retd), Rector NUST, stressed the need for spreading the word to their respective neighborhoods, asking people to economize on water from its household to commercial usage.

In this context, NUST organised a “Water Conservation Walk” in Islamabad on Tuesday, Oct 30, 2018, which started from 9th Avenue signal on the Jinnah Avenue and culminated near main F-10 roundabout. An overwhelming number of students, faculty and people from different walks of life participated in the water friendly walk. They were holding placards and banners inscribed with “Pani bachana hamara qoumi fareeza hai!” (water conservation is our national duty), “Pani k istemal or zian mein farq janiay!” (Understand the difference between use & misuse of water), etc. Water Awareness Stalls were installed at various frequently visited spots in Islamabad, including Blue Area, F-7 and F-10 Markaz.

Continuing with the campaign, on 30th October 2018, a team of 9 students of NUST Community Services Club (NCSC) divided in two teams of boys and girls, visited several schools in Islamabad. Their goal in doing so was what it has been for the entire campaign, spreading the cause by making people aware of the Pakistan’s water situation and stressing on the consequences of negligence in this regard.

The boys team visited FG Model School for Boys in G-11/2, while the girls visited the FG Model School for Girls in G-11/1. Both the visits proved to be very productive, covering classes from 7th to the 10th grades. Fliers printed with simple instructions and illustrations, on how to save water, issued by the NEC, were distributed in the classes which the volunteers attended. It was an interactive session where they were asked about the importance of water in their daily lives and what would happen if Pakistan was to run out. Students were told about the crisis, asked to brainstorm about how they could play their role as an individual to save water.

After the survey, 158 students were being engaged in “Water Conservation Awareness Campaign” as part of their 20 hours field assignment 2 of “Community Service Serving Learning Course” in Government and private schools of Islamabad and Rawalpindi. The school awareness campaign took place from 16th November to 15th December 2018. The total population targeted was 46,400.



Tree plantation at Bahria University

The administration office at Bahria University, Islamabad organized a Tree Plantation activity on Tuesday, 27th March, 2018. The location of the plantation activity was the University's Drop lane. A crowd of eager students from various Departments clustered around to see what was happening.

Not only was this a tree plantation activity but also an anti-littering activity was operated. Sixty trees were planted by the students. It instilled a sense of awareness about the ignorance towards the environment amongst the students.



DHA Suffa University unites for a cleaner Karachi

The Pakistan's Women Foundation for Peace (PWFF) started a campaign for a cleaner Karachi by arranging a peaceful walk at sea view road, Clifton on the 25th of February, 2018. The CSR department of DHA Suffa University reached out to the PWFF and collaborated with them to be a part of this walk. A group of 18 students along with faculty members from DHA Suffa University were registered. The walk consisted of over 1000 people which comprised of students from different schools, colleges, some government officials including traditional media activists and social media bloggers. The crowd appeared with banners and slogans. The motive of the walk was to conduct a peaceful protest against the unhygienic and unclean areas of the city and to motivate the citizens to play their role responsibly for a better and cleaner Karachi. The walk started from McDonald's – sea view and ended at Chunky Monkey – sea view. The motive of the walk was further implemented by the students and faculty of DSU. They cleaned the beach by manually picking up garbage and disposing it off in a responsible manner.



Plantation drive to encourage patriotism on 71st Independence day by Sukkur IBA University

In the spirit of nationalism, Sukkur IBA University celebrated Pakistan's Independence Day by organizing a mega-plantation Drive at its campus. The event began with recitation of the Holy Quran, followed by the flag hoisting and national anthem. Vice Chancellor Sukkur IBA University, Prof. Nisar Ahmed Siddiqui, addressed the large gathering of students, faculty members and team members of higher management, during his speech, he reminded the audience about the year 2017's Independence Day Pledge, 'making Pakistan greener'. He further added that we should celebrate Independence Day not merely by chanting slogans and decorating badges but also doing practical activities of contribution to public welfare and country as a whole.

After his remarks, a cake-cutting ceremony was held, after which, all students and faculty members moved to different locations of Sukkur IBA University to plant a "neem tree" each. On this eve, more than 200 neem trees were planted within the premises of the university.

Health screening activity and awareness session by Bahria University

A health screening activity and awareness session was conducted by HHRD at Dukhtran-e-Islam Academy, Rawalpindi on 20th October' 2018. The purpose of this session was to educate the orphans of the school on health associated issues.

A doctor was invited by HHRD to drill awareness amongst the children. He lectured on diseases caused due to lack of personal hygiene, intake of dirty fluids and consumption of food without washing hands. The CSP club volunteers addressed the children and instigated various activities to keep the attention of the children intact.

A demonstration on how to wash hands properly was exhibited by the volunteers and one by one children from the audience were called on as a part of the program.

A medical assessment of the children which included eyes, ears and a thorough check up of the body was performed. No dangerous ailments were screened, however clear instructions on attentiveness towards personal hygiene was conferred.

The volunteers effectively inculcated knowledge amongst the children and later on their efforts were highly appreciated by the HHRD team.



Anti-littering and cleaning drives by Bahria University

Bahria University carried out a series of Anti-littering and cleaning drives. On 13th October 2018 the drive was executed at trail 6, Margalla Hills.

