

# CommPact<sup>2020</sup>

Pakistan's Institute of Higher Education  
Impacting Community through PCTN

# CommPact <sup>2020</sup>

A PCTN Publication

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## Editor's Note

I hope you all are safe and well with your families in these challenging times. It certainly has been quite a year. The ever changing normalcy of life has been slowly returning with caution of course. Covid-19 vaccines have given a ray of hope to everyone in order to reclaim our normal lives which have been turned upside down due to the pandemic. Vaccines can keep us safe from getting and spreading the virus that causes Covid-19. Hence, it is really important that we all must get ourselves vaccinated and protect ourselves as well as people around us.

I am pleased to share with you the 11th edition of Pakistan Chapter of Talloires Network (PCTN) newsletter. This is a special edition of the newsletter that focuses on how the institutions' response has been to this pandemic.

Since the past year, universities and institutions were not able to fully operate due to the SOPs as laid by the Government; hence hindering and delaying many activities and efforts of civic engagement by our youth. However, some amazing acts of volunteerism have been seen despite all the challenges.

After much delay, the Talloires Network Leaders Conference (TNLC2021) is to be held virtually on 30 September – 3 October 2021. Jointly hosted on the virtual campuses of Tufts University's Tisch College of Civic Life and the Institute of Politics at Harvard Kennedy School, the conference is a global gathering of higher education leaders and students from all regions of the world. Registration for the conference is open for all Talloires Network and PCTN members. For more details, please visit

<https://talloiresnetwork.tufts.edu/tnlc2021-boston-2/>.

I would once again request member institutions to please share their civic engagement activities with PCTN secretariat for maximum exposure. For any queries, please feel free to contact me at [maheenmumtaz@smme.nust.edu.pk](mailto:maheenmumtaz@smme.nust.edu.pk).

# Chair's Message

I am pleased to peruse and share with you the latest newsletter of Pakistan Chapter of the Talloires Network (PCTN). PCTN was established in July 2013 when 35 Pakistani universities, which were then members of Talloires Network (TN), agreed to form a coalition to promote and strengthen civic engagement in Pakistan. Agreement between TN & PCTN was signed to formalize partnership and outline responsibilities which included: encouraging Pakistani universities to participate in civic engagement activities; sharing civic engagement programs with each other and with TN; periodically advising TN about its program directions and priorities and expanding membership in Pakistan. I am glad to note that from 35 Pakistani universities, the membership has increased to 73.



The current issue of PCTN newsletter covers noteworthy activities undertaken by various institutions during these challenging times due to the pandemic of Covid-19. The newsletter also covers significant contributions by the academia in terms of research and product development to combat Covid-19.

It is hoped that subsequent issues will have greater coverage from more universities. I urge all member universities to utilize this medium for highlighting their programs and achievements in civic engagement. We look forward to significant mutual learning and sharing of each other's experiences.

**Engr Javed Mahmood Bukhari**  
Rector NUST

**PCTN Secretariat**  
Housed at NUST, Islamabad

**Patron**  
Chairman HEC

**Chair**  
Engr Javed Mahmood Bukhari

**Chief Coordinator**  
Dr Javaid Iqbal

**Senior Coordinator**  
Dr. Abida Ayesha

**AM Community Service**  
Ms. Maheen Mumtaz



احتیاط کیجیے! اپنی اور اپنے پیاروں کی زندگیاں بچائیے۔



سینٹائزر کا استعمال کریں۔

بار بار ناک کو ہاتھ نہ لگائیں۔

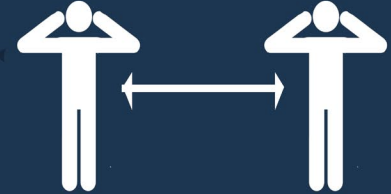


ماسک ضرور پہنیں۔

چھینکتے وقت رومال یا ٹشو پیپر  
کا استعمال کریں۔

## کورونا وائرس

سے بچاؤ کے لیے احتیاطی تدابیر اپنائیں۔



نماز پڑھنے کے دوران 3 فٹ  
کا فاصلہ رکھیں۔



نزلہ، زکام اور بخار ہونے کی صورت  
میں نماز گھر پر ہی پڑھیں۔



ہاتھ ملانے سے گریز کریں۔



بیمار ہونے کی صورت میں  
ڈاکٹر سے رجوع کریں۔



دن میں وقتاً فوقتاً ہاتھ  
صابن سے دھوئیں۔

مزید معلومات کے لیے صحت تحفظ ہیپ لائن 1166 ملائیے۔

# CORONAVIRUS PREVENTION

## PROTECT YOURSELF AND OTHERS

### SYMPTOMS



FEVER /  
HIGH TEMPERATURE



A LOSS OR CHANGE  
TO YOUR SENSE OF  
TASTE OR SMELL



A CONTINUOUS COUGH

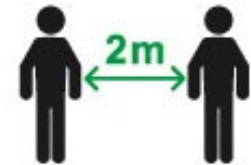
### PROTECTION



WASH HANDS AND  
USE HAND SANITISER



WEAR FACE  
COVERING



KEEP DISTANCE



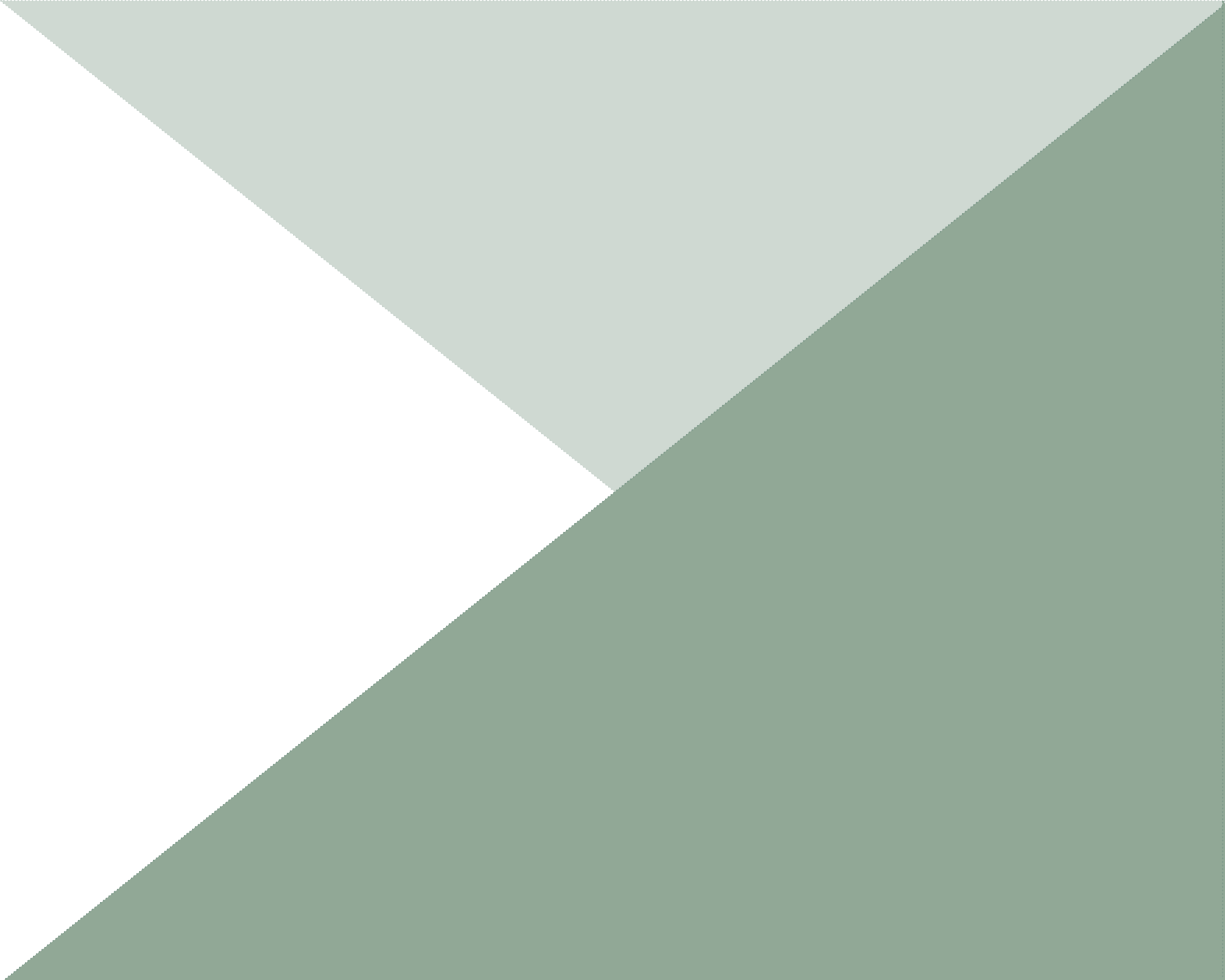
DON'T TOUCH  
EYES, NOSE, MOUTH

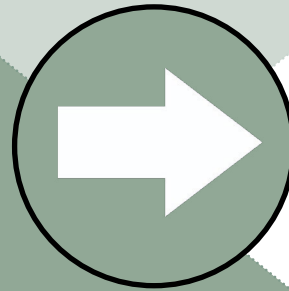


SELF ISOLATE  
STAY AT HOME



MEDICAL  
CONSULTATION





**IN FOCUS**

IN FOCUS

## NUST Al Qalam project wins third prize at the coveted MacJannet Prize 2020

Al-Qalam Program initiated by two alumnis of NUST Community Service Club (NCSC) at National University of Sciences and Technology (NUST), Pakistan, won the third place winner at the prestigious MacJannet Prize 2020. Al-Qalam program is a student organization that provides educational opportunities to children who are out of school due to their family's financial limitations.

The program was launched in 2015 by two highly motivated members of the club. The National Education Management Information System (NEMIS) provided them with statistics on education in Pakistan in the 2015-2016 academic year, which revealed that about 44% of children between the ages of 5 and 16 are not enrolled in schools. Moreover, more than 60% of children in schools drop out before matriculation at a college or university. Most of these children are deprived of education because of their families' financial strife. Given that NCSC members have had the privilege of studying at the best schools and universities, they wanted to help. Thus, Al-Qalam was born. The program was launched on the basis of voluntary monthly donations of \$1.35 (equivalent to 100 Pakistani rupees) from NUST student members.

Al-Qalam Program is an ongoing project run by council members in coordination with class representatives nominated by elected class ambassadors from all departments of NUST. This system is the most simplified way to work from the bottom up and ensure a hassle-free process for collecting donations. University support is provided by the Directorate of Student Affairs.

A faculty advisor and two support administration officers coordinate budget and expenses, transportation, supplies, security, halls and classrooms, and any other administrative requirements of the program.

The main purpose of NCSC Al-Qalam program is to empower communities by providing basic primary education to out-of-school children in accordance with local needs, contributing to the improvement of Pakistan's educational infrastructure.



## In Memory of

In this issue we recognize the work of our teachers, students, volunteers, colleagues etc. who have impacted our lives in one way or the other. Various described as heroes, caring parents and loving family members, they will never be forgotten.

## Kashir Asghar, National University of Sciences and Technology (NUST)

Kashir Asghar, Assistant Professor and Head of Industrial Relations at NUST Business School (NBS) and a prominent member of NUST family, left this world for the hereafter on the blessed day of Jumma-tul-Widah – May 22, 2020. Kashir was loved by everyone who knew him – he was a kind, humble and sincere soul. May Allah Almighty grant him the highest ranks in Paradise, and give patience and strength to his bereaved family to bear this irreparable loss. Our hearts go out to his family and his father, Lt Gen (Retd) Muhammad Asghar, who served NUST as its second Rector and Chair PCTN and was a prominent member of Talloires Network Steering Committee.



## Tribute to Late Prof. Nisar Ahmed Siddqui (Sitara-e-Imtiaz) – Vice Chancellor Sukkur IBA University

The country lost a legend when Prof Nisar Ahmed Siddiqui died on June 22, 2020. Prof. Siddiqui was founding Vice Chancellor of Sukkur IBA University. Indeed, he was behind every major success of the university since its inception. Prof. Siddiqui coined the idea of a quality education institute in Sukkur, in 1994-95 Prof. Siddiqui with like-minded people in the region, started Sukkur Institute of Business Administration initially with two rooms hired in Public School Sukkur with affiliation of IBA Karachi. The journey continued in leaps and bounds and now Sukkur Institute of Business Administration is turned into a full-fledged Sukkur IBA University, a public sector university offering quality education with the mission to serve the community. Prof. Siddiqui was also a member of steering committee Talloires Network, he contested the election during 2018 to earn a place in the steering committee where his contribution for showcasing Pakistan's civic engagement has been enormous. The nation would be in a permanent debt for the contribution that Prof. Nisar Ahmed Siddiqui had made for the betterment of society, especially in the field of higher education.