Hundreds of civilians including students, families and friends are witnessed hiking along the targeted area. The act of littering is despicable where nature provides us such adorned and recreational activities. With this motive, about 20 students volunteered to this anti-littering drive at the appealing Margalla hills of Islamabad. The drive intended to provide a sense of responsibility and ethical understating of the importance of a clean environment. Wide knowledge was imparted on the students with regard to the damaging environment in which we live.

Another drive was arranged at the drop lane of Bahria University on 29th November 2018. A number of 20 students were involved in the cleaning drive. All of these students were guided to clean the entire surrounding by picking up the trash that students carelessly dispose of as they exit the university. This drive was carried out during university hours to exhibit a sense of responsibility and encouragement to those that were present noticing the positive gesture.

As a part of Prime Minister's "Clean & Green Pakistan" initiative, Bahria University Islamabad organized another anti-littering drive at Trail 5 on 12th October, 2018. The aim of the drive was to collect the disposed off garbage- vandalizing and polluting nature.

Mr. Jamal, the host of BU-TV's show, 'A Lighter Side of Life', discreetly gave an introduction of the event and praised its purpose. The drive started with a small warm-up "Tug of War" match which was held between four teams. Later, two groups were made; one bearing plastic bags and the second having gloves. From there on, the groups were further divided into small groups of 5; one student with a plastic bag and the rest with gloves.

Volunteers were supposed to clear half of the trail.

The BU TV team interviewed random hikers on the trail as well as got the insight by the BU volunteers. A volleyball match was organized and students enthusiastically participated in the game.

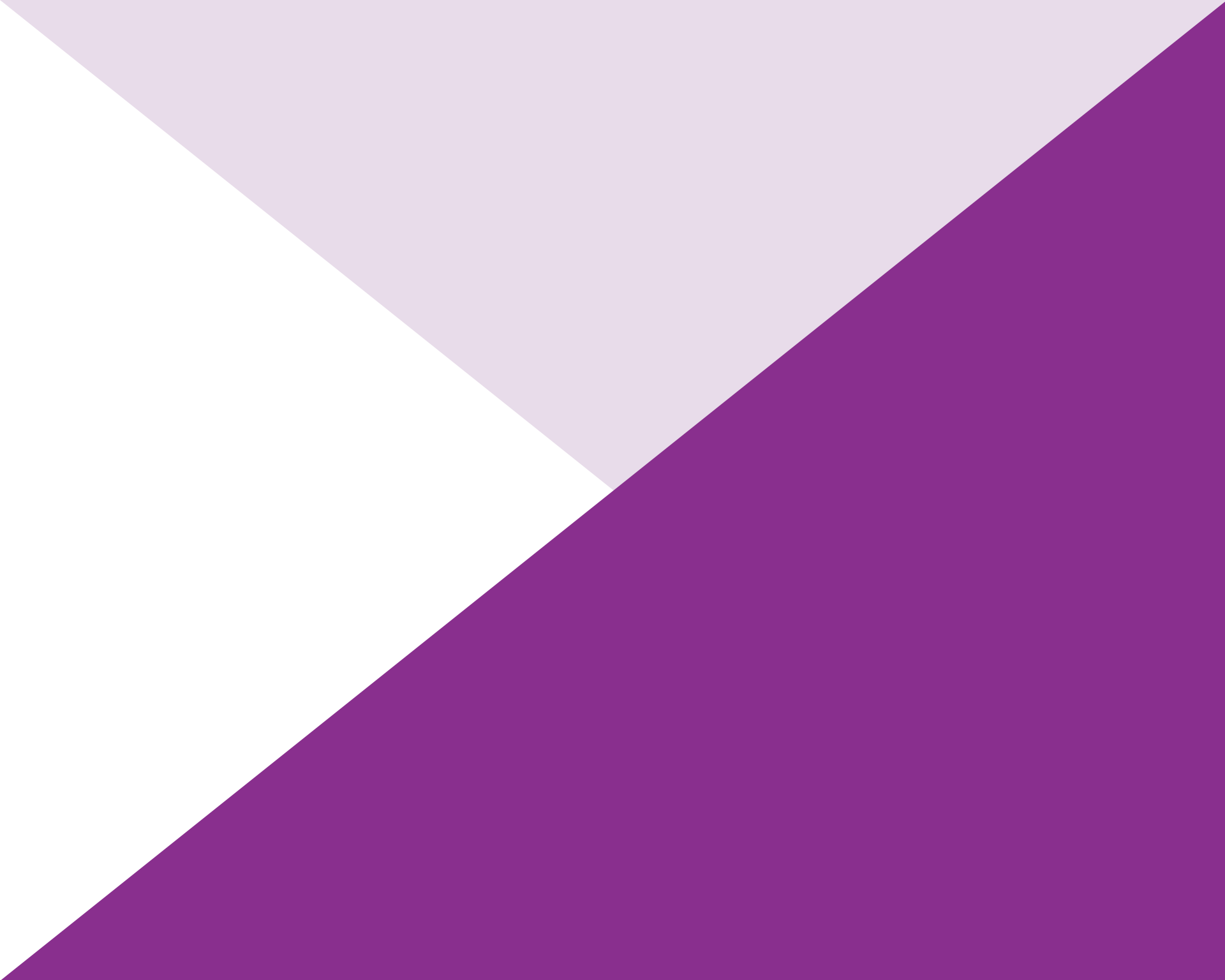
Garbage bags were disposed in dustbins at the start of the trail and towards the end; a group photo was captured to commemorate the day.

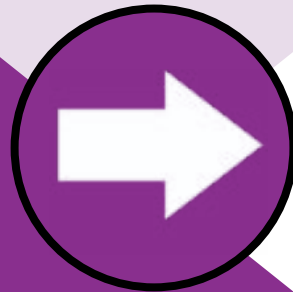
Bahria University arranged an Anti-littering and trail cleaning drive at Trail 6 on Saturday, 10th March, 2018.

Students of Computer Sciences 8th Semester volunteered to participate in this initiative. Volunteers gathered at Faisal Mosques' Parking. Garbage bags, water bottles and gloves were provided by the University. Three teams i.e. Red, Blue and White, were made and they spread-out to clear up all the garbage from the trail. The aim was to clean the trail but on the basis of this activity, a garbage competition was held. The Winner team was promised 20 CSP hours, the team that stood second, 15 CSP hours and the team that was third was granted 10 CSP hours. Students designed posters about Anti-littering and Environment Protection and placed them on the trees along the trail.

The Student Support Centre organized a Trail Cleaning Drive at Trail 5 on 21st April, 18. The activity was administered by Bahria University's Alumni Association (BUAA). The drive encouraged litter reduction and proper garbage disposal amongst the students. Water bottles, gloves and garbage collection bags were given to the students. It was a two-hour activity in which the students actively participated. At the end of the drive, lunch was provided to everyone and a group photo was taken to make the event memorable.







**COMMUNITY
EMPOWERMENT
& OUTREACH**

**COMMUNITY
EMPOWERMENT
& OUTREACH**

Solar panels for electrification in schools & establishment of play groups by HITEC University students

HITEC University Students, as part of their community service project, focused on four schools in the vicinity of Taxila to provide solar panels for electrification and setting up of play groups for small children. Two of these schools are located in village Khurram Pracha, one was in Jori and one was located in the vicinity of Taxila. The classes were dark without electricity and there were no ceiling fans. Students were being taught mostly outside in the verandas or under the shade of trees. Likewise, there was a dire need for small children to be treated differently and be provided with visual and audio tools that could help them learn besides the academic text books. Several students participated in setting up solar panel system to meet current electricity needs. Solar panels with all required accessories were installed in target schools. A few groups also painted classes, decorated walls with educational material and the classrooms attractive for sitting and learning. Kids received books, stationery and toys. Swings were also placed for playgroup kids in one of the schools.



Bahria University continues Mall of Humanity

Bahria University's, Community Support Program held a five day activity that indulged students from different departments. Engrossed in partnership with Helping Hands for Relief and Development (HHRD), the students of BSS Development Studies of seventh semester assisted the organizations program entitled as 'Mall of Humanity'. The purpose of this program was to donate clothes to the underprivileged people of sector E-9's slums. Students actively participated and showed keen interest.

HHRD partnered up with Bahria University, Islamabad Campus to launch their third Mall of Humanity program. It was held from 19th February to 4th March, 2018 by the students of IT Department (Fall-14 & 15). Students involved in a three phased activity and relentless efforts were made. The program laid out the foundation for serving the neglected class of our society in providing them a free of cost retail shopping experience. The results were outstanding and students were appreciated.



Provision of library by Kinnaird College for Women students

The Active Citizens students of BBA department of Kinnaird College for Women, keeping in mind the importance of libraries initiated the project named as "Knowledge for Life". The project aimed at providing the government schools with the library facility that either due to utter negligence or due to lack of resources couldn't provide the children with the environment of library. The school authorities encouraged the students to accomplish this project. For this purpose, the students collected funds from different sponsors. This group of students arranged books, furniture and other library accessories to make library as attractive as it can be. Students and administration of Aabroo Welfare High School provided the team of students from Kinnaird College with healthy and constructive feedback. The project motivated the students and developed a desire of learning and education.



Women Entrepreneurship by IBA Sukkur

Entrepreneurship Center at Sukkur IBA in collaboration with Engro Foundation organized a comprehensive training program for adolescent girls of Ghotki, district where Engro operate its factory. This training program was delivered by the faculty and staff of Sukkur IBA voluntary pertaining to Women Entrepreneurship with goal to help girls in rural community to get economically independent. After the culmination of the program, a certificate distribution ceremony for women entrepreneurship project students was organized at Sukkur IBA University on 08 March 2018. The Vice Chancellor Sukkur IBA University distributed the certificates among the students, officials from Engro Foundation were also present on the occasion.