**ADVOCACY/  
AWARENESS**

**ADVOCACY /  
AWARENESS**

## GIKI conducts Ration drive

Ghulam Ishaq Khan Institute of Engineering Sciences and Technology (GIKI) Project Topi started COVID-19 ration relief program during the lockdown. Due to the lockdown almost all industries were closed which had a huge impact on the economy and many were out of work. The ration drive began from 27th March 2020.

The volunteers of Project Topi began raising awareness and with great warmth, all the societies in GIKI joined in with Project Topi and helped with expanding the reach. With donations from the alumni and generous other donors they were able to raise PKR 1,078,816.

The contents of the bag were thoroughly thought of, with the main objective of it containing as much essentials as possible. With the help of the Campus General Store Owner ration bags were prepared with dry items of ration.

Every ration bag was packed with extreme hygiene and care, with gloves and masks being worn by everyone involved in the process.

By keeping in mind to maintain safety, the next plan was to distribute to maximum number of families. Each day, a fixed number of family representatives were contacted to come and collect their ration bag from the GIKI main gate. The security guards were informed of the procedure prior to the operation, and all a family representative was needed to do, was to show up at the gate, provide their ID card number and they were given a bag, with absolute no physical contact from any party to the other. Due to this global pandemic, maintaining distance and hygiene had to be the top priority and everyone involved understood and played their part with utmost determination.

The campaign ran through the month of Ramadan and by the end of it 436 families were provided ration.



## Bahria University and Akhuwat join hands to instil volunteerism with Virtual Fellowship Program 2020

COVID-19 is an epidemic that has gripped not only Pakistan but the entire world. It has threatened lives and has led to a major economic crisis due to which millions have lost their livelihood. To support fellow Pakistanis during these testing times, Akhuwat and Dunya Foundation have launched the Akhuwat Virtual Fellowship Program 2020. In this program students of Bahria University learnt how volunteerism can enhance the abilities, alongside how youth can work for the betterment of the community, specifically during covid-19. More than 60 students of Karachi campus participated in this program.

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## International day for older persons celebrated by Bahria University students

Bahria University Karachi Campus, Student Support Centre visited Ashiyaana, Old Age Home on Thursday 1st October 2020 under the umbrella of Community Support Program - CSP. Total 30 students of different departments of BUKC were engaged and 5 CSP hours were given against the activity. Students were provided with an opportunity to visit a retirement house for senior citizens, where students were able to spread happiness by treating the elders with home-cooked food and satisfying their social needs by spending time with them which included one on one interaction, storytelling, distribution of flower bangles, cake cutting ceremony followed by lunch arrangements.



## Seminar on Anti-Beggary by Lahore College for Women University

Keeping in mind the hazards of beggary, Social Work Department of Lahore College for Women University (LCWU) arranged a seminar on “Anti-Beggary” in collaboration with Directorate of Social Welfare and Bait ul Mal Punjab and Tanzeem Al Fajar Pakistan on 29th of January, 2020 at IT Hall, Lahore College for Women University. The event was attended by a large number of students along with the faculty members. During Seminar a survey was also conducted to obtain responses, views and suggestions of participants for the eradication of this social problem.



## Rashan packs distribution by Bahria University

Bahria University (BU) students distributed nearly 1,000 rashan packs to the poor during COVID-19 on the streets of Twin Cities when situations around the globe were absolutely challenging and people were requested to stay at home by authorities and experts. Students took responsibility to help their poor people and come out after taking proper precautionary measures (SOP's) distributed rashan packs among people. Students also distributed 400 rashan packages in the streets and slums of Islamabad.

Various volunteers from various department of Karachi campus distributed 80 bags of ration to the needy and deserving people in the area of Aziz Bhatti Park & Steel Town Karachi. Students distributed 220 ration bags to Nafees Akhtar School (Orphanage). Students from the various departments furthermore distributed 55 ration bags in the area of Landi, Korangi Town & Kala Goth.

An-Nakhlah Society distributed 303 bags of ration to the deserving people of Karachi area includes (Ittihad Town, Surjani Town, Ibrahim Hyderi, Lyari Town, Gulshan e Zia, Orangi Town, Qasba Colony, North Karachi, Jutlines, Jahangir Road, Khokarpar Malir, Safoora Goth with the help of BU Karachi campus students. They also distributed 13 bags of ration to the Mosque Imam & deserving people in the area of Model Colony Malir & Kala Goth Karachi.

Bahria University Lahore Campus (BULC) also stepped forward in the hour of need and delivered the essential supplies at the door steps of the needy during the lockdown situation. 40 deserving families were identified at Tiba village and provided ration. Moreover, ration bags, catered for a month, were also given to the deserving staff members of BULC.



## Black day in solidarity with Kashmir commemorated by Sukkur IBA

Youth Integrity Club & Character Building Society and YPDC of Sukkur IBA University Students Council in collaboration with National Accountability Bureau (NAB), Sukkur observed Black Day in solidarity with the people of Kashmir at its Main Campus on October 27, 2020. Vice Chancellor Sukkur, IBA University, Prof. Dr. Syed Mir Muhammad Shah and Registrar, Engr. Zahid Hussain Khand led the rally inside the campus to denounce Indian atrocities across Kashmir. Addressing the occasion on Tuesday, Vice Chancellor, Sukkur IBA University, Prof. Dr. Syed Mir Muhammad Shah condemned Indian oppression across Kashmir and expressed solidarity with people of Kashmir. We stand by the people of Kashmir for their freedom rights as Kashmir is an integral part of Pakistan, he added. We fully support our Pak Army in its struggle against illegitimate Indian occupation in Kashmir, he went on saying. The Vice Chancellor appreciated the Youth Integrity Club & Character Building Society for organizing the event. Mr. Kashif Gondal, Deputy Director, Research & Development Wing, NAB Sukkur addressed the rally and commended the initiatives taken by Sukkur IBA University and its role in socioeconomic development of the underprivileged class.

Addressing the rally on Tuesday, Registrar, Sukkur IBA University, Engr. Zahid Hussain Khand denounced Indian occupation in Kashmir and said that our youth can defeat the enemies with the help of education since the modes of war have been changed. We stand by our Army and our youth should understand that knowledge, intelligence and emotions are the new weapons, he added. Engr Zahid Hussain Khand further said that Sukkur IBA University is "Mini Pakistan" it consists of students from all the parts of the country. Mr. Usama Abdul Rehman, Patron Youth Integrity Club, and Character Building Society presented the vote of thanks in closing remarks. The event was attended by a large number of students.



## Clothes Donation Campaign 2020 by NUST

A clothes donation drive was held just before the lockdown in Sector H-9 Islamabad by NUST Community Services Club (NCSC). Upon arriving around, the buses were unloaded and the clothes were taken to the distribution site. The site was set up and male and female sections were set separately. The clothes had already been divided into sizes during the packing and were set according to the same sizes on the distribution site. Family members were registered with their CNICs at the desk and were allotted a token reading the number of items they could take. They were then to proceed to the respective sections of female, male, or children and were attended.

In light of the current pandemic situation that is affecting not only our country but the entire world, NUST Community Services Club (NCSC) raised funds with only one goal in mind; caring about and helping others. Thus, a virtual Cloth Donation Drive was initiated with the intention of providing clothes to those less fortunate than us so they too can attain warmth during this frigid winter. The campaign ran from 25th November to 28th November 2020. The money collected from the campaign was given to Noreen Zindagi Welfare Trust (orphanage) to buy warm clothes for the orphans. NCSC reached its target of raising Rs. 25000 in just 2 days.



## Awareness session on drug diseases & drug abuse by Sukkur IBA

Ministry of Narcotics Control, Pakistan organized an awareness session on Drugs Diseases and Drug Abuse for the students of Sukkur IBA University in order to raise awareness amongst them against hazards of drugs; and to sensitize them about its devastating nature of drugs on February 10, 2020. The presentation lecture was delivered by Mr. Abdul Hamid Baloch, Deputy Secretary, Ministry of Narcotics Control Pakistan. The speaker was later presented with souvenirs by Mr. Abdul Wahid Qazi, Director Student Financial Aid and University Advancement, Sukkur IBA University.



## Pet Welfare Camp on World Animal Day 2020 by UVAS

University of Veterinary and Sciences (UVAS) Veterinary society commemorated World Animal Day 2020 by organizing a pet welfare camp on 12-13 Oct 2020 at Pattoki, Surgery clinic of UVAS.



## Face-mask distribution by Bahria University

Bahria University volunteers stepped forward and distributed 260 face masks (free of cost) among people. According to the studies universal mask usage greatly reduced the spread of the virus in the population by preventing everyone, even those who inadvertently carry the virus, from transmitting it to others. Disease modelling indicates that masks worn by large portions of the population, along with other interventions, resulted in substantial reductions in the number of cases and deaths.

## Bahria University commemorates Animal and White cane safety days

Bahria University Karachi Campus visited Edhi Shelter Home of animals under the umbrella of Community Support Program - CSP on Monday, 5th October 2020. The total number of students was 28 from all different departments of BUKC and 5 hours were given against the activity. Animals have been our pals since the earliest human time and there was unanimity between them. However, today, the concept of animal love is dead in humans. To revive that concept, a visit to animal shelter home was arranged.

Students also voluntarily arranged animal food and built positive interaction with those abandoned/street animals. COVID19 SOPs were followed strictly during the entire activity.

Bahria University Karachi Campus also celebrated White Cane Safety Day on Thursday 15th October 2020 at Al Beruni Auditorium at 1045 hours in collaboration with MALC. MALC - Marie Adelaide Leprosy Centre is a non-profit, a non-sectarian organization registered under the Voluntary Social Welfare Agencies 1961 and providing services to the patients and communities FREE OF CHARGE. For blind people, the white cane is an essential tool that gives us the ability to achieve a full and independent life. It allows us to move freely and safely from place to place—whether it's at work, at school, or around our neighborhoods.



## University of Okara helps to distribute Roshan bags during pandemic

During this lock down and COVID-19 situation, department of chemistry, University of Okara students stepped forward and helped government and local organizations to distribute Roshan bags and other necessary things to poor peoples who lost their jobs and earnings. Department of chemistry students also educated people how they will remain safe by adopting social distancing. They also disseminate SOP's provided by the government to reduce and control the outbreak of COVID-19. Being in the age of social media students are posting pictures and videos on different platforms of social media (e.g. Facebook, Twitter, WhatsApp, Instagram, YouTube, Google+) for creating awareness about the COVID-19 and social distancing. Number of students reported being a member of PM's Tiger Force located in the different regions of Okara and regions near Okara. Many students reported that they made a difference in their own villages during the harvest season and in the evening gatherings of village on the daily basis by convincing people to follow the social distancing. According to students of chemistry department it is easy for them being a student of chemistry to communicate and convince people about the symptoms and problems appear due to COVID-19, to take precautionary measures on the discussion, argument, and logic basis, and people listen to them. In the struggle to help poor and needy people during the lockdown amid COVID-19, students of Law School, University of Okara moved forward and organized a group to support those who have lost their livelihood during this unprecedented situation. These students of Law School find out the persons left helpless in their surroundings and distribute Roshan bags containing grocery items of daily needs among them. These young philanthropists collect contributions from their colleagues, friends, and teachers as well as from their own families and invest those to uplift the life of vulnerable people. Moreover, being law students they strictly adhere to the SOPs provided by the Government to avoid the spread of COVID-19. Initially the group was initiated by three students of Law School with their own contributions but with the passage of time more students are joining the group and they are getting more and more contributions from their circle of contacts. They are willing to collaborate with the Government agencies in order to double the results of their efforts for the welfare of the public.

## NUST opens Food Bank with conducting their First Distribution

NUST Community Services Club (NCSC) food bank is a concept to re-use wasted food to feed the needy. It is aimed towards preserving food security and preventing wastage of food and curbing hunger among the destitute.