Visit to Afiyat Old homes by Bahria University volunteers

Bahria University Islamabad collaborated with Aafiyat Old Homes to provide gift hampers comprising of daily essential products like soaps, shampoos or deodorants to both males and females on 12th May' 2018. The event included an interactive session that involved introduction of both the Bahria University volunteers and the old people. Different problems and issues were addressed by the old citizens. They narrated their stories and their experience, which evolved realization amongst the students about the importance of parents. The event proved to be a requirement and was favorably acknowledged by everyone, especially by the volunteers.



Kinnaird College for Women gives vocational training

Kinnaird College for Women aimed at empowerment of women belonging to the lower middle class through training those skills including bag making, stitching, embroidery and art of makeup. The theme of the project was to mainly educate and train women in terms of skills so that they could earn respectable living for themselves and their families. Nestle Pakistan sponsored the project and the funds given by the company were utilized to buy cosmetics, tools, fabric, paints, sewing machines and other required material. The training was mainly divided into two sessions. First session was based on training of makeup skills while in the second session the student conducted training regarding embroidery, needle work, stitching and dough work. As a result of this project women have started small businesses out of which they are earning healthy living.



Sukkur IBA University empowering Khairpur through “Teach for Khairpur” Initiative

Sukkur IBA University's Executive Development Center (EDC), initiated a program, titled “Teach for Khairpur Initiative”, which is a community service initiative sponsored by the ex-Chief Minister of Sindh, Syed Qaim Ali Shah. The main objective of this project is to enhance quality of education in government schools with four fundamental initiatives: establishment of Science Laboratories (in five schools), providing services of Mobile Science Laboratory (to schools where Labs are unavailable), the capacity building of Teachers, and lastly, giving approximately 1,000 students the fundamental ICT training needed in today's digital environment.

To achieve the goals of this initiative, EDC has conducted various trainings including 5-Day Capacity Building Training for High and Higher Secondary School Teachers of Khairpur. During these 5 Days of Training, around 60 Teachers from Government Schools of District Khairpur were trained in Physics and Biology. Each day of training was divided into two sessions. During the first half, all participant teachers were taught theoretical aspects of the subject, while, the second half was dedicated to hands-on activities to experience the practical side of the subjects.

Other than training teachers, EDC also trained students for basic ICT skills. The 12-Day training program on Basic ICT Skills was conducted in various batches. The students of Govt. Naz Pilot Secondary School Khairpur, Govt. Girls High School Luqman, Khairpur and more benefitted from these trainings.

Another successful development of this initiative was the 5-day training on “Leadership – The Way Forward” for the principals & school heads of secondary and higher secondary schools of Khairpur District. During the training, participants were introduced to various approaches, models, and theories of School Leadership and Management.

The “Teach for Khairpur Initiative” is still operational and is making a difference in the lives of students every day.



Sindh Education Foundation (SEF) teachers training program by Sukkur IBA University

In 2018, Sukkur IBA's Executive Development Center has been awarded a significant and a very special Project of Sindh Education Foundation as Adult Adolescent Learning & Training Program (AALTP). In which, EDC is training 450 Teachers of SEF-AALTP Schools throughout Sindh. In this connection, first Training commenced in District Karachi where Master Trainers conducting Training in English, Urdu, Science, Math and SST Subjects of two groups of enthusiastic Teachers. AALTP Program is one-of-a-kind. Teachers being trained in this Program belong to AALTP Schools where students aged between 15 years to 35 years are enrolled and provided basic education of Primary in 2 and a half years. It is indeed a transforming initiative by Sindh Education Foundation and these training will strengthen this model including quality education.

They started four more trainings for 87 Elementary Teachers of Sindh Education Foundation at IBA Community College Naushero Feroze on July 09, 2018.

The target of this program is to teach 4000 teachers in English, Science, Social Studies, and Mathematics throughout Sindh.

Three more 15-day trainings for 90 elementary teachers in Hyderabad were organized under the same program on September 27, 2018. Throughout these 15 Days, teachers are trained under the supervision of Master Trainers in Science, English and Mathematics. They are equipped with the content knowledge of their respective subjects along with prolific pedagogies to deliver the content to their students in effective manner

Additionally, three more 15-day trainings were arranged in Umerkot, while another three trainings were successfully conducted in Mirpurkhas under this project.



Kinnaird College for Women empower an underprivileged community

The students of Kinnaird College for Women believes that “It is their core duty to care for the society, work for its development and contributes towards the betterment of the society. In order to perform their part of duty they have chosen a project to help people overcome poverty that are living below poverty line.” The students chose a ‘kachi abbadi’ named “ALLAH HO” where they catered 30 households. The funds for the accomplishment of the project were collected through donations and zakat funds. The students provided vocational training to people so that they could earn their livelihood. Moreover, ration boxes and first aid boxes were also distributing amongst selected families. Students also managed to install a small scale water filtration plant so that through their efforts at least some part of the society could have access to safe clean drinking water. Dustbins were also installed for proper management of waste. The group of students claims that water filtration plant and dustbins will be monitored by the head of that particular kachi abbadi.



Clothes donation and collection project by NUST students

A team of volunteers from NUST organize various street stores throughout the year for underprivileged communities. The project consisted of two main parts, collection of clothes and then setting up the street store. Every member of the group collected as much clothes as they can and after that the items were ironed, nicely packed and ready to be put on stalls to give a true shopping experience to the underprivileged. In the later stage of the project a street store was set up near the Kachi Abaadi of G11/4 by Chadar on 30th April 2019. Around 250 members of that community benefited from the street store.