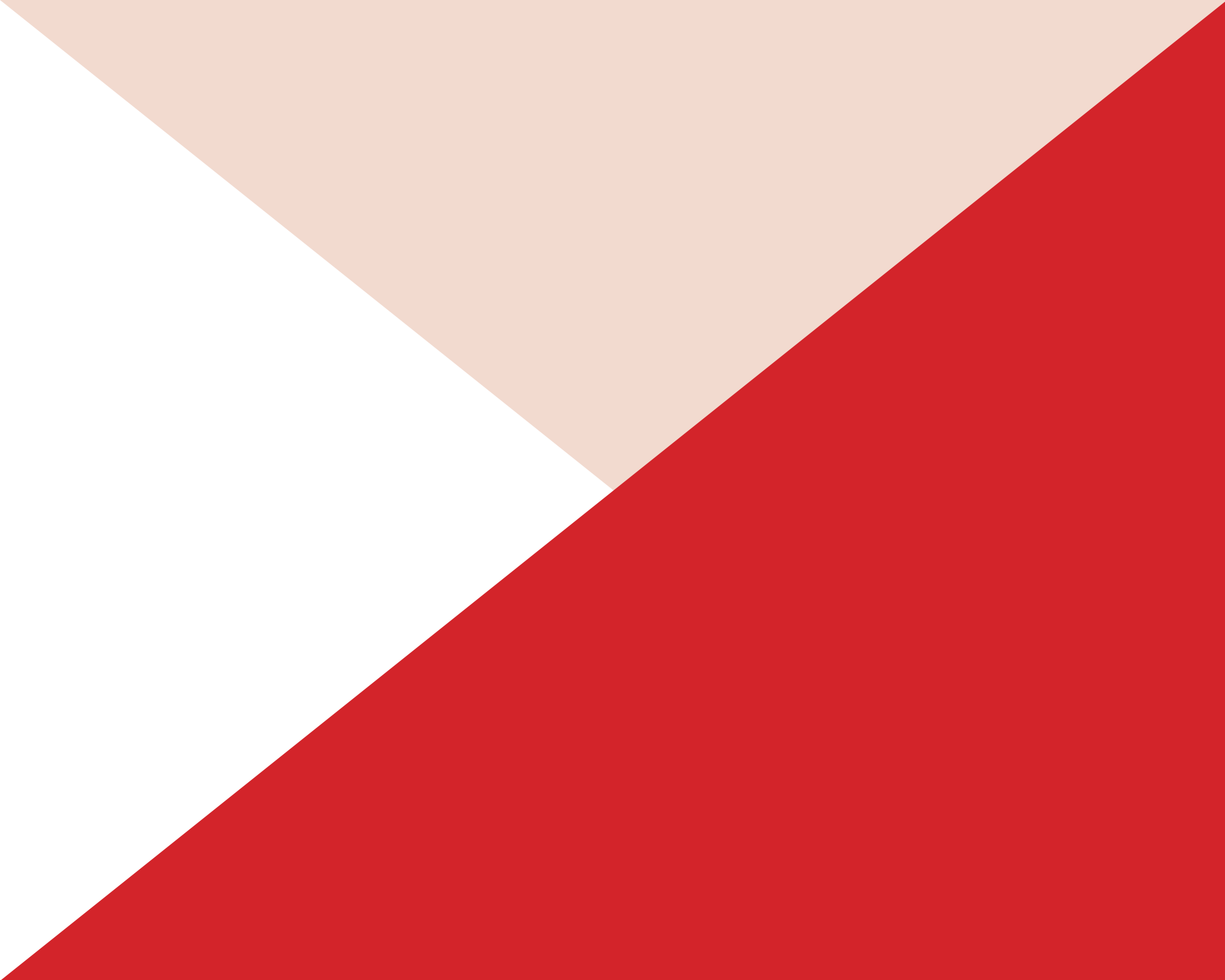
The purpose of the first event was to provide healthy food that is wasted to poor people who cannot afford a proper meal every day. As a pilot run of the program, the volunteers contacted a company to provide food that they would otherwise waste. The distribution started in front of Mechanical Resource Center (MRC), SMME at 1:15 sharp. The venue was decorated with banners and a table was set up with the food boxes. The team distributed 60 food boxes collected from a vendor in G-6 to deserving NG staff of NUST. NCSC members and volunteers enthusiastically participated in the distribution and helped out. The distribution came to a fruitful end at 1:40pm. Many people volunteered to play their part in the noble cause and to outreach to more restaurants and caterers.



## NUST conducts a motivational seminar Creating an Extraordinary Quality of Life

NUST Character Building Society conducted a motivational seminar on 5th March 2020, on the topic “Creating an Extraordinary Quality of Life” at RIMMS Seminar Hall. This was a motivational seminar in which the speaker Mr. Wajeeh Raja, who is the CEO of the Alchemist, and a member of the Science and Technology platform IEEE, through inspirational words and the help of various anecdotal activities, aimed to make the audience think about what mindset we as humans have to have in order to attain the extraordinary quality of life we all dream of. Wajeeh Raja very rightly articulates that everyone desires to live a life of happiness, success and prosperity, but few are actually willing to go through all the struggle, hardship and hard work achieving such a wonderful life requires. It almost always comes down to having the mentality of a learner and achiever instead of a defeatist. The main objective of the event was to inspire the audience that anyone is capable of making their dearly-held goals materialize, but every dreamer needs to have a realistic mindset, a realistic vision and adopt habits that will not obstruct them as they embark upon their journey to success. Through various activities, anecdotes, and humorous elements, the speaker conveyed the intent of his seminar beautifully and profoundly to the audience.







**HEALTH &  
HYGIENE**

**HEALTH**

## Bahria University conducts Global handwashing day

Each year on October 15th, Global Hand Washing Day highlights the importance of hygiene and washing one's hands with soap and water. Observing this day has never been more important than during a pandemic when everybody has to take the hand washing activity seriously, which was once considered mundane in our daily life. This day serves as a yearly reminder of how important it is to wash hands regularly to avoid getting sick and spreading the virus in our surroundings.

Keeping the importance of this day in mind, the CSP club from Bahria University, Islamabad, celebrated this day in collaboration with HHRD (Helping Hands for Relief and Development) at AL-HUDA school. Team members from both the organizations joined hands together to spread awareness about the importance of hygiene among Pakistan's children.

Various activities were conducted to make the event memorable and enjoyable for the kids. To make the kids feel comfortable, the team arranged a special ice-breaking session at the start of the event. All the kids painted their hands with different colors and made hand impressions on the cardboard. Furthermore, the team thoroughly explained the importance of hygiene and how cleanliness is half of faith. They talked about the good and bad habits regarding hygiene and how they affect our daily lives. The CSP club members also engaged students with hand washing activities where they first demonstrated how to clean dirty hands properly and afterward encouraged them to follow through the steps. The team made sure that every child at school is well aware of the significance of the day and how a little activity of washing hands can protect them against germs and viruses. The day was brought to an end by distributing hygiene packs among the kids with a lovely message from CSP to keep their hands clean.



## HITECH University conducts blood donation camp

Blood Donation Camp was conducted successfully in collaboration with Pakistan Red Crescent Society (PRCS) on February 27, 2020. PRCS collected more than 80 units from volunteers' student, staff and faculty of HITEC University Taxila.



## Thalassemia awareness campaign and blood donation camps arranged by students of Lahore College of Women University (LCWU)

A group of students from Department of Psychology, Lahore College of Women University (LCWU) had initiated “Thalassemia Awareness Campaign” from 28th September 2020 and organized blood collection camps in different areas to help the patients of Thalassemia during first complete lockdown in the country and saved many lives. Due to the efforts of the students’, people donated blood generously for this noble cause.



## Disinfection of mosque by Bahria University students

The main recommendation for the prevention of COVID-19 is to enforce strict hygiene measures. It involves cleaning and disinfecting surfaces and items that people frequently handle. This is where one of students of Bahria University played his role of responsible citizen and disinfected the entire mosque of his hometown (Mariabad) in Quetta by taking the supplies from CSRP (Centre for Sustainability Research and Practice). People in Pakistan are extremely sensitive when it comes to their religion and they never opt to stop offering prayers or visiting mosques no matter what or how crucial the time is and hence disinfecting places like mosques is very important as it keeps the number of people safe.



## Blood donation camp organized by Sukkur IBA

The main recommendation for the prevention of COVID-19 is to enforce strict hygiene measures. Community Welfare Society of Sukkur IBA University Students' Council (SISC) organized a Blood donation camp for the collection of blood donations from students, faculty and staff of the university on October 13, 2020. A large number of students, faculty members and employees of Sukkur IBA University donated their blood.

## IWD cycling ride by Bahria University to promote good health amongst Women

On 08 March 2020, Cycling Ride was organized by Bahria University Lahore Campus in collaboration with Cycling Defence Lahore on International Women's Day. At the University, guest speakers from different walks of life captivated the audience with their success stories and the importance of cycling and the role of women in our society. The memorable event was celebrated in the spirit of sport and support for women and good health.



## NUST holds a free Eye Camp for its staff and students

One aim of NCSC's eye camp is to help the less privileged, as well as the privileged, ensure the health of their eyes free of cost and at their ease. The other being raising awareness for the necessity of frequent eye check-ups. A 2 day eye camp was held at NUST Medical Center in collaboration with Al-Shifa Eye Trust, Rawalpindi. The incoming people registered themselves at the desk where numbers were allotted to them. They waited for their turn as it arrived according to the respective allotted numbers to them. Then, the qualified opticians checked their eyesight in multiple steps. Free glasses and medications were given to people who required them. By 5 PM on the first day, 350+ entries were recorded. On the second day of the camp, reporters from Samaa TV paid a visit in the break. They interviewed the doctors as well as the student body. A total of 677 entries for checkup were recorded at the end of the event.



## Virtual University holds a symposium titled “Hepatitis: Finding the Missing Millions”

An online symposium titled “Hepatitis: Finding the Missing Millions” was hosted by the Department of Molecular Biology, Virtual University of Pakistan, Lahore in collaboration with Sindh Agriculture University, Tandojam, The University of Agriculture, D.I. Khan and National Academy of Young Scientists (NAYS), Pakistan on August 6, 2020. The conference started with recitation of verses from Holy Quran. Mr. Naeem Tariq, Rector Virtual University of Pakistan, in his welcome address welcomed all the participants in general and speakers in particular for extracting time from their precious schedule. He emphasized the importance of holding such informative events and appreciated the Department of Molecular Biology for its continuous efforts in promoting awareness through these events.

Dr. Tanveer Hussain, HOD, Department of Molecular Biology, who was also the focal person of this conference, elaborated the aims and objectives of the conference and described why it was important to hold such events.

The conference consisted of four very informative and convincing talks on different aspects of Hepatitis, given by the eminent scholars in the field. In their talks, these researchers talked about the physiological, pathological and social aspects of Hepatitis and emphasized the importance of taking this disease of modern times as seriously as possible. They talked about the preventive measures that can be taken to avoid hepatitis. A considerable part of the talks also concentrated on the therapeutic strategies being adopted worldwide to treat Hepatitis. All the speakers agreed that though the Government should take urgent measures to deal with this disease, they also emphasized that the war against hepatitis cannot be won unless the people themselves take precautionary measures and keep themselves informed about different aspects of this disease. The audience were also informed about the awareness campaign being run at different levels by the young doctors, researchers and volunteers all across Pakistan. Towards the end, Professor Dr. Malik Muhammad Arif Rafiq, Dean Faculty of Science and Technology, thanked the distinguished speakers, organizers and attendees for sparing time from their busy schedule and giving such informative talks. Finally, Mr. Naeem Tariq, Rector VUP, in his concluding remarks expressed his gratefulness to the organizers for holding this eventful conference and hoped such events will be organized in future too.

National Symposium on Hepatitis, Find the Missing Millions World Hepatitis Day 2020 Part 1

### Event Launch: Find The Missing Million

- World Hepatitis Alliance launch the campaign “FIND THE MISSING MILLIONS” at the 1<sup>st</sup> NoHep Village at Global Hepatitis Summit, Toronto, June 14-18, 2018.