Summer Professional Development Program 2018 by Sukkur IBA University

The Directorate of Community Colleges & Public Schools of Sukkur IBA University organized Summer Professional Development Program 2018 for the teachers of Community Colleges and Schools supported by the Directorate. The Community Colleges & Public Schools initiative was the brainchild of Sukkur IBA University in order to intervene with the poor educational environment of Government Schools in Sindh. Since undertaking these colleges & schools, Sukkur IBA University organizes regular trainings for its faculty & staff and is fully committed toward building teachers' capacity and enhancing their overall teaching quality. The Summer Professional Development Program continued for 23 days. The program offered training in all teaching areas including Physics, Chemistry, Biology, Computer Science, Mathematics, Languages, Social Studies and Early Childhood Education. The sessions were facilitated by the senior faculty of Sukkur IBA University and IBA Community Colleges. The purpose of this comprehensive training program was to update teacher content knowledge and help them improve their pedagogy.



Girls empowerment project by Kinnaird College for Women

Volunteers of Kinnaird College for Women initiated a project where girls are empowered by equipping them with such skills through which they could earn for themselves and their families. The active citizenship students taught them how to make decorative baskets and pots. The finished products were sold and through the profit the cycle of buying new material and selling products started. The students believed that through this the girls would be able to afford their own education which is very necessary for them to acquire. Through this initiative, young girls were able to deal with their financial crisis.



Distribution of books, copies and stationery items at Basic Education

Bahria University Islamabad annually distributes books and copies amongst the students of Basic Education Community School. This year, the activity was conducted on Wednesday, 9th May' 2018. Students from CSP club volunteered to lend a helping hand. The university also pays monthly pay salaries to the two teachers teaching in the school. This year, BU added extra items to their distribution list i.e. lunch boxes, water bottles and stationery items. The distribution was such that it equipped students with school items on the basis of their promotion to new classes.

The activity procured the immense attention of the volunteers towards the lack of resources and issues the penurious face. Also, the organization that laid out the project and the concerned lot, expressed their gratitude towards the generosity provided by the University, as well as the members of CSP club.

Kinnaird College for Women initiates a project “Kids meet books”

“Kids meet books” is a project carried out by the active citizens of Kinnaird College, which aimed at promoting the habit of reading among secondary school children through its program, a key component of which is the provision of library with high quality books, run by a trained librarian. The team of computer science students conducted this project in Govt. Lady Mac Lagan Higher Secondary School. The objectives of the project included enhancing reading skills among the students by reading the books of their choice, other than the syllabus related books, to provide space with a wide range of resources to support learning and to provide students a place for collaborative learning and creativity. The team of students collected funds and books from their fellow university mates and used them for furnishing the library in the respective school. The team is in contact with the librarian for the monitoring of their project.



Fempower- a women empowerment project of NUST

NUST Community Service Club (NCSC) believes not only in helping the needy, but in empowering and facilitating them so that they can stand on their own feet in this world. Keeping this in mind, NCSC steered its Project Fempower in a new direction last month from collecting donations for verified cases of women in need to getting them the education and skills necessary to survive on their own.

In collaboration with Islamabad Vocational Training Center, 2 women from families scraping by on money sent by relatives and alms have been enrolled in courses designed to help them set up their own businesses as steady means of earning. The women, identified by the Fempower team, have both completed a month each in their respective 6-month courses and have shown good performance so far in their journeys to become a dress designer and a beautician respectively. In a MoU signed between all parties concerned, the ladies benefiting from the training provided will pay Islamabad Vocational Training Center the course fees in easy installments of Rs. 500 per month once they secure their livelihoods after the 6-month training period.

The NCSC Fempower team is proud to have facilitated these iron-willed ladies on their journey to financial stability and are targeting a similar number of women to reach out to with the same proposition in the coming months.



Initiative for visually Impaired students by Kinnaird College for Women



A group of students from Urdu department (consisting of 5 visually impaired students and 3 others) from Kinnaird College for Women decided to help visually impaired students of a very low profile government school. The school management was somehow unable to fulfill their special needs of their students. The volunteers decided to build a library and facilitate students according to their needs. They collected different books in Braille format which included the syllabus from primary till matric. They renovated a small room into library and placed all books there and recorded their audio as well. The volunteer students of Kinnaird College also gave lessons of Braille language to their students from kindergarten till 3rd standard. They provided cupboards for their library, head phones, recorded educational material and Braille books.

Institute of Space Technology's uniform distribution activity

Umeed, a project of Institute of Space Technology, works under a mandatory principle to provide the school uniforms to all needy students studying in the Government – Run school in the suburbs of Institute of Space Technology. Under this program, a list of all deserving students is jotted down along with their age, gender and size. After the documentation part, procurement of uniform starts which is overlooked and managed by Director Procurement with the supervision of Umeed's faculty patron. After the Procurement phase, distribution is done with the help of our dedicated volunteers and team members. As last year this year too Umeed gave its financially challenged students the gift of the new uniform. A team of almost 30 members including volunteers, sector heads, and executive team distributed school shirt and pants among the students of different schools.



Rural Women goat farming in district Kasur Pattoki project by UVAS



University of Veterinary and Animal Sciences (UVAS) launched a project to empower village women. The project was implemented in two villages of Tehsil Pattoki, District Kasur in neighborhood of the UVAS Ravi campus Pattoki. (Mundekye and Jaggo Wala). Survey of villages for identifying poor rural women for distribution of goats was done and beneficiaries were identified. Training sessions were conducted in villages with the help of social mobilizers. Training material was distributed to participants. Field visits were done on the Goat Farm of UVAS. Beetal female goats were purchased from the local market. The UVAS expert team on small animal ruminants helped in the purchase of goats as per PAPRA rules. The goats were distributed to beneficiaries. After distribution, the beneficiaries were given remaining training sessions. For breeding, male bucks from UVAS small ruminant farms were used. The women will keep goats for two years after completion of the project. Record keeping for vaccination and deworming was done on printed cards. The cards will be kept by beneficiaries for follow-up in the future. A Goat Show was organized at the end of the project for all beneficiaries. A documentary on the whole activity from initiation to the end was also made.

Beneficiaries of the project were linked with the local market for selling the future progeny of goats. Pharmaceutical and feed companies were also being linked with beneficiaries for sustainable support after completion of the project. A follow-up team from the civic engagement project is paying regular visits to selected beneficiaries for monitoring and data collection on the impact of the project in improving household earnings.





MISCELLANEOUS

MISCELLANEOUS

Celebrating peace week at DHA Suffa University

International peace day was established by UN General Assembly in 1981 to strengthen the ideas of peace within and among all nations and people. The UN urges all nations and populations to respect a cessation of hostilities during this day and to mark it through the information and public awareness activities on peace issues. Peace day provides a globally shared date for all humanity to commit to peace above all differences and to contribute to building a culture of peace.

To commemorate Inter Peace Day, the CSR Department at DHA Suffa University, put up an interactive art installation (a golden wish tree) and engaged students in a week long activity to celebrate International Peace Day from 24th-28th September 2018. The objective of this activity was that by the end, students introspect on how to become a better/peace loving citizens and inspire each other.



Sukkur IBA University students participated in Women's day

Students of Sukkur IBA University and Alumni USAID Funded Merit and Need Based Scholarship Program i.e. Ms. Priya Rani and Ms. Monika were invited by Higher Education Commission to attend International Women's Day at Islamabad on 8th March, 2018. The Scholars Shared their experience, success stories and contribution of Sukkur IBA University in reshaping their career. The Higher Education Commission (HEC) and the United States Agency for International Development (USAID) jointly marked the International Women's Day by celebrating the achievements of female students and alumni under the USAID-funded Merit and Need-based Scholarship Program.



Community Support Program-Iftar drive at Bahria University

Bahria University Islamabad conducted an Iftar Drive in the university premises for its staff members on Thursday, 24th May' 2018. CSP club members and students from different departments participated in this program. Iftar and dinner was organized for about 200 people in total. Female students helped in slicing fruits and making packs of food, whilst the male students readied the trays and served them outside the University Masjid. A group photo was captured to commend the hard work and efforts of the students.



Sports day celebration at Aghosh orphanage by NUST

On the 7th of October, 2018, members of NUST Community Service Club (NCSC) volunteered to visit the Aghosh Orphanage and organize a sports gala to spend quality time with the children there.

The volunteers engaged the children in a sports tournament in which they played football with each other and competed in teams in a friendly competition. The overall temperament of the NCSC team members helped ensure a positive environment for the miniature tournament that lasted half an hour.

Afterwards, the children participated in a photo shoot with props that had been themed around famous football players. The children had their pictures taken with their friends and the volunteers present, a process they seemed to enjoy immensely.

Following the photo session, the children partook in a tug-of-war contest, with the volunteers pulling the rope alongside them to help raise their spirits. A second photo session took place soon after, with the children sorted into their houses. Once the games were wrapped up by 1 pm, the volunteers gathered the children inside and had light-hearted yet meaningful conversations with them. The truly happening day and yet another successful visit to Aghosh Orphanage thus came to a close.



Color us happy 2018 by Institute of Space Technology

Institute of Space Technology is an Institute full of talented engineers and scientist as well as enthusiast artists who perform their skills in every field of life. Team Umeed, conducts bi-yearly an event titled as Color Us happy to promote co-curricular activities among its fellow colleagues and productive ways of learning for underprivileged class by decorating school walls.

This year the event was conducted at Bagga Shaikhhan Primary School, on 31, March 2018, with the collaboration of ArtIST, a student based society of IST.

A total of twenty-three volunteers participated in the event, painted the inner walls of the school boundary with wall graffiti and paintings. The paintings contained basic learning materials for primary classes and were presented in an attractive way that could grasp students' attention. The children and the faculty appreciated the endeavor and suggested to continue such activities for the betterment of society.