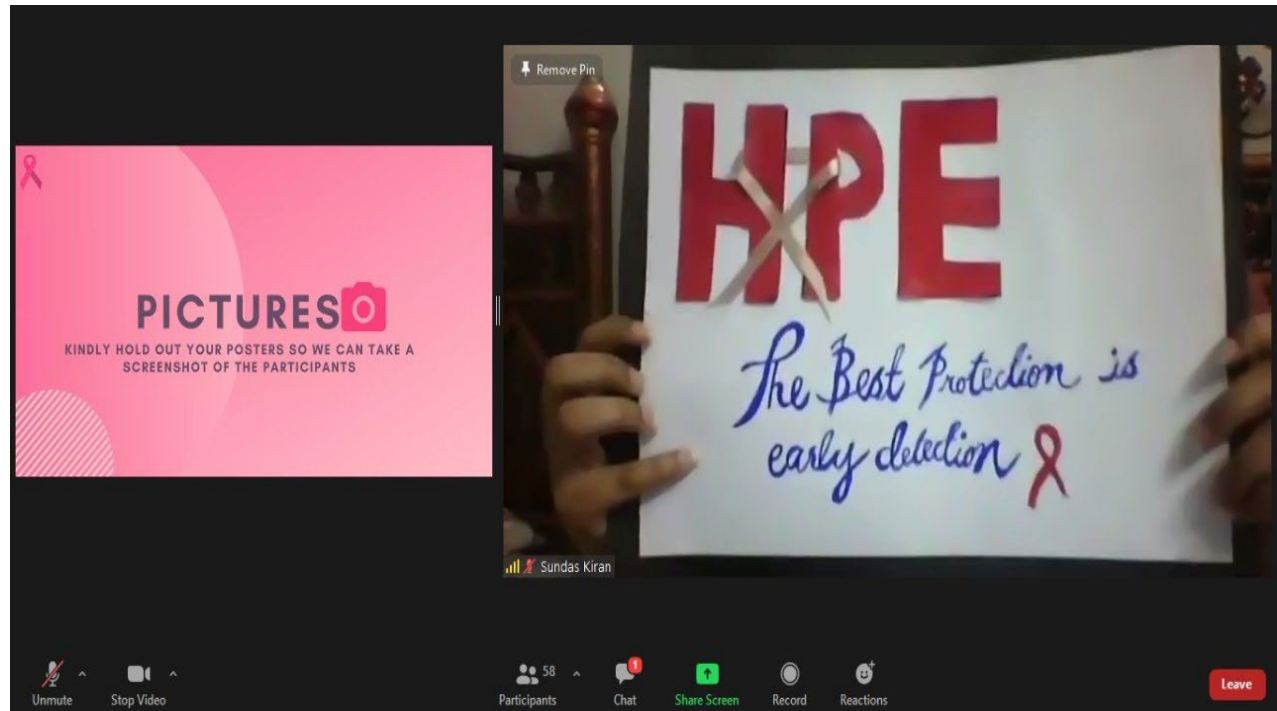


## Breast cancer awareness session and HEC Pinktober program 2020 held by Bahria University

A virtual “Breast Cancer Awareness Session” in collaboration with Shifa Foundation was held on 23rd October, 2020.

It was overwhelming to see 70+ participants attending the session. The guest speaker from Shifa Foundation “Dr. Humera Naz”, told the prevalence, the causes and factors and some myths regarding breast cancer in Pakistan. She kept it comprehensive yet precise. The event ended with a question answer session in which all the attendees participated with enthusiasm and put forward their unique questions. All of the questions were answered gracefully by our guest speaker.

Bahria University Karachi Campus, Student Support Centre organized Pink Ribbon Day on Monday, 26th October 2020 under the umbrella of Community Support Program.



The following activities took place:

- Cancer awareness session (only for females) followed by Pink Ribbon Walk.
- Pink Ribbon human bow
- Collection of Donations in terms of clothes, shoes, cash (which will be used for cancer treatment), etc.
- Scavenger Hunt
- Photobooth
- Bake sale/food stalls
- Indoor games

Through these activities, a total of Rs.15, 000/- (Fifteen Thousand Rupees) was collected and donated for Breast Cancer Hospital.

# Pinktober: Breast Cancer Awareness Week 2020 in collaboration with Pink Ribbon by NUST

Despite the many restrictions and limitations posed due to the COVID-19 pandemic, NUST Community Services Club managed to continue its yearly Pinktober event with the intent to spread awareness about breast cancer – the second highest cancer form of cancer in humans. Their goal was to educate the masses on the myths and realities of breast cancer and to help eliminate the taboo in society and combat such ignorance with knowledge and empathy. The awareness week in collaboration with Pink Ribbon began from 26th October and ran through till 31st October.

The idea was to run an awareness campaign through social media with stats and figures about breast cancer, how to perform breast self-exams and challenged people's knowledge on breast cancer and focused on educating them. Furthermore, posts and stories were made on both Facebook and Instagram to create more engagement with the audience.

Posters were created and distributed in hostels and in places like C1 to create more hype and let people know about the event.

A short film was posted and the story was inspired by a real breast cancer survivor. Three doctors also recorded special messages to spread awareness about breast cancer and give their input on early diagnosis as well. The doctors were Subooh Javed, Narmeen Khalid, and Huda Zahid. The video can be seen on the following link:

[https://www.facebook.com/271912216158355/videos/787201351856533/?\\_\\_so\\_\\_=channel\\_tab&\\_\\_rv\\_\\_=all\\_videos\\_card](https://www.facebook.com/271912216158355/videos/787201351856533/?__so__=channel_tab&__rv__=all_videos_card)

**PINKtober**

**PINKRIBBON**

You should be more wary of breast cancer if

- You are a woman
- You are over 40
- Anyone in your family has been diagnosed with breast cancer
- You have a personal health history of breast cancer
- You have dense breast tissue
- You had early menstruation (before 12), or late menopause (after 55)

**PINKtober 2020**

This video is based on the real life story of a breast cancer survivor...

74 likes, 10 comments

until the day I was diagnosed with breast cancer.

1:19 AM 11/7/2020

## Pink Ribbon Campaign 2020 by Sukkur IBA

Go Green Society of Sukkur IBA in collaboration with Girls Hostel Society has organized Pink Ribbon Campaign Pakistan 2020, on Friday, October 16, 2020, at Sukkur IBA University.

Higher Education Commission Pakistan in collaboration with Pink Ribbon Pakistan celebrates PinkRibbon Campaign in the month of October at universities and colleges across Pakistan. This year the theme of this PINKtober is “Become a Better You” which revolves around a healthy lifestyle.

Pink Ribbon Pakistan strives to significantly reduce breast cancer mortality in the country by creating widespread awareness of early detection and increased access to treatment. Pink Ribbon celebrates Pink Ribbon Campaign, every October to create widespread awareness about Breast Cancer. This Campaign focuses on a “healthy lifestyle” as maintaining a quality life and reduces the risk of breast cancer.

Breast Cancer can be prevented if a healthy lifestyle is adopted. It leads to enhance the immune system, which helps the body to fight back and reduce the chances of developing breast cancer. The Corona outbreak has also led to a state of realization that maintaining a healthy lifestyle for well-being is very important.

Go Green Society in collaboration with Girls Hostel Society of Sukkur IBA University also organized a Pink Ribbon Awareness Session to cover the subject of healthy lifestyle. The event was hosted by guest speakers Dr. Shahneela Memon and Dr. Rukhsana from Ghulam Mahar Medical College Sukkur. They discussed women health-related issues. A large number of female students attended the awareness session.





**EDUCATION**

EDUCATION

## Volunteering at Khalida Iqbal Free Education Trust by Bahria University

Being a third world country, large populations of people in Pakistan are deprived of good schooling. To cater the needs of the underprivileged, Khalida Iqbal Free Education Trust situated at D-12, Islamabad is providing free quality education to approximately 100-140 street children in Islamabad, Pakistan.

The students from Bahria University Islamabad Campus are volunteering to lend a helping hand to the Trust since a year and a half under the able guidance of an officer for CSP office.

On daily basis shortlisted classes from undergraduate batches are taken to the area and various responsibilities are equally distributed amongst each student. A group of volunteers helped in building sheds (out of bamboos) since the Trust does not have enough covered area, while some get stationery for the children. Each volunteer is assigned a group of students to teach and give them personal attention.

Additionally, other extra-curricular activities like singing, debating and storytelling are also carried out to boost the confidence of the children. Creativity is encouraged during art and craft activity. Owing to this interaction, many volunteers offered to volunteer even after the completion of their mandatory CSP hours.

Because of the meager resources, the Trust does not have enough teaching staff to teach children. Therefore, participation of BU volunteers in this initiative has increased the manpower resource of the Trust as our students act as voluntary teachers for the children studying in the Trust. Although the program is currently operating, till now the efforts exhibited by the students have not only won appreciation of the children of the Trust but also increased its recognition in the surrounding areas.



## GIKI helps pay bills of students

Ghulam Ishaq Khan Institute (GIKI) Project Topi, in collaboration with the Alumni Association, provides mess bill assistance to the students from the GIKI student body who cannot afford to pay the mess bills. A monthly allowance of Rs 3000 is provided to selected students.

Project Topi facilitates the Alumni Association of GIKI Institute in the selection procedure of deserving students which are given Scholarships each year for their term in GIKI.

## Al-Mujtaba Trust supports 3 scholars of NUST

NUST Endowment for Educational Development (NEED) is an initiative to make world class education accessible to all, irrespective of financial standing. The program is bolstered by NUST's own resources and external funding, which seek to facilitate students from low and middle income families. Every year more than 100 students remain on waiting list though. The University Advancement Office (UAO) shared a list of Zakat deserving students who needed funding for their hostel and mess bills. NUST Community Services Club (NCSC) contacted Al-Mujtaba Trust to help fund the deserving students. Al-Mujtaba Trust provides financial assistance to boys and girls from underprivileged families to enable them to study and excel in existing or higher quality schools and colleges. This was the first time that the organization was looking to fund University students. Due to the limited resources, the organization was interested in funding students' hostel and mess fees. After proper scrutiny of 22 applicants, the organization selected 3 students based on personal interviews and academic background. The organization decided to fund it for whole 4 years of their degree program. Al-Mujtaba Trust will be continuing to fund more NUST students in future.

## Volunteering at Al-Fatima School Sinyari Village by Bahria University

Bahria University collaborated with the Al-Fatima School and carried out a one month teaching activity from 6th Feb & 6th March, 2020. Students from the Department of MS, enthusiastically volunteered for this activity. Under the able guidance of a faculty advisor, volunteers visited the school every week to spend time with the children. The volunteers were divided into groups and each volunteer was allotted a class to teach. Additionally, an array of activities was carried out and different skills were taught to every child. Students of the school discovered their strengths and weaknesses and learnt how to exploit them sensibly. All efforts were appreciated and praiseworthy remarks were gotten from the institution itself.



## World International Literacy day commemorated by Bahria University

International Literacy Day serves to recognize the importance of literacy and acknowledge the need to create a globally literate community. On Literacy day celebrated on 08th September Bahria University Karachi campus organized below CSP Activities to help build a better and more literate community.

- Distribution of Stationary Material/School bags to deserving students.
- Gather rural children and teach basic ethics and provide them with knowledge about
- Good and Bad Touch, Child abuse, etc.
- Spread awareness about COVID-19 and the SOPs to be followed during the pandemic.
- Teach the Quran with translation and gives Islamic references on ZOOM



## Virtual University gets awarded the Blended Virtual Education Project for Knowledge Economy

Virtual University of Pakistan has achieved yet another milestone by winning “Blended Virtual Education Project for Knowledge Economy”. Administrative approval for the blended learning project has been given by the Government of Pakistan.

Mr. Naeem Tariq Rector, Virtual University while briefing about this project said that a total of approximately 6 billion rupees budget have been approved for the “Blended Learning” project. The primary objective of this project is to significantly enhance enrollment at the rate of 10 % during the project years. This gigantic target will be achieved by collaborating with public and private degree awarding institutions including technical & vocational institutes.

He said, this project visualizes an interaction with the universities for the development of specialized skill courses, which will be proposed by collaborating institutions. Virtual University of Pakistan through its campuses and collaborators will provide dual benefit of enhancing tertiary education enrollment and engage faculty members for face to face interaction along with vocational and skill based programs.

Mr. Naeem Tariq further added that the educational content for this project will be developed at Virtual University by competent teachers who will be selected at national level. This will also address the issue of dearth of faculty resources in the national universities as VU’s online education mode gives quality education to all the students irrespective of geography.

In the end, he said that he believes in the hard work of VU teams in achieving the set targets for “Blended Learning” project as we have already imparted more than one million trainings to youth under the National Level Training Program (DigiSkills) which was executed by Virtual University of Pakistan.