Donation at JDC Old Age Home by DHA Suffa University

JDC Foundation Pakistan is working as an independent, non-governmental, non-profit and charitable organization. It works under its own Memorandum of Articles of Association and leadership. Their mission is "to be the principal charitable organization of Pakistan, and be self-reliant and committed to supporting and alleviating human sufferings through providing educational, medical and community support, while acting in compliance with fundamental principles and humanitarian values of the JDC Welfare Organization."

On 31st December 2018, CSR executive visited Old Age Home of Jafaria Disastrous Cell, and handed over garments and accessories donated by a DSU faculty member. The list of the donated items included shalwar kameez, night suits, ties, jackets, belts, shoes, caps etc.



Bahria University commemorates Labor Day' 2018

To commend the efforts and achievements of workers around the globe, 1st May' is determined as Labor Day. It is celebrated around the world as a tribute to the contributions workers have made to strengthen, prosper and aid the country.

On behalf of this day, the Community Support Program (CSP) took the initiative to celebrate Labor Day with the University's working staff on 30th April' 2018, as 1st May is declared holiday. CSP club members volunteered for the event and assisted BU's staff in distribution of food amongst 300 workers. Towards the end, a group photo was captured. The struggle by the students was acknowledged by the staff members and they expressed their gratitude to the hosts.



Indus Hospital fundraising for Children's Cancer Hospital DHA Suffa University

Students of DHA Suffa University volunteered at a carnival organized by the Psychosocial Department of Indus Hospital to raise funds for the Children's Cancer Hospital (CCH) on Saturday, 22nd December, 2018. This was an excellent volunteering opportunity for DSU students. Fifteen students of DSU will participate in Winter Carnival by Psychosocial Department Indus Hospital, on Saturday, 22nd December, 2018. This was an 8 hour volunteering activity, where students were required to set up game stalls, manage passes and assist the management. The total charity collected will be donated to the Indus Hospital for treatment of cancer patients.



World Veterinary Day'18 celebrated by UVAS

World Veterinary Day is a day of Veterinarians celebrated every year on 28th April. University of Veterinary and Animal Sciences (UVAS) with collaboration with all its three leading societies Vet Crescent Society, Vets Care Club and SAVERS celebrated World Veterinary Day on 27th April 2018 and 28th April 2018 on the global theme of "The role of the Veterinary Profession in Sustainable Development to improve livelihoods, food security and safety".

Seminar on career building and grooming of vets was conducted by Dr. Muhammad Awais Dar (Manager-Sadaat International). Wildlife photographic competition was held. At the end cake cutting ceremony was done with the faculty of Veterinary and Animal Sciences.

Horse Show was organized in the main ground and Snake Show in the Lawn behind the Pet Centre. Distinct species of snakes were displayed to educate the difference between venomous and non-venomous snakes, their diseases and to give awareness about the advantage and use of snake venom.



Together for tolerance- interactive session by Sukkur IBA University

Sukkur IBA University in Collaboration with Carnelian organized interactive session with students under together for tolerance on 12th April 2018. Mr. Hasnain from carnelian interacted with students and discussed about long term and short term strategies to make our society tolerant and peaceful. Together for Tolerance is Pakistan's largest youth movement, geographically, across 70 universities in all 5 provinces. As the name suggests, this movement has been initiated to promote and build the muscles of tolerance in individuals, homes and communities. The movement is owned by TFT members studying in universities across Pakistan and is being led by Carnelian, Pakistan's premier communications consulting firm.



"Pull up a chair. Take a taste. Come join us. Life is so endlessly delicious."

-Ruth Reichl-

Kinnaird College for Women volunteers spend time with Transgenders

How someone is born is not in their hands or else no one would ever opt to be born a transgender! 5% of our population is unfortunately transgender people who are not only looked down upon but aren't even considered humans. So, a team of 6 Active citizenship students of Kinnaird College for Women decided to help and spend time with the forgotten people of our society for something they had no control over. The volunteers worked with the Head of Transgender community at Fountain house to help these people feel welcomed in our world and help them feel like humans. This drive was to bridge the gap between the Khawaja Siras and the others. The girls gave them lectures and awareness for the job opportunities they can avail other than begging which to them was their only profession. There were interactive sessions and movie screenings to help them connect with others. This positively boosted the confidence of those people and helped them to think straight. Initiatives like these are so important for the society to flourish and help with the concept of coexistence.



Ethical Education for Special Children by Kinnaird College for Women

Kinnaird College for Women initiated a project named 'Ethical Education for Special Child' aimed at providing ethical and vocational education to special children. The organization chosen to conduct this project was HRVRC Fountain House, Lahore. The span of the project was 64 credit hours in which the group of students organized different activities to vocationally skill the children. These activities included card making and designing handicrafts. Further, the students were taught time management strategies and how to utilize the skills they already have. The project in collaboration with the organization helped mentally ill men and women recover by providing them opportunities to live well and work. The team of students from Kinnaird College for Women under the banner of British Council Pakistan successfully completed the social action project and tried to help the special children as much as they could.

Bahria University and NUST arranges trip to Ayub Park with Aghosh Orphanage

Orphans belong to the most vulnerable group of our society and most of them are deprived of basic human rights. Such violation of rights has led organizations to prompt action and protect the rights of these orphans. One of the most prominent organizations, Al-Khidmat Foundation, has developed a well-connected network that facilitates them to extend a helping hand towards the vulnerable of our society.

Aghosh Orphanage is situated in Rawalpindi that manages a number of 60 orphans. This orphanage is adopted by Al-Khidmat foundation. Al-Khidmat foundation caters the basic needs by the provision of education, shelter and clothing respectively.

On this occasion, to provide some physical activity, the team of Community Support Program of Bahria University and NUST Community Service Club (NCSC) volunteers took the esteem opportunity to cater to the needs of orphans by taking them to Ayub Park on 15th December 2018. A number of sixty health kits were prepared and packed to cater those sixty orphans along with the provision of sports equipment's. Moreover, 40 volunteers helped in the cause among which 20 were from CSP and the other bit from NUST. The day was carried out by dividing the orphans into groups followed by a sequential guidance towards the insightful zoo, the thrill of joy rides and tours. Furthermore, everyone enjoyed a decent lunch including the volunteers and the orphans. By the end of the exhilarating event, the volunteers were presented the opportunity to visit the Aghosh Orphanage. Such activities are encouraged by students and those who seek to lay the foundation of humanity.



Gift Distribution to students of DHA Suffa University Academy

DHA Suffa University's CSR Department runs a five week literacy program by the name of "DSU Academy". The academy is run by Management Sciences students on DSU's campus, and is attended by underprivileged primary school children from the neighboring slums of DHA Karachi. Recently gifts were distributed to the DSU Academy students by student volunteers, courtesy of a silent donation received by the CSR Department.



"Sleepless words tell sleepless stories."
— Kim Pape

PCTN Member Universities

Currently, the following universities are members of Pakistan Chapter of the Talloires Network:

1. Abdul Wali Khan University, Mardan
2. Aga Khan University
3. Bahria University
4. Beaconhouse National University
5. Balochistan University of Engineering and Technology
6. Balochistan University of Information Technology, Engineering & Management Sciences
7. COMSATS Institute of Information Technology
8. DHA Suffa University
9. Dow University of Health Sciences
10. Dawood University of Engineering and Technology, Karachi
11. Fatima Jinnah Women University
12. Federal Urdu University of Arts, Science & Technology
13. Foundation University
14. Ghulam Ishaq Khan Institute of Engineering Sciences & Technology
15. Gomal University
16. Government College Women University, Sialkot
17. Govt. College University, Faisalabad
18. Greenwich University
19. HITEC University
20. Indus University
21. Indus Valley School of Art and Architecture
22. Institute of Business & Technology
23. Institute of Space Technology
24. International Islamic University
25. Iqra University
26. Islamia University of Bahawalpur
27. Karakoram International University
28. KASBIT
29. Khawaja Fareed University of Engineering & Information Technology
30. Khyber Medical University
31. Khyber Pakhtunkhwa Agricultural University, Peshawar
32. King Edwards Medical University
33. Kinnaird College for Women
34. Lahore College for Women University
35. Lahore University of Management Sciences
36. Lasbela University of Agriculture, Water & Marine Sciences
37. Mirpur University of Science and Technology
38. National Textile University
39. National University of Modern Languages
40. National University of Computer & Emerging Sciences
41. National University of Sciences and Technology
42. National University of Medical Sciences
43. NED University Of Engineering and Technology
44. NWFP University of Engineering and Technology
45. Pir Mehr Ali Shah Arid Agriculture University Rawalpindi
46. Quaid.e.Azam University
47. Riphah International University
48. Sarhad University of Science and Information Technology
49. Shah Abdul Latif University
50. Shaheed Benazir Bhutto Women University, Peshawar
51. Shaheed Benazir Bhutto University, Upper Dir
52. Shaheed Zulfiqar Ali Bhutto Institute of Science and Technology
53. Shifa Tameer-e-Millat University
54. Sindh Agriculture University
55. Sindh Madressatul Islam University
56. Sukkur Institute of Business Administration
57. University of Agriculture, Faisalabad
58. University of Azad Jammu & Kashmir
59. University of Faisalabad
59. University of Haripur
60. University of Health Sciences, Lahore
61. University of Gujrat
62. University Of Lahore
63. University of Management Sciences and Information Technology, Kotli
64. University of Sargodha
65. University of Sindh
66. University of the Punjab
67. University of Veterinary and Animal Sciences
68. Virtual University of Pakistan
69. Ziauddin University

How to join PCTN

In order to join the network, the university needs to send two letters of commitment signed by the President, Rector, or Vice-Chancellor. The first letter should be addressed to Chair PCTN, Lieutenant General Naweed Zaman, HI (M), (Retired) (Rector, National University of Sciences and Technology, Islamabad) and can be e-mailed to pctn@nust.edu.pk.

Another letter should be sent to Anthony Monaco, Chair of The Talloires Network Steering Committee and be e-mailed at talloiresnetwork@tufts.edu.

Sample letters can be seen on our website. Along with the letters include a brief overview of your civic engagement activities. The university must also designate a focal person who would be the point of contact for all community service related activities. Once the membership is approved, the university will get a confirmation from both PCTN and The Talloires Network.

For any queries contact

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