## Awareness session on Fulbright degree program scholarship by Sukkur IBA edge Economy

Sukkur IBA University Students Council organized an awareness session on Fulbright Degree Program Scholarship on 13th November 2020 for the undergraduate final year and MS students. The session was proposed and organized by the efforts of Mr Shahzeb Mahesar, undergraduate final year student of BS Computer Science. The session was conducted by a Fulbright Alumnus Mr Adnan Ahmed Memon, who is also alumnus of Sukkur IBA University. A large number of students attended the session and benefited from it.

Sukkur IBA University Students Council (SISC) feels proud of the efforts of Mr. Shahzaib Mahesar and for the successful execution of the event.



**ENVIRONMENT  
PROTECTION &  
SUSTAINABILITY**

**ENVIRONMENT  
PROTECTION &  
SUSTAINABILITY**

## Bahria University contributed in Clean and Green Pakistan

Bahria University Islamabad campus launched a plantation drive in which more than 100 students have successfully accomplished their 40 mandatory CSP hours by planting more than 330 saplings (distinct species), under the Prime Minister's "Clean and Green Pakistan" Campaign. The Prime Minister of Pakistan, Mr Imran Khan, introduced the Clean & Green Pakistan Movement (CGPM) on 13 October 2020. This national campaign permeates change in behaviour and institutional strengthening while contemplating a need to address five elements: plantation, solid waste management, liquid waste management / sanitation, total hygiene, and safe drinking water.



## GIKI hosts “Kish-ware Haseen Shaad Baad” – an art and speech competition to promote Green Pakistan

GIKI organized and hosted an event that allowed participation of students from different schools of Topi. After months of hard work and team effort, six schools of Topi and Swabi were formally invited to send selective students for an art competition themed ‘Green Pakistan’, a bilingual speech competition on ‘My role in making Pakistan clean and green’, followed by a seminar by a guest speaker and tree plantation in GIK school.

The event provided a platform for young students to voice their opinions and thoughts for the first time in front of an audience, which they did with zeal and confidence. Careful assessment of delivery, content and body language earned the position holders with winners’ certificates, prizes and the rest were awarded with participation certificates. Similar procedure was followed for drawings submitted under ‘Green Pakistan’.

## Clean and Green Pakistan Campaign by Lahore College for Women University

Department of Botany, Lahore College for Women University organized Tree Plantation Campaign under the Flagship of Government Clean and Green Pakistan Program on 17th September 2020. The Vice Chancellor, LCWU Prof. Dr. Bushra Mirza in her address stressed on the need of planting trees at extensive scale to resolve the climate change problems. Federal Minister Climate change emphasized on the benefits of this campaign with respect to environmental issues. Punjab forest department also participated in the campaign.



## Seed ball activity by Bahria University

Planting trees and making our environment greener and healthier is vital for our existence.

CSP club from “Bahria University Islamabad” collaborated with “Who is Husain?” conducted a Seed ball activity. The event was mainly focused on encouraging people to plant new lives (plants) into this earth. The event was held at trail-5 on the 11th of October, 2020. All the members from different backgrounds came together and participated in the activity; the volunteers were required to make seed balls, make them dry, pack them in small packets and return them to the organizer body. The drive became more memorable by the presence of an eminent personality, DC Islamabad Muhammad Hamza Shafqat. He not only contributed to this event through his presence but also through his efforts in making our country pure and healthy.



## 3 Days International Conference on Smart Plantation by LCWU

Department of Botany, Lahore College for Women University under the patronage of Vice Chancellor, Prof. Dr. Bushra Mirza arranged an International Conference on Smart Plantation “An Ultimate Solution to Climate Change” (ICSP 2020) on 2nd – 4th March, 2020. Large number of faculty members and students attended the conference. Different key note and invited international speakers from USA, KSA, Canada, Turkey, Tunisia, Nigeria etc presented their ideas to improve the environment using plants. More than 80 national speakers also delivered their presentations on the topic, more than 500 participants from national and international universities graced the occasion.



## Green campaign by Bahria University Karachi campus

Earth day is celebrated around the world on April 22 to demonstrate support for environmental protection. To consummate the necessity of our beloved land, students of Bahria university Karachi campus (BUKC) organized plantation drive in their areas during lockdown.

### *Recycling Activity during Lockdown*

During the pandemic, BUKC arranged a home-based CSP Activity about recycling. The response of the students was amazing. In this activity, students have to create something by reusing or recycling stuff available at home.

Students' creative items were presented to slums area school, special children and orphanages.

### *Plantation drive on Independence day*

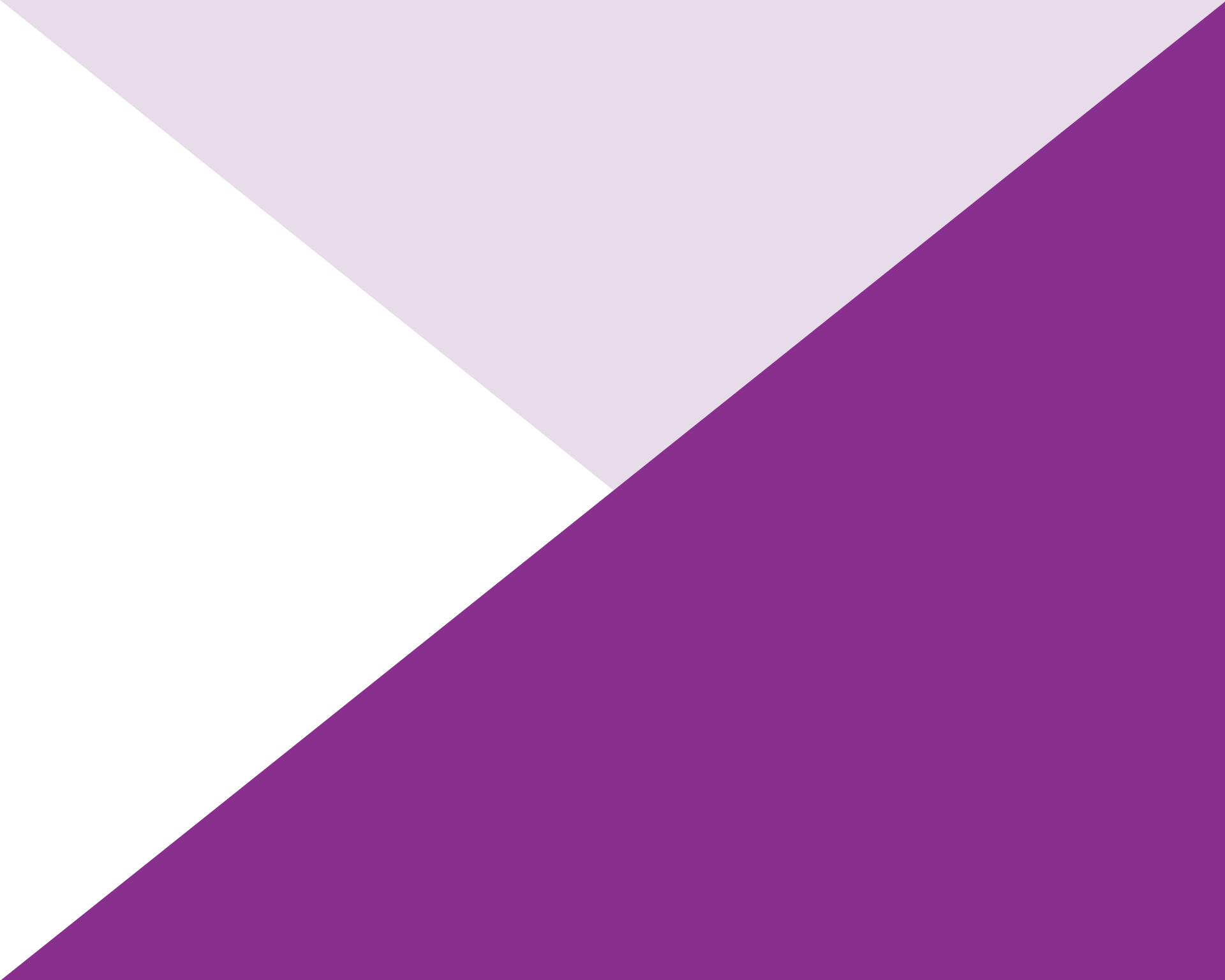
Prime Minister Imran Khan has launched the largest tree plantation drive in the history of Pakistan. Pakistan is the sixth most affected country by climate change in the world. Prime Minister Imran Khan had urged people to participate in the nationwide plantation drive. Therefore on 14th August 2020, students of Bahria University Karachi Campus planted 30 plants in the university premises.

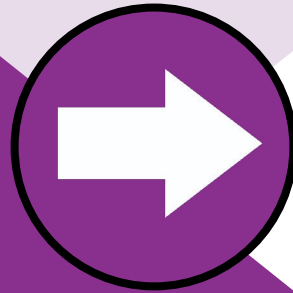
### *International Day for the Preservation of the Ozone Layer*

On International Day for the Preservation of the Ozone Layer which is observed on 16 September every year, Team CSP organized some activities:

- . plantation drive
- . Cleaning drive
- . Convey Good Message through Wall Painting
- . Give Awareness of pollution and what preservation we should do to make our earth clean and green and save the ozone layer







**COVID-19  
AWARENESS**

**COVID-19 AWARENESS**

## Bahria University conducts COVID-19 Awareness to General Public

Bahria University students residing in locked down areas of Pakistan, provided COVID-19 awareness to the general public. Among which one was a Psychology Student from Psychology department who gave awareness session on “Pandemic and Nightmares” and “How to deal with stress in Pandemic”

The unforeseen disruption of coronavirus did impact the nation and its people in numerous forms and alertness/acquaintance was much needed; either mental health awareness or the awareness to stay safe and take care of SOP's. The people in backward areas of Pakistan initially considered coronavirus a myth of doctors and politicians and thus didn't take the exact amount of care and provision needed which is why the transmission of coronavirus flared up and increased infected and death toll disastrously. To fight such pandemic, awareness amongst locals tended to be prioritized to keep them mindful of the future consequences. Fear and anxiety over an emerging epidemic and what could happen can be intimidating and can trigger intense emotions in adults and children. Actions in public health, such as social isolation, made people feel disconnected and depressed, which increased stress and anxiety. Nevertheless, apprehension was significant in order to minimize the spread of COVID-19. Dealing with stress in a healthy way can make you, the people you care for, and your community stronger.



### *Pamphlets Distribution*

Students from various department of Bahria University, Karachi Campus distributed 2000 flyers to the general public of Karachi especially targeting slum areas, students also demonstrated the procedure of washing hands and how to disinfect them through sanitizer. Purpose of this activity is to create awareness among the general public about Corona Disease.

### *Distribution of Mask & Sanitizers*

Students of Bahria University Karachi Campus also planned a hand sanitizer and Mask distribution activity at Imtiaz Supermarket Gulshan and Dunkin Donuts on 11th March 2020. Students educated the people about how sanitizers work on our hands by killing germs and bacteria's, leaving our hands healthy and keeping us free of diseases.

They also demonstrated them first by using it ourselves and taught them how to wear it.



## Foundation University conducts online talk shows about Covid 19

Since March 2020, all the educational institutes of Pakistan are closed and the Government has directed all the general public to stay home and lockdown prevailed throughout the country. This is a novel situation for people and hence resulted in a lot of confusion and distress. The Department of Psychology, Foundation University Islamabad took the lead and started spreading awareness through TV and web programs.

The Higher Education Commission and the Foundation University Islamabad started a live show in 2019, named Professor Online from FUI TV Studio and conducted various programs on this channel. The pandemic saw closure of universities with many students feeling stressed about their future. Brig. Dr. Tanvir Akhtar conducted several shows on how to manage stress during quarantine and some informative stuff was recorded as well regarding mental health awareness and increase of domestic abuse and child abuse during lockdown. Another informative session was held with different speakers about the effect of online learning during the pandemic.

## Universities conduct social media campaigns about Covid-19 awareness

A number of PCTN member universities ran successful social media campaigns to create awareness about Covid-19 among the general public.

Foundation University, NUST, Sukkur IBA and other member universities all conducted digital campaigns in response to the growing concerns regarding information dissemination. There were lots of rumours and confusion regarding the correct information of the disease when it first hit the country, hence the institutes of higher education took upon themselves the task to at least reach out maximum audience within their domains.

Students took the initiative to highlight some important precautionary measures against this pandemic disease. Foundation University particularly created animated videos to educate the audience as well as pay tribute to the frontline warriors fighting the pandemic. From March-2020 till August-2020, during Covid-19 peak days, FM 101.8 campus radio (Foundation university) started its special transmission "Corona Sy Darna Nahi-LarnaHy". In spite of having hurdles in transportation and other difficulties, our staff kept on airing transmission from 8:30 a.m to 6:00 p.m. In special transmission, they produced special messages and programs to aware the public, especially the students and the staff of Foundation University.



## Corona Virus Awareness Seminar and Walk by Lahore College of Women University

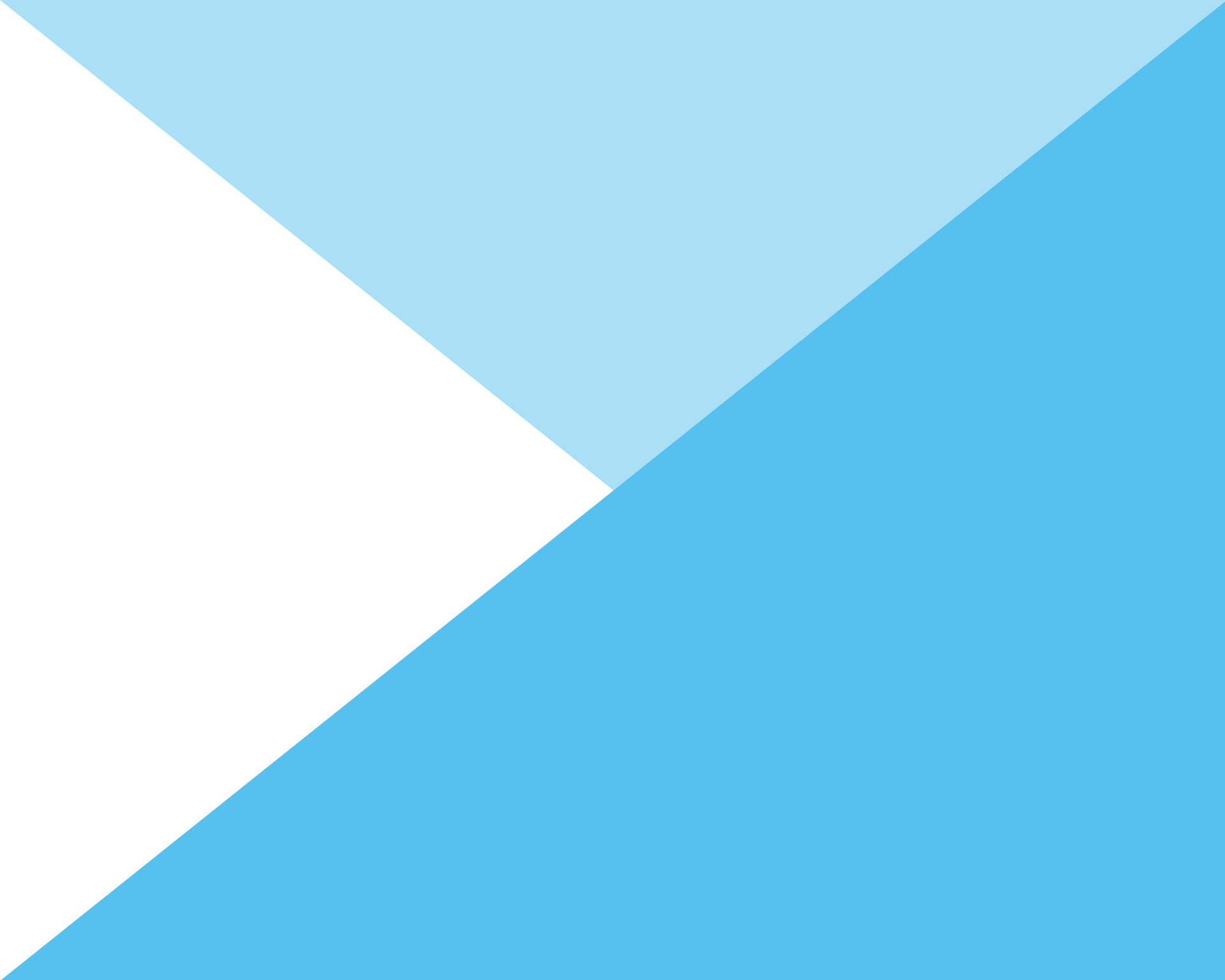
In view of the Pandemic situation of Covid 19, Office of Research, Innovation & Commercialization (ORIC), Lahore College of Women University (LCWU) in collaboration with Department of Zoology, LCWU conducted an awareness walk and seminar on Corona Virus for faculty members and students on 10th March 2020. Dr. Tahir Yaqub, Professor at the University of Veterinary and Animal Sciences, Lahore and having 25 years of experience in working with infectious diseases was guest speaker at this event.

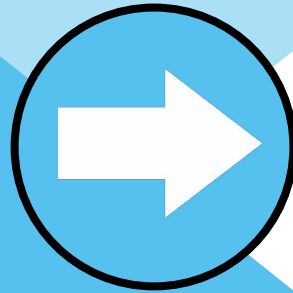


## University of Okara conducts mental health during Covid-19 awareness session

The department of Fine Arts, University of Okara conducted an interactive session with a lead educationalist to talk about mental health during covid-19. The students actively participated in the session. Different exercises were also conducted during the session which includes; box breathing, meditation and body scan exercises. The students enjoyed the session thoroughly as this was first of its kind. The poster campaign was also carried out. The purpose of it was to crack all the myths and to educate the community we reside in. All these activities have facilitated the students to be mature citizen and contribute to the society.







**ACADEMICS  
FIGHTING  
PANDEMIC**

**ACADEMICS FIGHTING  
PANDEMIC**

The pandemic due to Covid-19 is a worldwide concern and is frequently presented in the current research outlines of laboratories, higher education institutions and even development institutions. New opportunities for product developments, businesses and trainings etc. have opened up and we have seen world over how universities are putting their best forward to aim in mitigating the challenging effects of the pandemic. In Pakistan as well, higher education institutes have been contributing in their own ways.

## Foundation university efforts in helping the community in the pandemic

In order to help the community, the Software Department of Foundation University has developed a software about Covid-19. The details of the project of Covid-19 App are given below:

### a. Admin App:

The admin app of Covid-IS is installable on the web. The admin portal will be managed by the hospitals dealing with Covid, quarantine centres, central information centres. The application contains GUIs to store all information related to the hospitals' inventory related to Covid, hospitals' testing capability, hospital doctors and paramedics staff, location of nearest quarantine centre, patient information and address, the nearest location where masks are available and much more.

### b. User App:

The user app is android-based and installable on every user's mobile. The user app will be used to avoid Covid-19 and to disburse all national and international data on Covid-19. The app will get all the data from the admin app and will make its visualization better. Main features of the android app are as follows:

#### . Live Location of Covid-19 patient:

This feature will display the location of Covid-19 affected persons on the Google Map. The patients who are currently tested positive for Covid-19 will be marked on the map and their information will be displayed by clicking on that mark. User can plan his/her travel route on the map by avoiding the affected area.

#### . World Statistics:

The patients' statistics across the world will be given through this feature.

#### . National Statistics:

The actual national statistics as updated by the hospitals will be shown via this feature.

#### . National Inventory:

This feature will show the information related to the nearest quarantine centre, the available number of beds ventilators, doctors, etc.

#### . Summary report:

This feature will show the province-wise statistics in the form of graphs and curves.

#### . Emergency Contact No:

This feature will list down all the numbers of concerned offices in Pakistan who should be contacted in an emergency.

Prototype ventilator

### Prototype ventilator

Due to Covid-19, there is a huge demand of ventilators not in Pakistan but across the world. Several universities and institutes have shown their interest in fabricating the prototype ventilator.

As the Covid-19 pandemic expands worldwide, and exponentially increasing number of cases and deaths daily, the shortage of supply is becoming paramount.

Healthcare workers are in need of personal protective equipment (PPE), which includes N95 masks, surgical masks, gowns, gloves, and eye protection. The rapidly growing shortage of ventilators is also becoming a dire concern. What is less widely discussed is the concerning shortage of professionals to manage ventilators, as increasing numbers of healthcare workers are becoming infected, hospitalized, and dying.

An effort has been made by the Electrical Engineering Department for the preparation of ventilator.

### Disinfection Gate manufacturing

Electrical Engineering Department of Foundation University Islamabad (FUI) has manufactured disinfection gate with the collaboration of Auomechsol Pvt. Ltd, Business Incubation Center (BIC) of FUI.

Disinfection gates are being manufactured to control viruses and germs such as Corona, which disinfects the whole body of the person who passes through it. Our engineers and trained technicians have manufactured this gate to cater the current needs of any industry to provide germ-free environment.

These gates will play a crucial role in reopening of the institutes safely and minimizing the risk of spread of viruses for the safety of students, staff and faculty members.

## NUST Pakistan develops multiple technologies & products to combat COVID-19

The outbreak of COVID 19, caused by Novel Coronavirus, has forced Governments, scientists and medical professionals the world over, to contemplate how to counter this unanticipated and deadly challenge facing the world. In Pakistan, National University of Sciences & Technology (NUST) has been going the extra mile to combat this pandemic through indigenously developed technologies and products as well as intellectual input and support to the Government. NUST's undertakings in the wake of COVID-19 are delineated as follows:

1. NUST scientists have indigenously established robust, target-sensitive and cost-effective Coronavirus Testing Kits for the detection of the virus. The kits have been validated through laboratory trials over samples provided by Pakistan's National Institute of Health (NIH) and Armed Forces Institute of Pathology (AFIP), and verified for precision against kits provided by Bio Tech, China. The kits are currently under registration process with Drug Regulatory Authority of Pakistan (DRAP) – Pakistan's equivalent of FDA – for largescale supply to hospitals, pathology labs and quarantine camps. Industry is being engaged for mass production under license, after formal approvals come through.
2. In another ground-breaking scientific discovery, scientists at NUST have sequenced the complete genome of SARS-CoV2; this will open up new avenues in tracing the evolutionary origin of SARS-CoV2 that infected Pakistani patients, and will be useful in comparative genome analysis as well as in vaccine development.
3. Recognising the need to adopt preventive measures as the world sails through uncharted waters of COVID-19, NUST has indigenously developed unmanned ground vehicles, and assembled and deployed aerial spray units retrofitted for fighting the virus's outbreak by disinfecting critically important surroundings and locations, while lowering the risk of exposure for human operators.

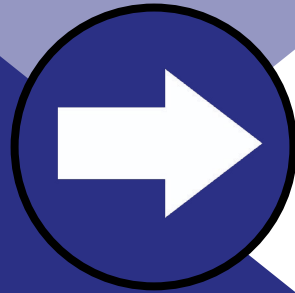
4. The National Centre of Robotics & Automation (NCRA) at NUST has developed a bilingual (English and Pakistan's national language Urdu) screening app (the world's first Urdu app for COVID-19 screening), enabling citizens to self-screen for COVID-19. The app, named COVID CHECK, was used by thousands of people in several countries, including US, UK, UAE and Saudi Arabia, within the first 2 days of its beta rollout on March 23, 2020. Within 3 weeks the app's usage spread to 27 countries, with over 50,000 screenings. The app is available at <http://ncra.org.pk/covid/>

5. In accordance with WHO and Center for Control Disease (CDC) USA Revised Guidelines, issued in March 2020, that only Alcohol-Based Hand Sanitizers (ABHS) with minimum additives are effective against Coronavirus, NUST has developed high-quality hand sanitizers for microbial control – the formula adheres to post-COVID-19 outbreak international guidelines and has been certified for efficacy by some of the most credible laboratories in Pakistan. The sanitizer is being mass produced, under license, by a leading pharmaceutical company Pharmatec Pakistan (Pvt) Ltd, after having been authorised by DRAP – Pakistan's equivalent of FDA. NUST has also formulated a multipurpose disinfectant, for equipment, surfaces and skin, which ensures maximum protection against a diverse spectrum of viruses and bacteria. NUST's disinfectant is prepared according to the Centers for Disease Control & Prevention (CDC) USA Revised Guidelines.

6. In view of the mounting concern vis-à-vis availability of ventilators to cater for critical patients battling with the disease, scientists and Biomedical engineers at NUST have embarked on development of "Low Cost Portable Ventilation Devices" which are in accordance with DRAP standards. With concerted efforts of the project team, the project is progressing at a fast pace.

7. Upcoming solutions include a software framework, which is being developed by NUST scientists, in collaboration with Czech Tech University, Czech Republic, and Umm Al-Qura University, Saudi Arabia. This software framework will forecast human density at specified locations, predicting how densely populated locations like pharmacies, hospitals, super markets etc., will be at certain times, and thereby estimating transmission and exposure risks. It will be a handy tool for people to protect themselves against regular flu and other epidemics.





**WEBINARS**

**WEBINARS**

## Virtual University organizes webinar on “Public health policies and community response towards Covid-19”

Virtual University of Pakistan, department of sociology, arranged a webinar on “Public Health Policies and Community Response towards COVID-19” through Zoom on August 21, 2020. The purpose of the webinar was to explore the areas of social care and responsibilities of the community during COVID-19 and to analyze the public health policies and practices by discussing social and economic challenges and opportunities. Renowned Sociologists were invited from Islamabad, Lahore and the UK as speakers. A large number of students, faculty members, executives and practitioners attended the webinar.

The Chief Guest of this webinar was Mr. Naeem Tariq, Rector, Virtual University of Pakistan. The program was started with the opening comments of Prof. Dr. Najma Najam (Advisor Academics, Virtual University of Pakistan). In her opening remarks, she highlighted social consideration regarding the community life, community response on disease along with associated SOPs, social care and public health policies for the wellbeing of the society. Mr. Naeem Tariq, Rector, Virtual University of Pakistan in his opening remarks expressed that the socio-cultural challenges that are being faced to adopt the preventive measures against COVID-19 cannot be ignored and it is very important to highlight those with particular focus on the most vulnerable groups to combat socioeconomic challenges and opportunities. He mentioned that in this context clear public messaging at local level will be vital to provide information.

First speaker of the webinar Prof. Dr. Rubeena Zakar (Director Institute of Social and Cultural Studies, University of the Punjab) briefed about Socio-cultural challenges for the implementation of Public Health Preventive Measures in Pakistan. She discussed different socio-cultural factors that hinder the preventive measures in general and COVID-19 specifically in the light of her extensive research work and also proposed policy guidelines in this regard. Dr. Muhammad Zaman (Chairman, Department of Sociology, QAU Islamabad) was the second speaker of the session who talked on the “Post COVID-19 Socioeconomic Challenges and Opportunities: Sociological Interpretation”. He discussed the global effects of pandemic and suggested that media should use correct terminologies for prevention and sensitization of community. Third and the last speaker of the webinar was Dr. Parveen Ali (Senior Lecturer, University of Sheffield, UK) talked about “Social Care and Community Responsibilities Post Pandemic” highlighting community challenges and suggested adopting new opportunities by playing one’s role in the community. Each talk followed the question answer session.

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Concluding the seminar, Prof. Dr. Najma Najam thanked all the speakers, faculty members and participants for their active participation. The webinar ended with the recommendation that policy makers should involve academicians in the process of policy making to get positive and long-lasting outcomes of the implementations.

Webinar on Public Health Policies and Community response towards Covid19

### Public Health Policies and Community Response towards Covid19

**Date: 21<sup>st</sup> August, 2020** **Time: 3.30pm to 5.30pm**

**Prof. Dr. Rubeena Zakar**  
Director,  
Institute of Social and Cultural Studies  
University of the Punjab, Lahore

**Dr. Parveen Azam Ali**  
Senior Lecturer,  
University of Sheffield, UK

**Dr. Muhammad Zaman**  
Chairman,  
Department of Sociology,  
Quaid e Azam University, Islamabad

MORE VIDEOS

# Greenwich University conducts webinar on Revitalizing the Economy in Pakistan Amid Covid -19

COVID 19 has blurred the distinction between global multinational corporations and localized Small & Medium-size Enterprises (SMEs) with its devastating effects. The pandemic has barren the micro as well as macro government systems greater in scale than the Great Depression of the 1930s. Bloomberg and The Economist project that the situation might reshape the global economy due to the adverse effects on the future of the dollar in the backdrop of the emergent petrol-dollar crisis and China's rise with its overwhelming economy. Tourism, travel and hospitality sectors have experienced its domino effect and continue to be in an uphill battle for survival. Greenwich Universities webinar on revitalizing the economy in Pakistan amid COVID-19 seeks reflections, different questions and several such perspectives from the experts.

The discussion was focused on two parts, one is the recovery time period and the second is about the capacity-building to build capacities in healthcare sectors, technology, business and agriculture. The panelist talked about some of the pressing issues like decline in the tourism and aviation industry that was estimated to rise by more than 5.9% crossing 86 billion Rupees in 2018 and and now there is an overall decline in the tourism and aviation industry. Panelists highlighted the one of the problems in the sustainability and growth of business like we have allowed many multi-million dollar companies to operate in Pakistan but we have not asked them to bring their technology into the country. Focus of the debate was on the capacity building and programs like the Ehsaas or the Benazir income support, where they give money and increasing the number of beggars and not building their capacities. Panelists suggested that incentives should be given to Pakistani

and Chinese investors in CPEC to not only strengthen the economy but to introduce new technology in Pakistan. Localized avenues for business activity reckoning disruption of global supply chains were discussed along with the policy prescriptions for business survival, especially for SMEs.



*Greenwich University*  
Pakistan - Mauritius

Webinar on **REVITALIZING THE ECONOMY IN PAKISTAN AMID COVID 19**

Guest Panel:



*Prof. Dr. Inwari Sharif*  
Dean and Director of School of Economics,  
Bahauddin Zakariya University, Multan



*Prof. Dr. Ihtakal Khan*  
Chairman, Department of Economics,  
University of Peshawar



*Prof. Dr. Raza Ali*  
Chairman, Department of Economics  
and Management Sciences, NED University  
of Science and Technology, Karachi



*Mr. Minhajur Rab*  
Daily Jang News Karachi

**July 9, 2020 | 11:30 AM**

Live on **facebook** & **YouTube**



*Dr. Shafiq ur Rehman*  
Head - Department of Economics and Finance



*Ali Raza Jallani*  
Head, Diplomatic Affairs  
Greenwich University

## International webinar on Post Pandemic effects of covid-19 on health and community by LCWU

Lahore College for Women University (LCWU), department of Zoology, has successfully organized an International Webinar on “Post Pandemic Effects of Covid-19 on Health and Community” on 23rd September 2020. The speakers from different countries were invited to share their knowledge on the said topic. Key presenters include Prof. Dr. Javed Akram, Vice Chancellor UHS Lahore, Dr. Yasir Bashir (FRACGP) Queensland Health Brisbane Australia, Dr. Zeeshan Pasha Associate Professor University of Illinois Chicago USA, Prof. Dr. Merylyn Hibma University of Otago, Dunedin New Zealand, Dr. Yasir Cheema Research Scientist Quadram Institute Bioscience Norwich UK etc.

## Greenwich University conducts a webinar on sustainability of businesses in COVID 19

Greenwich University conducts a webinar on sustainability of businesses in Covid-19. The webinar sought a collective reflection on global vis a vis local businesses challenges and propose recommendations for building back better. The discussion was about some of the most pressing challenges confronting businesses in general. The trickledown effect on business environment, the policy prescriptions for business survival, especially for SMEs and some practical measures to recreate a conducive business in Pakistan were highlighted. The changing perspectives were discussed considering the new normal like the widespread remote working has suddenly become an imperative and the localized avenues for business activity reckoning disruption of global supply chains. The shift in the consumer behavior was also discussed as how we have more often and naturally than ever used digital technologies in our Covid-19-stricken working and daily life. The speakers stressed that we need a better understanding of how digital technologies can responsibly, constructively, and innovatively support and enhance the real economy transformation.

**Greenwich University**  
Pakistan - Mauritius

Webinar on **SUSTAINABILITY OF BUSINESSES IN COVID 19**

Guest Panel

			
<i>M. Rafiq Rangoonwala</i> CEO, Quick Food Industry (Mon Salwa)	<i>Dr. Akantimo Odun</i> Africa Strategy Adviser, Lancaster University & CEO, Envirofly Consulting UK Limited	<i>Yuseerah Farrukh</i> Reporting Manager, and Accounting I/Creat	<i>Shahzeb Khan</i> Plant Financial Controller Rockitt Benckiser, Malaysia
			
<i>Emad Ul Karim</i> Assistant Professor Greenwich University	<i>Ali Raza Jilani</i> Head Diplomatic Affairs Greenwich University		

**July 7, 2020 | 4:00 PM**  
Live on Facebook

 [greenwich.university](http://greenwich.university)
 [/GreenwichUniversity/](https://www.facebook.com/GreenwichUniversity/)
 [/GreenwichPK/](https://twitter.com/GreenwichPK/)
 [/GreenwichUniversitypk/](https://www.instagram.com/GreenwichUniversitypk/)

# Virtual University of Pakistan organized a two-day conference on “Post Pandemic Research Trends in Ecological Sustainability: Challenges and Opportunities for IT”

Federal Secretary IT and Telecom Mr. Shoaib Ahmed Siddique was the chief guest of the ceremony. Rector, Virtual University Mr. Naeem Tariq also attended the session along with eminent scholars from around the globe.

Prof. Dr. Marcos De Donato from Mexico discussed Genetic and Genomic improvement for sustainable animal production, Prof. Dr. Mohammad Ali (TI) Vice Chancellor Quaid e Azam University, Islamabad discussed “Ecological Sustainability And Current Challenges”, Dr. Rushdi Sabah Abdulqader, Assistant Professor Kirkuk University shed light on “Plants And Environmental Challenges” Prof. Dr. Amtul Bari Tabinda, Professor, Government College University, Lahore discussed the “Impact of COVID-19 Lockdown on Ambient Air Quality of Islamabad and Lahore Cities”. Prof. Dr. Syed Muhammad Saqlan Naqvi (TI) Vice Chancellor Bacha Khan University discussed “Health and Medicines in Genome and Post-Pandemic Era”. Prof. Dr. Masroor Ellahi Babar (TI) Vice Chancellor University of Agriculture, D.I. Khan, KPK discussed “Impact Of COVID-19 On Research and Academic Activities”.

Apart from all these renowned scholars, other Presenters discussed the important issues related to the core topic. Prof. Dr. Malik Muhammad Arif Rafiq, Dean Faculty of Science and Technology, Virtual University of Pakistan summarized the session and gave his vote of thanks to all the participants.

Mr. Naeem Tariq while addressing to the audience said, we need more initiatives like this conference to evaluate the needs of our system and for the sustainability of post COVID-19 situation.

Federal Secretary IT and Telecom Mr. Shoaib Ahmed Siddique congratulated Virtual University for addressing such an important issue by organizing this conference. He said we need more of these solution-oriented conferences to stimulate our ecosystem.



# Impact of COVID-19 on Pakistan’s Economy: Current and Future Implications- a webinar by Virtual University

ORIC Department of Virtual University of Pakistan in collaboration with Department of Management Sciences organized a one-day webinar titled “Impact of COVID-19 on Pakistan’s Economy: current and future implications”. The purpose of this webinar was to understand the impact of COVID-19 on the global economic scenario and specifically with reference to Pakistan as COVID-19 jolted the economic giants of the world beside other catastrophic effects. The developing countries were the major sufferers. Pakistan is also not an exception. In this session, the foreign qualified resource persons and

Webinar on Impact of COVID-19 on Pakistan’s Economy\_ Current & Future Implications

## COVID-19's Potential Threats to Pakistan's Economy - Future Implications

**Prof. Dr. Usman Mustafa**  
Senior Consultant  
Pakhtunkhwa Economic Policy Research Institute (PEPRI), AWK University, Mardan, KP

and renowned economists of the country presented and discussed the global economic scenario in this pandemic situation. Around 500 were the participants of the event from all across Pakistan. By joining this webinar, the participants were not only able to enhance their knowledge about the economic impact of this pandemic nationally and internationally, rather they were also able to foresee the emerging economic global scenario and Pakistan’s status in that bigger picture. Dr. Arshad Hashmi, Director ORIC and Dr. Syed Salman Hassan, Deputy Director ORIC were the organizer and moderator of this webinar.

## Webinar on importance of access to information by Sukkur IBA

Sukkur IBA University’s Youth Integrity Club (YIC), in collaboration with Transparency International (TI), Pakistan organized an interactive webinar on “Importance of Access to Information in the Context of COVID-19” on September 28, 2020 at main campus, Sukkur IBA University.

Mr. Ashfaqe Ahmed, Project Coordinator and Mr. Kashif Sheikh, Project Manager from Transparency International, Pakistan, and Patron YIC Sukkur IBA University, Mr. Usama Abdul Rehman conducted the online awareness session in the wake of International Day for Universal Access to Information – 2020. The webinar was attended by a large number of students.



**MISCELLANEOUS**

**MISCELLANEOUS**

## Cloths distribution to the lower staff of Bahria University

Bahria University Karachi Campus (BUKC), Student Support Centre organized stationary & donation distribution day to lower staff of the institute on 29th October 2020 at Fatima Jinnah Hall - BUKC at 1100 hours.

A total of 100 stationary giveaways bags were distributed among Naib Qasid's school-going children and donation of clothes, shoes, and other accessories were distributed among all lower staff including sweeper, gardener, gate supervisors, security guards, traffic controllers, plumber, carpenter, lady searchers, etc.



## One-day workshop on workplace health and safety at Sukkur IBA University

Health, safety and wellbeing should come first in the list of human priorities as they guarantee continued high productivity of workers and sustainability in the productivity of any society as well as overall happiness. In this connection, HRD Section, Registrar Office arranged a one-day Workshop on Workplace Health and Safety at Sukkur IBA University, in which industry experts Mr Aijaz Shar, Manager HSE, AMCORP Engineering & Construction Pvt Ltd, Mr Nizam Uddin, Senior Engineer SSGC & Ms Tabasum Memon, Assistant Manager Safety and Environmental Sustainability, Sukkur IBA University served as the facilitators of the workshop. In this regard, 100 employees of Sukkur IBA University attended the said workshop. In his speech, the Registrar, Sukkur IBA University, Engr. Zahid Hus-sain Khand said that Health and safety is the key factor for us in order to promote the wellness of both employees and students of Sukkur IBA University.



## Social Activities during pandemic by Bahria University

During Covid-19 lockdown students of Bahria University, Lahore Campus (BULC) performed various activities from their hometowns to contribute towards community wellness. Different activities like plantation, charity, cleaning and awareness campaigns were run.

Bake Sale was organized at Bahria University Lahore Campus on 03 Mar 20. The purpose of the event was to promote the spirit of entrepreneurship in students, while enhancing their managerial skills. Bake Sale 2020 provided a platform for charity collection to be donated to “Allah Wallay Dastarkhwan” to feed the less privileged class of society. The event was very well received by the students, faculty and staff.



## Lahore College of Women University conducts a TEDx event

Dr. Asma Shahid Kazi and Ms. Shagufta Moghal, faculty members of Lahore College for Women University (LCWU) arranged TEDxLCWU Countdown 2020 on 15th October 2020. The focus of TEDxLCWU Countdown 2020 was climate change; which focused on five subject areas: power, built environment, transport, food and nature. This event was part of a bold, global movement which aims to find ways to shift, more rapidly, to a world with net zero greenhouse emissions and tackle the climate crisis. In hosting this event the organizers expected to raise awareness, establish linkages and initiate dialogues which translate into action through our young inspiring leaders.

The event showcased talks and videos by esteemed national and international leaders and environmentalists. Chris Anderson & Lindsay Levin talked about the urgency and need for climate action through their TED video, followed by the address of the worthy Vice Chancellor, LCWU, Prof. Dr. Bushra Mirza, who urged the students and faculty from all universities of Pakistan to play their part to save the planet. The featured TEDxLCWU speakers from Pakistan were selected to highlight those initiatives and personalities who were working to resolve issues in the areas of power, built environment, transport, food and nature.

The talks have been approved by TED and uploaded on YouTube for viewership by the international audience. In the virtual event we had 200 participants from inside and outside Pakistan. A standout feature of TEDxLCWU Countdown 2020 was the five breakout sessions which were hosted via Zoom, where moderators and participants discussed and put forth solutions to the local climate and environment problems they had encountered. The event was livestreamed on Facebook and on WebTV LCWU.

## Free deworming and treatment camp 2020 by University of Veterinary & Animal Sciences

A free deworming and treatment camp was held by University of Veterinary & Animal Sciences (UVAS) on 24th October 2020. The volunteers physically examined the livestock animals and gave awareness to owners on how to use common drugs in field practice as well as to show them deworming approach and protocols.



## Federal Minister for Information Technology (IT) & Telecom, Syed Ameen UI Haq paid a visit to Virtual University of Pakistan

Federal Minister for Information Technology (IT) & Telecom, Syed Ameen UI Haq paid a visit to Virtual University of Pakistan (VU) and reviewed the construction progress of the Genomic Center on November 9, 2020. On this occasion, to pursue the Prime Minister's vision of Green Pakistan, the Federal Minister planted a sapling under the plantation activity of Virtual University. He also inaugurated the new Learning Management System of VU at Virtual University, M.A Jinnah Campus, Lahore.

Federal Minister for Information Technology (IT) & Telecom, Syed Ameen UI Haq visited VU, KSK Campus and was received by the Rector, Virtual University, Mr. Naeem Tariq along with Director ICT, Mr. Ehsen Zafar Puri, Dean Faculty of Science and Technology, Prof. Dr. Arif Rafiq, Director ORIC, Dr. Arshad Hussain Hashmi, Registrar Virtual University, Dr. Mohsin Javaid, Director Administration, Mr. Ahmer Sayeed Qazi, Director Campuses, Mr. Farhan Sadiq and Project Director DigiSkills, Mr. Zafar Alvi.

The Federal Minister appreciated the work progress of the Genomic Center at VU, KSK Campus. He also appreciated Virtual University for providing quality education to the masses across Pakistan and abroad. He lauded the facilities provided by VU to its students and its convenience to study at anytime, anywhere. He said that the current government has an acute interest in promoting education through E-Learning and Digital Pakistan is the dream of Prime Minister, Imran Khan. The Ministry of IT and Telecom is facilitating all such initiatives which support the vision of Digital Pakistan.

The Ministry of IT and Telecom along with Virtual University is working on all those projects that will create employment opportunities in the country. VU has executed the DigiSkills Training Project in a very effective manner and achieved the target of 1 Million enrollments ahead of time.

Federal Minister for Information Technology (IT) & Telecom, Syed Ameen UI Haq appreciated the e-learning education of Virtual University and assured support of the Ministry of IT and Telecom to VU for the dissemination of quality education to the masses.



## NUST volunteers at Heaven Old Age Home

NUST Community Services Club (NCSC) volunteers visited Heaven Old Age Home at Bani Gala, Islamabad. They were expected to spend time with the residents of the old home and listen to them, as well as play board games with them, in hopes of rejuvenating their minds. The old home was run by a couple, and the home itself was located in a fairly out of sight place, behind the very streets of Bani Gala. The home itself had a vintage look to it, with old iron barred gates, through which the interior was clearly visible. The volunteers were then led into the house and onto the second floor where the actual old home was located. The volunteers, having heard the music coming from the living room, went there to meet the elderly who sat there watching an old Indian movie together. At the time there were 3 people sitting there, another one was occupied. The volunteers then greeted the elderly folk, and were met with a warm welcome from them. Afterwards, the volunteers then played ludo with them, listened to them talk about their past experiences and gathered wisdom from what they had to share. Afterwards, all of them went to the courtyard to soak up the sun and enjoy some oranges and bananas. Despite the volunteers strictly prohibited to ask the elderly about how they ended up there as to not entice any bad memories, the elderly talked about it themselves. The elderly then also shared information about themselves to the volunteers for example, which city they were from, how many kids they had, their past education and so on. The elderly living here was seen to be given full freedom to eat whenever and whatever they want and also do leisurely activities as they pleased. The volunteers then took pictures with the elderly, as a form of memorabilia, and also took home with them the wisdom and the lessons that the elderly were kind enough to bestow upon them.



# PCTN Member Universities

Currently, the following universities are members of Pakistan Chapter of the Talloires Network:

1. Abdul Wali Khan University, Mardan
2. Aga Khan University
3. Bahria University
4. Beaconhouse National University
5. Balochistan University of Engineering and Technology
6. Balochistan University of Information Technology, Engineering & Management Sciences
7. COMSATS Institute of Information Technology
8. DHA Suffa University
9. Dow University of Health Sciences
10. Dawood University of Engineering and Technology, Karachi
11. Fatima Jinnah Women University
12. Federal Urdu University of Arts, Science & Technology
13. Foundation University
14. Ghulam Ishaq Khan Institute of Engineering Sciences & Technology
15. Gomal University
16. Government College Women University, Sialkot
17. Govt. College University, Faisalabad
18. Greenwich University
19. HITEC University
20. Indus University
21. Indus Valley School of Art and Architecture
22. Institute of Business & Technology
23. Institute of Space Technology
24. International Islamic University
25. Iqra University
26. Islamia University of Bahawalpur
27. Karakoram International University
28. KASBIT
29. Khawaja Fareed University of Engineering & Information Technology
30. Khyber Medical University
31. Khyber Pakhtunkhwa Agricultural University, Peshawar
32. King Edwards Medical University
33. Kinnaird College for Women
34. Lahore College for Women University
35. Lahore University of Management Sciences
36. Lasbela University of Agriculture, Water & Marine Sciences
37. Mirpur University of Science and Technology
38. National Textile University
39. National University of Modern Languages
40. National University of Computer & Emerging Sciences
41. National University of Sciences and Technology (NUST)
42. National University of Medical Sciences (NUMS)
43. NED University Of Engineering and Technology
44. NWFP University of Engineering and Technology
45. Pir Mehr Ali Shah Arid Agriculture University Rawalpindi
46. Quaid.e.Azam University
47. Riphah International University
48. Rawalpindi Medical University
49. Sarhad University of Science and Information Technology
50. Shah Abdul Latif University
51. Shaheed Benazir Bhutto Women University, Peshawar
52. Shaheed Benazir Bhutto University, Upper Dir
53. Shaheed Zulfiqar Ali Bhutto Institute of Science and Technology
54. Shifa Tameer-e-Millat University
55. Sindh Agriculture University
56. Sindh Madressatul Islam University
57. Sukkur Institute of Business Administration
58. University of Agriculture, Faisalabad
59. University of Azad Jammu & Kashmir
60. University of Engineering and Technology (UET)
61. University of Faisalabad
62. University of Haripur
63. University of Health Sciences, Lahore
64. University of Gujrat
65. University Of Lahore
66. University of Management Sciences and Information Technology, Kotli
67. University of Sargodha
68. University of Sindh
69. University of Okara
70. University of the Punjab
71. University of Veterinary and Animal Sciences
72. Virtual University of Pakistan
73. Ziauddin University

# How to join PCTN

In order to join the network, the university needs to send two letters of commitment signed by the President, Rector, or ViceChancellor. The first letter should be addressed to Chair PCTN, Lieutenant Javed Mahmood Bukhari (Retired) (Rector, National University of Sciences and Technology, Islamabad) and can be e-mailed to [maheenmumtaz@smme.nust.edu.pk](mailto:maheenmumtaz@smme.nust.edu.pk)

Another letter should be sent to Anthony Monaco, Chair of The Talloires Network Steering Committee and be e-mailed at [talloiresnetwork@tufts.edu](mailto:talloiresnetwork@tufts.edu).

Sample letters can be seen on our website. Along with the letters include a brief overview of your civic engagement activities. The university must also designate a focal person who would be the point of contact for all community service related activities. Once the membership is approved, the university will get a confirmation from both PCTN and The Talloires Network.

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**For any queries contact**  
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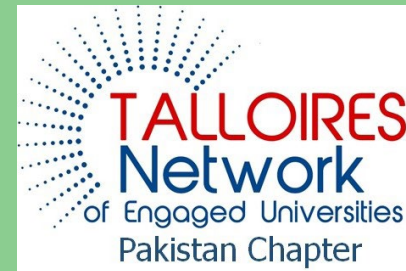
**Maheen Mumtaz**

PCTN Secretariat

Email: [maheenmumtaz@smme.nust.edu.pk](mailto:maheenmumtaz@smme.nust.edu.pk)

Website: [www.pctn.nust.edu.pk](http://www.pctn.nust.edu.pk)

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